



555-B West Center Street Ext. • Lexington, NC • 27295
211 West Colonial Drive • Thomasville, NC • 27360
Tel: 336.242.2290 • Fax: 336.236.7515

Thessia Everhart-Roberts, B.S., M.A.
Director of Senior Services

COMMUNITY RESOURCE DIRECTORY FOR OLDER ADULTS

Davidson County Department of Senior Services

555-B West Center Street Extension, Lexington, NC 27295
211 West Colonial Drive, Thomasville, NC 27360
336.242.2290

www.co.davidson.nc.us/seniorservices

Email: seniorservices@davidsoncountync.gov • Web: www.co.davidson.nc.us/seniorservices



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EMERGENCY NUMBERS

Ambulance	911
Animal Control.....	336.249.0131
Community Health & Human Service Resources...	211
Directory Assistance	411
Fire.....	911
North Carolina Road Conditions.....	511
Police	911
Poison Control.....	800.222.1222
Suicide & Crisis Lifeline.....	988

PERSONAL NUMBERS

Hospital: _____

Doctor: _____

Pharmacy: _____

Power Company: _____

Water Company: _____

Relative: _____

Neighbor: _____

24-HOUR HELPLINES

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

24/7 Help Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

American Red Cross – Piedmont Triad Chapter

The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.

National Hot Line Phone: 800.733.2767 1-800-REDCROSS

Local Website: www.redcross.org/local/north-carolina/about-us/locations/piedmont-triad.html

National Website: www.redcross.org

Daymark Recovery Services

An outpatient mental health and substance use disorders service provider that offers mobile crisis services. Provides a crisis intervention anywhere in the community.

24-Hour Mobile Crisis: 866.275.9552

Website: <https://www.daymarkrecovery.org/services/mobile-crisis-management>

Family Services of Davidson County

Highly trained crisis-line advocates talk confidentially with anyone experiencing sexual violence, seeking resources, or wondering how to help a friend or loved one. The 24-hour confidential crisis line provides rape-crisis intervention, support, information and referrals 365 days a year.

24-hour Crisis Line: 336.243.1934

Website: www.fsdco.org

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

Hope4Healers Helpline

Support for healthcare workers, childcare workers and first responders. Available 24/7.

Phone: 919.226.2002

Website: <https://ncmedsoc.org/hope4healers-helpline>

Hope4NC Helpline

Connects you to free, confidential support 24/7. For individuals experiencing stress, emotional fatigue, mental health crisis or are in need just to talk to someone.

Phone: 855.587.3463

Website: <https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

National Call Center for Homeless Veterans

Provides 24/7 confidential, free assistance for homeless or at-risk veterans, their families and their friends connecting callers with trained counselors who provide immediate help, resources and referrals to local VA services and community programs.

Phone: 877.424.3838

Website: www.va.gov/HOMELESS/nationalcallcenter

National Disaster Distress Helpline

24/7 crisis counseling for individuals experiencing emotional stress related to natural disasters.

Phone: 800.985.5990

Website: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

National Domestic Violence Hotline

24/7 confidential support.

Phone: 800.799.7233

Text: 88788

Website: <https://www.thehotline.org>

National Suicide Prevention Hotline

Offers free and confidential support for people in distress, prevention and crisis resources.

Available 24/7

Phone: 988

Website: <https://988lifeline.org/>

North Carolina Poison Control Center

Resource for poisoning information, 24/7.

Phone: 800.222.1222

Website: <https://www.ncpoisoncontrol.org/>

Peer Warmline

Provides 24/7 support for individuals who are facing mental health struggles, emotional distress, alcohol/drug concerns or just need someone to talk to who understands. Trained peer support specialists.

Phone: 855.733.7762

Website: www.ncdhhs.gov/division/mental-health-developmental-disabilities-and-substance-use-services/crisis-services/peer-warmline

Veterans Crisis Line

Voluntary, confidential, free and professionally staffed 24/7.

Crisis Phone Number: 988, ext. 1

Text: 838255

Live chat is available through the website.

Website: <https://www.veteranscrisisline.net/get-help/chat>

ABUSE AND NEGLECT

Davidson County Adult Protective Services

Accepts reports of abuse, neglect and exploitation of vulnerable/disabled adults age 18 and over.

Location: 918 Greensboro Street, Lexington, NC 27292

Phone: 336.236.3057/336.242.2839

Hours: Monday – Friday, 8:00am – 5:00pm

After Hours, Weekends, Holidays: 336.249.0131 - ask for on-call social worker

Website: <https://www.co.davidson.nc.us/407/Adult-Protective-Services>

ADULT DAY CARE / ADULT DAY HEALTH

Carolina Senior Care / PACE Program

A program of all-inclusive care for those 55 and older.

Location: 802 East Center Street, Lexington, NC 27292

Phone: 336.746.3500

Toll-Free: 833.223.4476

TTY: 800.735.2962

Hours: Monday – Friday, 8:00am – 5:00pm; Access to care is available 24 hours/day.

Email: Info@CarolinaSeniorCare.org

Website: www.carolinaseniorcare.org

The Life Center of Davidson County

Provides quality day care and day health for older adults and impaired adults.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:30am – 5:00pm

Email: Info@LifeCenterDavidson.com

Website: www.lifecenterdavidson.com

- **Caregiver Navigation Program**

The Caregiver Navigation Program at The Life Center is an evidenced based program to support caregivers through their caregiving journey by providing one-on-one tailored care with dementia education, skills for managing caregiving challenges, and support for individual caregiver needs.

Phone: 336.249.2155

Hours: Monday – Friday, 7:30am – 5:00pm

Email: Info@LifeCenterDavidson.com

Website: www.lifecenterdavidson.com

ADULT SERVICES - DAVIDSON COUNTY DEPARTMENT OF SOCIAL SERVICES

Adult Services

Adult Services of Davidson County Department of Social Services ensure that older adults of Davidson County receive quality assistance and services that will help them, when possible, gain a more meaningful and independent life, and to provide these services in the most timely and efficient way. There is a strong emphasis to preserve the individual's dignity, enhance independence and assure the individual an optimum level of physical and emotional well-being. Please see below the different services offered:

- **Adult Placement Services** – helps adults or families find appropriate living and healthcare arrangements when care can no longer be maintained in the home.
- **Guardianship** – provided to individuals who are alleged or have been declared incompetent. Services include assessing the need for guardianship, locating appropriate persons to serve as guardians and assisting families through the guardianship process.
- **In-Home Aide** – provides limited home management services (light housekeeping, grocery shopping, transportation to the doctor) to the elderly and/or disabled who are unable to perform these tasks for themselves.
- **Special Assistance In-Home-** Adults, eligible for full coverage Medicaid, who meet the criteria for Adult Home level of care, but desire to remain in their own homes and with appropriate services can maintain their health, safety and well-being are eligible to receive financial assistance for arranging those services.
- **Individual and Family Adjustment** - Adult Services Social Workers assist seniors in resolving problems and making positive decisions to improve their quality of life by utilizing community resources and natural support systems.
- **Licensing and Monitoring** – Adult Home Specialist Social Workers work in conjunction with the NC Division of Services Regulation (DHSR) to license all new Adult Care Homes in Davidson County. These social workers also monitor Adult Care Homes and Adult Day Care/Day Health Centers on a regular basis to ensure compliance with rules and standards set forth by the state. The social workers also evaluate complaints made by or on behalf of residents of adult care facilities and serve as an advocate for adult care home residents to ensure they are safe and receiving appropriate care to meet their needs.

Location: 918 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: 336.242.2839

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/376/Adults>

ADVOCACY

AARP

Information and member benefits for age 50 and over; first year membership as low as \$15 when you sign up for automatic renewal; annual membership fee of \$20 per person.

Educates and advocates for seniors. 20% off membership fees for military and veterans.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: www.aarp.org/states/north-carolina/advocacy

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

24/7 Help Line: 800.272.3900

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Disability Rights of North Carolina

Disability Rights NC is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC. Intake appointments are encouraged. Appointments can be made through the website or by phone.

Location: 801 Corporate Drive Suite 118, Raleigh, NC 27607

Phone: 919.856.2195

Toll Free: 877.235.4210

TTY: 888.735.2962

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.disabilityrightsncc.org

Division of Health Service Regulation – Complaint Hotline

Audits and regulates medical, mental health and adult care facilities, emergency medical services and local jails to ensure safe and appropriate care is being administered.

Complaints may be shared with this unit via phone, fax, email or postal mail.

Location: Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699-2711

Phone: 800.624.3004 or 919.855.4500

Fax: 919.715.7724

Hours: Monday – Friday, 9:00am – 12:00pm; 1:00 - 4:00pm (excluding state holidays)

Email: DHSR.ComplaintIntake@dhhs.nc.gov

Website: <https://info.ncdhhs.gov/dhsr/ciu/filecomplaint.html>

NC Senior Tar Heel Legislature

Promotes citizen involvement and advocacy concerning aging issues before the NC General Assembly. There is one delegate to NC Senior Tar Heel Legislature from each of the 100 counties in the state. Delegates and alternatives must be of age 60 years or older.

Davidson County belongs to Region G – Piedmont Triad Regional Council.

Location: 1398 Carrollton Crossing, Kernersville, NC 27284

Phone: 336.904.0300

Website: www.ncseniortarheellegislature.org

Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program

An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of nursing and adult care home residents.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0300

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <https://www.ptrc.org/services/area-agency-on-aging/long-term-care>

Solutions for Independence

Advocacy and assistance for individuals with disabilities.

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.sicilnc.org

ANIMAL RESOURCES

Animal Control

Animal Control Officers are responsible for protecting the public by enforcing state laws and local ordinances concerning domestic dogs running at large, stray animals, rabies control and the investigation of animal cruelty complaints.

Phone: 336.249.0131 Trap Requests: 336.242.2904

Hours: Davidson County: Monday – Friday, 8:00am – 10:00pm

Lexington City: Monday - Friday, 8:00am - 5:00pm

Thomasville City: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.co.davidson.nc.us/999/Animal-Control>

Davidson County Animal Alliance

Established in 2016, the Davidson County Animal Alliance is a 501(c3) non-profit organization operated by a group of dedicated volunteers. The goal is to improve the lives of companion animals throughout Davidson County. The work is supported entirely by fundraising events and donations.

Mailing Address: PO Box 95, Welcome, NC 27374

Email: dcanimalalliance@gmail.com

Website: <https://dcanimalalliance.org>

Davidson County Animal Shelter

Protects, feeds and houses the stray, injured, abused or unwanted animals in the county. Provides one year rabies shots for \$5.00 (no appointment necessary, rabies shots available Monday - Friday 12:00 – 4:00 pm).

Location: 490 Glendale Road, Lexington, NC 27292

Phone: 336.357.0805

Hours: Monday – Friday, 11:00am – 5:00pm, Saturday, 11:00am – 3:00pm

Email: davidsonanimalshelter@gmail.com

Website: <https://www.co.davidson.nc.us/149/Animal-Shelter>

Spay and Neuter Instead of Pregnancy (SNIP)

SNIP is a partnership of Davidson County Animal Alliance and Ruff Love Rescue. Our goal is to reduce the overpopulation of animals in Davidson County by offering low cost spay/neuter services to Davidson Co. residents. Services are provided by the Peaceful Paws Mobile Clinic. SNIP clinics are held on the 1st and 3rd Tuesdays of the month. Applications for the service can be found online at the website or by emailing a request to the email listed below.

Email: snip4dc@gmail.com

Website: www.co.davidson.nc.us/716/spay-and-neuter

Facebook: [SNIPDC](#)

The Humane Society of Davidson County

Advocates for animals, provides spay & neuter assistance and transport, offers a sick and injured fund, and a pet food pantry; investigates animal cruelty cases and hosts adoption fairs.

Pet food pantry is available on the 1st Wednesday of each month from 11:00am - 1:00pm.

Location: 1120 Piedmont Drive, Lexington, NC 27292 – by appointment only

Mailing Address: P.O. Box 1791, Lexington, NC 27293

Phone: 336.248.2706 - Please leave message and volunteer will call back.

Spay/Neuter Line: 336.237.0131 - Please leave message and volunteer will call back.

Thrifty Paws Thrift Store Hours: Friday, 12:00 - 4:00pm; Saturday, 10:00am - 2:00pm

Email: thriftpawsc@gmail.com

Website: www.hsdcdc.org

BEREAVEMENT & GRIEF SERVICES

GriefShare

A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way. Free to around \$20.00 to cover the cost of the participant guide. Check the website for a group in your area.

Mailing Address: P.O. Box 1739, Wake Forest, NC 27588

Phone: 800.395.5755

Hours: Monday – Friday, 9:00am – 5:00pm

Email: info@griefshare.org

Website: www.griefshare.org

Hospice of Davidson County

Grief is a natural response to loss, affecting emotions, thoughts, and behaviors. Services are provided at no cost and are open to the community, including individual grief counseling, bereavement and memorial activities, creative counseling groups, grief support for school-aged children, and a monthly support group.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: <https://www.hospiceofdavidson.org/services-programs/grief-programs/>

Hospice of the Piedmont

Offers grief support services for their patients, their families and caregivers through their Grief Counseling Center. Through compassionate listening and proven techniques for healing, the Hospice professionals continue to walk side-by-side with you, demonstrating that you are not alone and better days will come. All grief counseling and supportive services offered free of charge. Check the website or call for more information.

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofthepiedmont.org/programs/grief-counseling/>

Hospice of Randolph: (An affiliate of Hospice of the Piedmont)

Location: 416 Vision Drive, Asheboro, NC 27203

Phone: 336.672.9300 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofrandolph.org>

Trellis Supportive Care, Winston-Salem, Salisbury

Provides individualized and group grief counseling services for 13 county service areas.

Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Location: 301 South Main St, Suite 105, Salisbury, NC 28144

Phone: 704.637.7645

Grief Counseling Dept. Phone: 336.331.1300

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.trellissupport.org/>

BLIND & VISUALLY IMPAIRED

En-Vision America

Provides ScriptAbility, which includes prescription labels in braille, large print and talking. Ask your pharmacy if they could set up prescriptions with ScriptAbility labels. Initial setup may take one week, then later prescriptions can be filled quickly. Walmart pharmacies listed below offer this service.

Walmart - 1585 Liberty Drive, Thomasville, NC 27360; Phone: 336.474.2264

Walmart – 160 Lowes Blvd, Lexington, NC 27292; Phone; 336.249.8481

Walmart - 3475 Parkway Village Court, Winston Salem, NC 27127; Phone: 336.771.1011

Walmart - 323 S. Arlington Street, Salisbury, NC 28144; Phone: 704.639.9804

Walmart – 26285 South Main Street, High Point, NC 27263; Phone: 336.869.9644

Website: www.envisionamerica.com

EyeCare America

EyeCare America is a public program of the American Academy of Ophthalmology. Its goal is to provide uninsured and underinsured individuals 18 years and older with access to medical eye exams. It does this by matching patients with a volunteer ophthalmologist in their area.

EyeCare America covers: A medical eye exam, provided at no out-of-pocket costs and up to one year of follow-up visits with the volunteer ophthalmologist for any condition diagnoses during the initial medical exam

To be eligible for EyeCare America, you must meet these criteria: A US citizen or legal resident, 18 years older or older, not belong to a HMO or PPO, nor have private insurance nor benefits through the Department of Veterans Affairs, not seen by an ophthalmologist in three or more years, not seen by an EyeCare America volunteer ophthalmologist in the past.

This program does not cover the cost of eyeglasses, prescription drugs, hospital services or fees from other medical professionals.

Mailing Address: P.O. Box 7424, San Francisco, CA 94120-7424

Phone: 877.887.6327

Hours: Monday – Friday, 11:00am – 5:00pm Eastern Time

Website: www.aao.org/eyecare-america

Email: eyecareamerica@aao.org

NC Accessible Books and Library Services

Circulating books and magazines are especially made for people who cannot use regular printed materials because of a visual, physical or reading disability. You must complete an application to use this service. Applications can be found on the website.

Location: 109 East Jones Avenue, Raleigh, NC 27601

Phone: 984.236.1100

Toll-Free Phone: 888.388.2460

Hours: Monday – Friday, 8:00am – 5:00pm (excluding state holidays)

Email: ncabls@ncdcr.gov

Chat with a reader advisor online: Monday – Friday, 8:30am – 4:30pm (excluding state holidays)

Website: <https://statelibrary.ncdcr.gov/lbph>

NC Lions Foundation

Serves individuals who are blind or visually impaired in North Carolina

- *Free white canes are available every two years (eligibility requirements may apply)*
- *Loans of vision aids when available, including magnifiers and screen readers*
- *Week-long summer camp programs offered May-July*
- *Scholarships for children of parents who are blind or visually impaired*
- *Free vision screenings for children at schools, daycares, and private schools statewide*
- *Financial assistance for qualifying eye surgeries*

Call for program availability and additional requirements.

Location: 7062 Camp Dogwood Drive, Sherrills Ford, NC 28673

Mailing Address: P.O. Box 39, Sherrills Ford, NC 28673

Phone: 828.478.2135

Toll-Free Phone: 800.662.7401

Website: nclf.org

Services for the Blind, Davidson County

Provides a variety of services to people who are blind or visually impaired for the entire spectrum of vision loss to help with medical eye care (MEC), maintaining independence in the home and community, as well as obtaining and maintaining competitive employment through training and accommodations. Disability awareness and sensitivity training are available at no cost.

Location: 918 Greensboro St., Lexington, NC 27292

Mailing address: PO Box 788, Lexington, NC 27293-0788

Contact: Santana Boyd, Social Worker

Phone: Davidson County, 336.242.2390

Email: Santana.boyd@dhhs.nc.gov

Website: <https://www.ncdhhs.gov/assistance/vision-loss>

Services for the Blind, Winston-Salem District Office

Provides services to people who are visually impaired, blind and deaf-blind to help them reach their goals of independence and employment. Through vocational rehabilitation they assist individuals who are blind, deaf-blind and visually impaired to find or keep a job or return to work.

Location: 450 West Hanes Mill Rd. Winston Salem, NC 27105

Phone: 336.896.2227

Website: www.ncdhhs.gov/divisions/services-blind

CANCER SERVICES

American Cancer Society

Funds and conducts cancer research, shares expert information, supports patients and prevention efforts.

24/7 Support Line: 800.227.2345

Email & live chat are available through the website.

Website: www.cancer.org

Cancer Services of Davidson County

Cancer Services provides emotional, physical and financial support to cancer patients in Davidson County. Support groups are held 2-3 times a month on Tuesday at 12pm and Thursday at 6pm. Check the website for dates of support groups.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

CLOTHING ASSISTANCE

First Reformed UCC

Clothing closet

Location: 104 East Center Street, Lexington, NC 27295

Phone: 336.248.2617

Hours: Mondays, 4:00 - 7:00pm

Website: www.frucc.org

High Rock Church – Hope 4 Humanity

Clothing closet open once a month during daytime hours and once a month during evening hours (times and dates vary).

Check the website calendar and/or Facebook page for dates and times.

Can call phone number listed below for appointment.

Location: 135 Lowes Boulevard, Lexington, NC 27292

Phone: 336.237.1126

Website: www.hrclex.life

Mt. Zion Wesleyan Church Clothes Closet

*Free clothing for families in need. The Clothes Closet is an outreach ministry of Mt. Zion Wesleyan Church serving families in our community by providing free clothing. Please bring a valid photo ID. Adults **must be present** to shop for themselves. Children under 18 **do not** need to be present.*

Location: 222 Mt. Zion Church Road, Thomasville, NC (in the basement of The Haven, across from the church)

Hours: Open twice a month, 2nd and 4th Wednesday of every month from 6:30 – 8:00pm (Visits limited to once every 3 months-closed for the summer)

Website: www.mtzionwesleyan.com

South Davidson Family Resource Center in Denton

Clothes closet is available once a month.

Call for more information.

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Hours: Monday – Wednesday, 8:30am - 12:00pm

Phone: 336.859.5399

Email: director@southdavidsonfrc.com

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Clothing closet-available once every 30 days.

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday – Friday, 9:00 - 11:00am, Monday - Thursday, 1:00 - 3:00pm

Website: <https://sunnysideministry.org/>

SWIRL-Spiritual Women Inspired, Redeemed and Loved.

Serving the physical and spiritual needs of the community. Services include providing day warming and cooling centers during extremely cold or hot weather.

Assists with emergency food, toiletries, coats, gloves, scarves, toboggans and blankets.

This agency serves as a resource center to help link those in the community who are in need with their partner agencies who can best meet those needs.

Location: 403 East Center St. Lexington, NC 27292

Hours: Monday, Tuesday, Wednesday, Friday; 10:00am - 4:00pm

Phone: 336.225.3260 or 910.322.3455

The Father's Storehouse

The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, haircuts, cleaning supplies, showers, tents, blankets, etc. They also serve lunch.

Call 336.475.4357 to hear a detailed message and the dates of the program for that month.

Can also check the website for a schedule of programs offered.

Also bring required information listed in the automated message.

Location: 609 National Hwy, Thomasville, NC 27360

(across the street from Unity United Methodist Church and two blocks from Thomasville Inn)

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP (4357)

Hours: Call and listen to the recorded message for that month's program dates.

Email: TheFathersStore@aol.com

Website: www.thefathersstorehouse.com

COMMUNICATION SERVICES

Assurance Wireless Lifeline Program

Assurance Wireless is a federal Lifeline Assistance Program that offers free or discounted cell phone service(T-Mobile) each month to those who qualify. If you participate in a select government assistance program such as Medicaid, SSI, Food Stamps/SNAP, you could qualify for this service.

You can bring your own phone, or a basic smartphone can be provided.

Only one account per household.

Call or check online for eligibility.

Mailing address: P.O. Box 818, Killeen, Texas 76540

Phone: 888.321.5880

Website: www.assurancewireless.com

CapTel North Carolina

CapTel uses voice recognition technology to display verbatim captions of the conversation on the telephone's screen, allowing the person to hear and read all comments. Low-income residents may qualify to receive a CapTel phone at no cost through the Equipment Distribution Service from the NC Division of Services for the Deaf and Hard of Hearing. People who cannot hear over the phone may also be eligible to receive an internet-based CapTel phone at no cost with a signed certification of hearing loss from their audiologist or doctor. Free installation. Can use a standard phone line or internet.

Phone: 800.233.9130

Hours: 24/7 access excluding holidays

Website: <https://www.captel.com/states/north-carolina/>

CaptionCall

CaptionCall is a federally funded telephone captioning service designed to help people with hearing loss understand phone conversations more clearly. The service provides a special phone with a large, easy-to-read screen that displays live captions of what the caller is saying, like captions on television. CaptionCall is available at no cost to individuals with hearing loss who need captions to use the phone effectively.

The service is funded through the Federal Communications Commission (FCC) as part of a nationwide Telecommunications Relay Service program.

Phone: 980.403.8440

Website: <https://sorenson.com/captioncall/>

ClearCaptions

ClearCaptions provides phone captioning allowing the user to read the words spoken on a phone call. ClearCaptions products and services are free to qualified users as a relay cost through Title IV of the American with Disabilities Act. A professional specialist will be sent to your home to set up the program. Requires a reliable home internet connection.

Can call, live chat on the website, or complete form on the website.

Phone: 855.520.8939

Hours: Monday – Friday, 8:00am – 10:00pm; Saturday and Sunday, 8:00am – 7:00pm

Website: <https://clearcaptions.com/>

Relay North Carolina

Statewide service that connects standard telephone users with people who are deaf, hard of hearing, or deaf-blind using TTYs.

Voice: 800.735.0341

TTY: 800.735.0533

Hours: 24/7 access

Email: captioning@t-mobile.com

Website: www.relaync.com

SafeLink Wireless Lifeline Program

Provides free cell phone services to eligible households. Eligibility and income requirements must be met and vary by state. A service of Tracfone Wireless, Inc., a Verizon Company. Limited to one person per household and non-transferable.

Correspondence: SafeLink Wireless, Verizon Corporate Headquarters, One Verizon Way, Basking Ridge, NJ 07920

Phone: For Enrollment and Plan Changes Support: 800.SafeLink (723.3546)

Text: HELP to 611611

Hours: Monday – Saturday, 8:00am – 10:00pm, Sunday 8:00am – 7:00pm

Website: <https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

COMPUTER TRAINING

Davidson County Senior Services

Technology classes are offered for Davidson County residents age 55 and over at the Lexington and Thomasville locations. Please call for a current schedule. Preregistration is required for class attendance.

Lexington Office Location: 555-B West Center Street Extension, Lexington, NC 27295

Thomasville Office Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

Davidson-Davie Community College

Please call or go to website for a schedule of computer courses offered.

Location: 297 DCC Road, Thomasville, NC 27360

Phone: 336.249.8186

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.davidsondavie.edu>

CONSUMER PROTECTION

AARP

Information and member benefits for age 50 and over; first year membership as low as \$15 when you sign up for automatic renewal; annual membership fee of \$20 per person.

Educates and advocates for seniors. 20% off membership fees for Military and Veterans.

Provides updated news on protection from fraud, scams, product recalls and consumer product safety news.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 276076

Phone: 866.389.5650

Fraud Watch Network Helpline: 877.908.3360

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Better Business Bureau (BBB) of Central and Northwest NC

Provides verified, unbiased information about businesses through the BBB ratings and reviews.

Location: 529 College Road, Suite G, Greensboro, NC 27410

Phone: 336.852.4240

Phone Hours: Monday – Friday, 10:30am – 2:30pm

Office Hours: Monday – Friday 9:30am – 3:30pm (Please call ahead to ensure staff are available in person. Can send a request for help through the website).

Website: <https://www.bbb.org/local-bbb/bbb-serving-central-and-northwest-north-carolina>

NC Attorney General

Protects NC citizens from crime and consumer fraud. Can file a complaint online through the website.

Location: 9001 Mail Service Center, Raleigh, NC 27699

Consumer Assistance Phone: 919.716.6400 (to file a complaint or for resources for victims)

RoboCall Hotline: 844.866.7626 (to report RoboCalls)

Scams: 877.566.7226

Website: <https://www.ncdoj.gov/>

NC Department of Insurance

Answers questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified diseases and other coverages.

Location: 3200 Beechleaf Court, Raleigh, NC 27604

Mailing address: 1201 Mail Service Center, Raleigh, NC 27699

Phone: 855.408.1212

Website: www.ncdoi.gov

COUNSELING

CareNet Counseling – Atrium Health Wake Forest Baptist

Provides counseling specific to older adults for issues such as grief, depression, family conflicts, anxiety, health, spiritual growth and more.

Location: 403 South Hawthorne Road, Winston-Salem, NC 27103

Phone: 336.716.0855

Website: www.carenetnc.org

Daymark Recovery Services

An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advanced access/emergency walk-in services during regular business hours. Hours: Monday – Friday, 8:00am – 5:00pm

Location: 1104A South Main Street, Lexington, NC 27292

Phone: 336.242.2450

24-Hour Mobile Crisis: 866.275.9552 (Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community).

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

Monarch

Monarch's Open Access provides same-day access to care for new patients, on-site or virtually, who are seeking treatment for mental illness or substance use disorders. For more information or to begin services: [Open Access for New Patients - Monarch](#)
Monarch's Assertive Community Treatment Team (ACTT) is a team of several different types of mental health professionals who focus on an individualized plan of recovery.
[Assertive Community Treatment Team \(ACTT\) - Monarch](#)
Nearest Locations for On-Site: 4140 N. Cherry St., Winston Salem, NC 27105 and 3200 Northline Ave., Greensboro, NC 27408
To begin services, call: 866.272.7826
Hours: Monday – Friday, 8:00am - 5:00pm (closed for lunch 12:00 - 1:00pm daily)
Website: <https://monarchnc.org>

RHA Health Services

RHA provides comprehensive behavioral health supports including mental health support services and substance use services.
Location: 310 N. Main St. Lexington, NC 27292
Phone: 336.422.1100
Office Hours: 8:30am - 4:30pm
Walk-In Intakes: Tuesdays, Thursdays, 9:00am - 3:00pm (Closed for lunch 12:30 - 1:00pm).
Website: <https://rhahealthservices.org/>

DEAF & HARD OF HEARING

Services for the Deaf & Hard of Hearing of Davidson County

Can complete an online inquiry for more information.
Location: 8 Franklin Street, Lexington, NC 27292
Videophone: 336.899.7059
Hours: Tuesday – Thursday, 8:00am – 3:00pm; Friday 10:00am-2:00pm
Email: info@sdhhdc.org
Website: www.sdhhdc.org

NC Division-Services for Deaf & HOH (get one free hearing aid every 6 years)

DSDHH can help advocate for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf/Blind and assist with communication needs, community resources, information, consultation and education to community agencies, A consumer may obtain one (1) hearing aid or one (1) amplified/accessible phone. Qualifications must be met and it is preferred that the individual goes over the financial requirements with a representative in the office.

Greensboro Regional Center:

Location: 415 North Edgeworth Street, Suite 175, Greensboro, NC 27401
Phone: 743.867.0620
Toll-Free (Voice): 888.467.3413
Video Phone: 336.429.5644
TTY: 743.867.0639
Hours: Monday – Friday, 8:00am – 5:00pm; (can also leave a voice message 24/7 to receive a return call).
Website: www.ncdhhs.gov/dsdhh/trc/greensboro/greensboro.htm

Organization Links:

Division of Services for the Deaf & the Hard of Hearing – www.ncdhhs.gov/divisions/dsdhh
Eastern North Carolina School for the Deaf (Wilson) - www.encsd.net
Hearing Loss Association of North Carolina - www.ncheatingloss.org
North Carolina Association of the Deaf - <http://www.ourncad.org/>
North Carolina Black Deaf Advocates (National Web Page) - www.ncbda.org
North Carolina Registry of Interpreters for the Deaf - <https://northcarolinairid.org/>
North Carolina School for the Deaf (Morganton) - www.ncsd.net
North Carolina Employment and Independence for People with Disabilities – <https://www.ncdhhs.gov/divisions/eipd/>

Additional Resources

The following providers may assist persons having hearing or speech impairments:

Belton Hearing Aid Center	www.belton.com	336.249.2889
Communication Access Partners, Inc.	www.capincusa.com	336.993.4200
Relay NC (TTY)/24-hour availability	www.relaync.com	800.735.2962 or 711
Relay NC (voice)/24-hour availability	www.relaync.com	877.735.0341 or 711

****Call Davidson County Senior Services for list of additional hearing aid and funding resources
336.242.2290**

DEMENTIA & ALZHEIMER'S

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Duke Dementia Family Support Program

A no-cost service for NC families caring for someone with a memory disorder or cognitive impairment.

- *Personalized consultations help families address questions, concerns, and decisions related to their loved ones. Consultations are available by phone, email, Zoom, or in person.*
- *Facilitates support groups and educational programs.*
- *NC Project C.A.R.E. – care consultation and short-term respite opportunity for care partners with family members living with dementia at home.*

Main Phone: 919.660.7510

Website: www.dukefamilysupport.org

Email: DDFSP@duke.edu

Information or Support Groups

Alzheimer's Association www.alz.org/northcarolina 800.272.3900, 24-Hour Helpline
Atrium Health Wake Forest <https://www.wakehealth.edu/Condition/a/Alzheimers-Disease>
Dementia Alliance of NC <https://dementianc.org/> 919.832.3732
Caregiver Action Network www.caregiveraction.org 855.227.3640

The Life Center of Davidson County

The mission at The Life Center of Davidson County, Inc. is to provide high quality daytime care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel. Serving both participants and their families from all areas of Davidson County.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:30am – 5:00pm

Email: Info@LifeCenterDavidson.com

Website: www.lifecenterdavidson.com and caregiversofdc.com

- **Cognitive Navigation Station**

The Cognitive Navigation Station at The Life Center offers many different services to support persons living alone with dementia, caregivers of persons living with dementia, and individuals with intellectual and developmental disabilities who are at high risk of developing dementia and their caregivers. They provide training, dementia education, behavioral symptom management, referrals, case management and more.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:30am – 5:00pm

Email: Info@LifeCenterDavidson.com

Website: <https://www.lifecenterdavidson.com/cns/>

- **Caregiver Academy (hosted by Hospice of Davidson County, The Life Center, Atrium Wake Forest Baptist Health, Davidson County Senior Services)**

Quarterly meetings; location varies.

Phone: 336.249.2155

Website: <http://www.lifecenterdavidson.com/caregiver-academy/>

- **Family Caregiver Support Group**

3rd Wednesday of each month, 2:00 – 3:00pm

Phone: 336.249.2155 to register

Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>

- **Early-Stage Alzheimer's Disease and Dementia Support Group**

3rd Tuesday of each month, 10:00-11:00am

Phone: 336.249.2155

Email: cpyle@lifecenterdavidson.com

Website: <https://www.lifecenterdavidson.com/support-groups/>

DENTAL SERVICES

Dental Lifeline Network

Donated dental services program provides free, comprehensive dental treatment to the country's most vulnerable people with disabilities or who are elderly or medically fragile. Applicants must meet **one** of the following criteria: over 65 years of age, permanently disabled or need medically necessary dental care. Volunteers provide comprehensive treatment to eligible patients. No emergency services or cosmetic treatment is provided.

*****lengthy wait list – not currently serving Davidson County due to long wait list.**

If you have **documentation from a physician** stating you cannot receive essential medical treatment due to your dental condition, you can apply for the program even if your county is closed. If you are a **veteran** who meets the qualifications above, please apply to the program even if your county is closed.

Contact: Carrie Hebert, DDS Coordinator

P.O. Box 1654, Cary, NC 27512

Phone: 919.677.9001 Toll Free: 800.650.9001

Website: www.dentallifeline.org/north-carolina/

ECU School of Dental Medicine

Community Service Learning Center – Davidson County

Faculty, student and resident providers offer comprehensive general dental services for adults, children, and special needs patients. Appointments required. Dental care is provided at a reduced cost for individuals with lower incomes and no dental insurance. Medicaid and most dental insurance plans are also accepted. Offers a reduced fee scale program by application only. New patients must call to be placed on the list for a vacancy on the schedule.

Location: 1235 Davidson Community College Road, Thomasville, NC 27360

Phone: 336.236.0165

Hours: Monday - Friday, 8:00am – 5:00pm

Website: www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm

Kintegra Family Dentistry-Lexington

Discount fees are available upon completion of the sliding scale application.

Location: 32 Kirkwood Ave. Lexington, NC 27292

Phone: 336.243.3201 (dental clinic)

Hours: Monday – Thursday, 8:00am – 5:00pm (closed 12:00 – 1:00pm), Friday, 7:00am – 3:00 pm.

Website: <https://www.kintegra.org/kintegra-family-dentistry-lexington/>

North Carolina Dental Society Foundation Missions of Mercy

Program offers portable free dental clinics conducted over a two-day period on Friday and Saturday from 6:00am – 4:00pm, each held in a NC host city. Clinic programs rotate throughout the state each year. Most clinics accept walk-ins while some clinics are by appointment only. Please check the website for details for each clinic.

Location: 1600 Evans Road, Cary, NC 27513

Phone: 919.234.4027

Hours: Monday – Thursday, 8:00am – 5:00pm; Friday, 8:00am – 12:00pm

Toll-Free Phone: 800.662.8754

Email: acochran@ncdental.org

Website: [https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-\(mom\)](https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-(mom))

DISABILITY-RELATED SERVICES

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Assistive Technology Device Financing

Self-Help Credit Union's Alternative Financing Program provides low-interest loans for assistive technology to increase independence and participation in home, work, school and community settings. AFP loans can be used to purchase hearing aids, adapted computers, vehicle or home modifications, vision aids and other devices depending upon each individual's disability, needs and goals.

Location: 301 West Main Street, Durham, NC 27701

Phone: 980.296.6793 (Tammy Pereboom)

Call Center: 800.966.7853

Website: <https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

CAP/DA (Community Alternative Program for Disabled Adults)

Supportive Care Solutions serves Davidson County disabled adults age 18 and over, eligible for Medicaid, must meet other requirements. Alternative to nursing home placement; allowing eligible recipients to receive care at home rather than going into nursing home.

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: 336.859.5555

Email: LisaMatney@SCSolutions.org or MelissaSwink@SCSolutions.org

Website: www.scsolutions.org

Careforth

Are you caring for a loved one at home that has Medicaid? If so, you might be eligible for Coordinated Caregiving, a new caregiver coaching and support program available to Medicaid beneficiaries with either the CAP/C (children) or CAP DA (adults) waiver. This includes older adults and people with disabilities in all counties in NC including Davidson County. Careforth's "Coordinated Caregiving" program provides on-going support (both financially and via support staff) for you, as the caregiver, as you care for your loved one at home. It includes paying the live-in caregiver a tax-free stipend to care for the CAP recipient. It was approved through the NC General Assembly and 100% funded by NC Medicaid. Caregivers receive a financial stipend, ongoing support from a professional care coach and access to secure mobile app to connect you with your coach.

Contact Person: Tara Smith, Account Manager

Work Cell: 704.793.3440

Email: tasmith@careforth.com

Website: www.careforth.com

Disability Rights of North Carolina

Disability Rights NC is a 501(c)3 nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC. Intake appointments are encouraged.

Appointments can be made through the website or by phone.

Location: 801 Corporate Drive Suite 118, Raleigh, NC 27607

Phone: 919.856.2195

Toll Free: 877.235.4210

TTY: 888.735.2962

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.disabilityrightsncc.org

Division of Employment and Independence for People with Disabilities

Offers a variety of services including guidance, rehabilitation, home and vehicle modifications, skills training, certain equipment purchases, assistance with leisure activities, and personal assistance services among many others if eligible. Application process for services.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Video Phone: 336.245.4103

TTY: 336.784.2717

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncdhhs.gov/eipd

Duke Energy – Medically Essential Program

Medically Essential Program is a Duke Energy program that recognizes customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant.

To help ensure sensitive handling of Medically Essential customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.

Phone: 800.777.9898

Hours: 7:00am – 7:00pm

Website: <https://www.duke-energy.com/home/billing/special-assistance>

Easter Seals of North Carolina

Helps people with disabilities and mental health challenges as well as their families live, learn, work and play in their communities.

Location: 5171 Glenwood Avenue Suite 211, Raleigh, NC 27612

Phone: 919.865.8606

Toll Free: 800.662.7119

Email: info@eastersealsucp.com

Website: www.easterseals.com

First in Families of North Carolina/Southern Piedmont

Supports people with intellectual developmental disabilities including traumatic brain injury and their families throughout NC.

Phone: 704.702.8797

Email: ccarroll@fifnc.org

Website: www.fifnc.org

Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program

Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases (power and manual wheelchairs, stairlifts, tracking systems).

The home does not have to be owned by the consumer, but the homeowner must give written permission before the modifications can take place. Qualifications for assistance are also based on income requirements. May be eligible if individual has significant disability which severely limits their ability to live independently.

These services must be able to improve the ability to live independently.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Monarch

Monarch supports people with intellectual and developmental disabilities in a variety of settings such as their own home, at their parent's home, at school, or in the workplace. Community-based support provided is based on each person's needs and their individual dreams and goals to enhance their lives.

- In-Home Skill Building Services
- Community Living and Support Services
- Supported Living Services
- Personal Assistance Services
- Personal Care Services
- Community Networking Services
- Caregiver Respite Services

To request more information: [Monarch Long Term Services & Supports Interest Form](#)

For Both Mental Health (MH) and Intellectual/Developmental Disabilities (IDD):

Monarch's Tailored care Management is a NC Medicaid service, available by Managed Care Organization referral for people with mental illness, substance use disorders, and/or intellectual and developmental disabilities.

For more information: [Tailored Care Management - Monarch](#)

Phone: 866.272.7826

Website: <https://monarchnc.gov>

NC Assistive Technology Program

Provides device demonstration, device trial, short-term device loans and reutilization of assistive technology; financing is available through the Self-Help Credit Union's 20 locations.

Location: Medical Plaza-Miller, 131 Miller Street, Winston Salem, NC 27103

Phone: 984.301.8323

Contact: Samantha Westrich (Please call to schedule an appointment)

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Website: <https://www.ncdhhs.gov/divisions/eipd/north-carolina-assistive-technology-program>

NC Division of Employment and Independence for People with Disabilities

The Division of Employment and Independence for People with Disabilities is a statewide agency which helps people with disabilities aged 14 and older to achieve their goals for employment and independence.

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: 336.867.6180

Toll Free: 877.727.4508

Unit Manager: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm (excluding state holidays)

Website: www.ncdhhs.gov/eipd

NC License Plate Agency

Handicap sign or license plate

Lexington Location

27 Plaza Parkway, Lexington, NC 27292

Hours: Monday – Friday, 9:00am – 5:00pm (except state holidays)

Thomasville Location

1650 Liberty Drive, Suite 500, Thomasville, NC 27360

Hours: Monday – Friday, 9:00am – 5:00pm (except state holidays)

DMV Customer Call Center: 919.715.7000

Website: <https://www.ncdot.gov/dmv/title-registration/license-plates/Pages/disability-placards-plates>

Parkinson Association of the Carolinas

The Parkinson Association of the Carolinas (PAC) serves as a resource to individuals with Parkinson's and their families through education, community outreach and direct support, empowering those living with Parkinson's to live their best today.

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Mailing Address: P.O. Box 1465, Matthews, NC 28106

Phone: 980.245.2786

Toll-free: 866.903.7275

Email: pac@parkinsonassociation.org

Website: <https://www.parkinsonassociation.org/>

Parkinson's Foundation

The Parkinson's Foundation strives to make life better for people living with Parkinson's Disease (PD) by improving care and advancing research towards a cure. Contact the Parkinson's Foundation Helpline for a list of programs, support groups and referrals to a Parkinson's Specialist near you.

Helpline: 800.473.4636 (Hours: 9:00am – 7:00pm)

Email: Helpline@parkinson.org

Local Chapter: 984.364.2030

Email for local chapter: carolinas@parkinson.org

Website: <https://www.parkinson.org/carolinas>

RHA Health Services: Passageways - Psychosocial Rehabilitation Program (PSR)

Passageways is one of RHA's psychosocial rehabilitation (PSR) programs. Key components of the PSR include self-advocacy, personal care, daily life skills and the discovery of employment opportunities.

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Hours: 8:00am - 2:00pm (day program)

Website: <https://rhahealthservices.org/>

Social Security Administration

Salisbury Location

1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday, Tuesday, Thursday, Friday, 9:00am – 4:00pm, Wednesday 9:00am – 12:00pm

Winston-Salem Location

1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

TTY: 336.722.8411

Hours: Monday, Tuesday, Thursday, Friday, 9:00am – 4:00pm, Wednesday 9:00am – 12:00pm

National Office

Phone: 800.772.1213 (available 24 hours for recorded information)

Must call between Monday – Friday, 8:00am – 7:00pm to speak to a representative

Toll-Free TTY: 800.325.0778

Website: www.ssa.gov

Solutions for Independence

Advocacy and assistance for individuals with disabilities.

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.sicilnc.org

The Arc of Davidson County, Inc.

An advocacy/direct supports organization for people of all ages with intellectual and developmental disabilities; group homes, day program, respite, employment supports, other one-on-one services.

Location: 1900 South Main Street Lexington, NC 27292

Phone: 336.248.2842

Fax: 336.224.2173

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.arcdavidson.org

The Job Accommodation Network (JAN)

Free, expert, and confidential guidance on workplace accommodations and disability employment issues. Assistance is available both over the phone and online.

Phone: 800.526.7234

TTY: 877.781.9403

Hours: Monday – Friday, 9:00am – 6:00pm

Email: jan@askjan.org

Website: www.askjan.org

EDUCATION

AARP

Information and member benefits for age 50 and over; first year membership as low as \$15 when you sign up for automatic renewal; annual membership fee of \$20 per person.

Educates and advocates for seniors. 20% off membership fees for Military and Veterans.

Provides educational information and classes on health and wellness, caregiving, employment, financial planning, computer training and more.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Davidson County Senior Services

Provides educational programs for Davidson County residents 55 and older.

Lexington Office Location: 555-B West Center Street Extension, Lexington, NC 27295

Thomasville Office Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: www.co.davidson.nc.us/SeniorServices

Davidson Davie Community College

Please call or go to the website for a schedule of courses offered.

Location: 297 DCC Road, Thomasville, NC 27360

Phone: 336.249.8186

Business Office Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.davidsondavie.edu

NC Cooperative Extension – Davidson County Office

Location: 301 East Center Street, Lexington, NC 27292

Phone: .336.242.2080

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://davidson.ces.ncsu.edu/>

Partners Health Management

Health Education and Aging Resource Team (HEART)

Provides Geriatric Adult Mental Health and Dementia Trainings to community stakeholders free of charge in 15 counties.

Phone: 704.884.2505

Email: heart@partnersbhm.org

Website: <https://www.partnersbhm.org/geriatric-adult-specialty-team/>

EMERGENCY ASSISTANCE

American Red Cross – Piedmont Triad Chapter

The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.

Location: 1501 Yanceyville Street, Greensboro, NC 27415

Phone: 336.333.2111 (By appointment only)

National Hot Line Phone: 800.733.2767 1-800-REDCROSS

Emergency Communication Service: 877.272.7337

Local Website: www.redcross.org/local/north-carolina/about-us/locations/piedmont-triad.html

National Website: www.redcross.org

Cooperative Community Ministry (CCM) in Thomasville

Financial assistance with rent, utilities, and help with deposits 1x per year per household. Financial Assistance is by appointment only.

Food pantry: Monday/Tuesday/Thursday/Friday, 10:00am-1:00pm, Wednesday CLOSED
Meals served 2-3x per week on Tuesday/Thursday/Friday from 6:00 - 7:00pm.

Call ahead for the meal schedule.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: batkins@ccmtville.org

Website: www.ccmtville.org

Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)

Serves the hungry and homeless with clothing, food and shelter.

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Shelter Case Managers: Jennifer Bowden and Amanda Little

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

Davidson County Firefighters-Free Smoke Alarms

Smoke Alarms – must be installed by fire department

Lexington City Fire Marshal: 336.248.3933

Davidson County Fire Marshal: 336.242-2896

Thomasville City Deputy Fire Chief: 336.475.5545

Fairgrove Family Resource Center

Thomasville residents only; assist with past due utilities and rent/mortgage.

By appointment only.

Proof of address and income, photo ID and social security card are required for application.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Email: fairgrovefamily@fgfrc.org

Website: www.fgfrc.org

Midway Global Methodist Church

Midway Methodist church provides essential support services for individuals and families in need within the local community. Their offerings are tailored to address immediate necessities such as food insecurity and financial difficulties for housing and utilities.

Food Pantry: Access to essential groceries for families facing food insecurity.

Financial Support: Case-by-case support with rent and power bills for residents living within five-mile radius of the church. This assistance is limited to once a year per family.

Residency Requirement: Assistance with bills is available exclusively to those residing within a five-mile radius of the church location to ensure local community support.

Contact for Support: Individuals are encouraged to contact the church directly to discuss their situation and determine eligibility.

Location: 9795 Old US 52, Lexington, NC 27295

Phone: 336.764.0990

Office Hours: Monday - Thursday, 8:00am – 1:00pm

Website: midwaymethodist.org

Salvation Army of Davidson County

Provides emergency financial assistance when funds are available (can help with present or past due rent, mortgage, electricity and water). Must have ID, proof of income, proof of bills, and something that shows what your recent emergency was (shows why you have fallen behind on bills). Also provides women's ministries, seasonal services, disaster services, Red Shield Youth Center, community kitchen and food assistance.

Location: 314 W. 9th Avenue, Lexington, NC 27292

Phone: 336.481.7324 ext. 2 (Erica Trail-Social Worker)

Email: Erica.Trail@USS.SalvationArmy.org

Monday - Friday, 8:00am - 12:00pm, walk in 1:00 - 4:00pm (by appointment only)

Website: www.salvationarmycarolinas.org/davidsoncounty

South Davidson Family Resource Center in Denton

Food pantry and financial assistance require income review. Food pantry and clothes closet are available once a month. Call for more information.

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

Email: director@southdavidsonfrc.com

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Emergency assistance for utilities and rent only for parts of northern Davidson County. Call first to find out if applicable to your residence location. Can complete an application online or pick up application at office. Once it is completed and submitted, a staff member will contact you to schedule an appointment/interview at a later date.

Must bring eviction notice, foreclosure notice or disconnection notice to the interview.

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday - Friday; 9:00 - 11:00am, Monday - Thursday; 1:00 - 3:00pm

Website: <https://sunnysideministry.org/>

SWIRL-Spiritual Women Inspired, Redeemed and Loved.

Serving the physical and spiritual needs of the community. Services include providing day warming and cooling centers during extremely cold or hot weather.

Assists with emergency food, toiletries, coats, gloves, scarves, toboggans and blankets.

This agency serves as a resource center to help link those in the community who are in need with their partner agencies who can best meet those needs.

Location: 403 East Center St. Lexington, NC 27292

Hours: Monday, Tuesday, Wednesday, Friday; 10:00am - 4:00pm

Phone: 336.225.3260 or 910.322.3455

The Father's Storehouse

The Father's Storehouse Ministries offers monthly programs to families in need.

The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc.

Programs are offered four times a month and lunch is served during these programs.

Call 336.475.4357 to hear a detailed message and the dates for the programs offered.

Can also check the website for the schedule of the programs offered.

Please bring required information listed on the automated message.

Mondays: 8:30 - 11:00am - free breakfast

Food Boxes available on Mondays from 10:00am – 12:00pm

Location: 609 National Hwy, Thomasville, NC 27360.

(across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP (4357)

Hours: Call and listen to the recorded message for that month's program dates.

Email: TheFathersStore@aol.com

Website: www.thefathersstorehouse.com

EMPLOYMENT & TRAINING

Davidson Works/ NC Works/ Career Center

Age 16 years & older; job search and workshops available without income eligibility; training, internship, apprenticeship, scholarship have income requirements; veteran services; partners with Urban League (age 55+ assistance).

Location: 719 West Center Street, Lexington, NC 27292 (housed in Goodwill Center)

Phone: 336.236.8021

Hours: Monday – Thursday, 8:30am – 12:00pm, 1:00 – 4:30pm, Fridays, 8:30am – 12:00pm

Email: DavidsonCounty@NCWorks.gov

Website: www.NCworks.gov

Goodwill Career Connections Center

Offers skills assessments, career coaching, skills training classes, career navigator, resume and cover letter writing, assistance with applications, computers with high-speed internet access, interview simulators and Project Re-entry.

There are no eligibility requirements, and the service is free of charge.

Location: 719 West Center Street, Lexington NC 27292

Phone: 336.236.8021

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.goodwillnwc.org/location/goodwill-wdc-davidson-county>

NC Division of Employment and Independence for People with Disabilities

The Division of Employment and Independence for People with Disabilities is a statewide agency which helps people with disabilities ages 14 and older to achieve their goals for employment and independence.

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: 336.867.6180

Toll Free: 877.727.4508

Contact: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm (excluding state holidays)

Website: www.ncdhhs.gov/eipd

Winston-Salem Urban League

The Senior Community Service Employment Program (SCSEP) is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed seniors age 55+.

Location: 201 West 5th Street, Winston-Salem, NC 27101

Office Phone: 336.717.1247

Office Hours: Monday – Friday, 9:00am – 5:00pm

Davidson County contact: Dawn Barrett

Phone: 704.594.4724

Email: dbarrett@wsurban.org

Website: <https://wsurban.org>

END-OF-LIFE PLANNING

Begin the Conversation

An education initiative to help people talk about and document their advance care wishes.

Phone: 877.473.4103

Website: www.begintheconversation.org

Got Plans?

Promotes advance care planning so that communities are educated and engaged in the process.

Phone: 888.876.3663

Website: www.gotplans123.org

Hospice of Davidson County

Supports patients, families, and community members through the advance care planning process by providing education, guidance, and notarization, helping ensure individual wishes are understood and honored.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.hospiceofdavidson.org

Hospice of the Piedmont

Helps patients and family members through the planning process.

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofthepiedmont.org>

Hospice of Randolph: (An affiliate of Hospice of the Piedmont)

Location: 416 Vision Drive, Asheboro, NC 27203

Phone: 336.672.9300 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofrandolph.org>

Novant Health – Advance Directives - free

Resource for free - Advance Directives (Healthcare Power of Attorney & Living Will).

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.476.2499 chaplain's office

Trellis Supportive Care, Winston Salem and Salisbury

Winston-Salem Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Hours: Monday – Friday, 8:00am - 5:00pm

Salisbury Location: 301 South Main St, Suite 105, Salisbury, NC 28144

Phone: 704.637.7645

Counseling Dept Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.trellissupport.org/>

FINANCIAL MANAGEMENT

AARP

Information and member benefits for age 50 and over; first year membership as low as \$15 when you sign up for automatic renewal; annual membership fee of \$20 per person. Educates and advocates for seniors. 20% off membership fees for military and veterans. Provides resources for creating a budget, managing debt, saving and investing, taxes, retirement planning and more.

Location: 5511 Capital Center Drive, Suite 400 Raleigh, NC 27606

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Davidson County Community Action

Helping People. Changing Lives. Their mission is to help low-income families move out of poverty by connecting people to community resources, coaching people to help themselves, and calling attention to inequality in Davidson County.

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: September – May: Monday – Thursday, 7:30am – 5:30pm, Friday 7:30 – 11:30am

May – September: Monday – Thursday, 7:00am – 6:00pm, Friday closed

Applications for program assistance are available online and accepted in person during the hours of Monday – Thursday, 9:00am – 12:00pm and 2:00 – 4:00pm

Email: dcca@dccainc.org

Website: <http://www.davidsoncommunityaction.com/>

Davidson County Transitional Services (DCTS)

Helps people reach individual success everyday through consulting, education, financial management and referral services by connecting them to a collaborative support network in times of transition.

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: 336.472.0625

Hours: Tuesdays and Thursdays, 10:00am – 5:00pm (call for appointment. Appointments must be made a week in advance. Emergency appointments by referral only)

Email: dctransitionalservices@dctsinc.org

Website: <https://dctsinc.org/>

Family Services of the Piedmont – Consumer Credit Counseling

One-on-one budget counseling, financial education, reverse mortgage counseling, housing counseling, resource packets. Fees may apply.

Location: The Slane Center 1401 Long Street, Highpoint, NC 27262

Phone: 336.373.8882 or 336.889.6161 (High Point)

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.fsppcares.org/cccs/>

Financial Pathways of the Piedmont - Senior Financial Care Program

Senior money management program for adults aged 60 and older. This program offers budget counseling, credit counseling, debt management, financial education, foreclosure prevention, fraud & identity theft information, home ownership program, representative payee program. In office appointments are free.

Location: 7820 North Point Boulevard, Suite 100, Winston-Salem, NC 27106

Senior Financial Care Direct Phone: 336.896.1328

Main Office Phone: 336.896.1191

Toll free: 888.474.8015

Hours: Monday – Friday, 8:30am – 5:00pm

Email: Info@FinancialPaths.org

Website: www.financialpaths.org

Greater Vision Outreach Ministry (Self-Sufficiency Program)

Greater Vision Outreach Ministry helps meet the essential physical and spiritual needs of working families who are struggling financially as they work to achieve self-sufficiency. We assist them by providing direct service as well as referrals to other community resources. A financial class and budgeting class are offered.

Location: Baptist Children's Homes of NC, 11 Farmview Rd., Thomasville, NC 27360

Phone: 866.904.0060

Hours: Monday – Friday, 8:30am - 5:00pm

Email: greatervisioninfo@bchfamily.org

Website: <https://www.bchfamily.org>

Home Solutions of Davidson County

Home Solutions offers workshops and one-on-one counseling sessions for budgeting, building credit, foreclosure prevention, down payment assistance, scam & fraud prevention, housing & rental counseling, mortgage loan education, renter & landlord rights & responsibilities and more.

Location: 21 West Second Street, Lexington, NC 27292

Phone: 336.236.1675

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.homesolutionsdcnc.org

FOOD ASSISTANCE

Abbotts Creek Missionary Baptist Church

Food Pantry – Labor of Love. Requires photo ID.

Location: 2817 Abbotts Creek Church Road, High Point, NC 27265

Phone: 336.869.8410

Hours: 1st and 3rd Monday of each month, 6:00 – 7:00pm – pick up boxed food

Central UMC (United Methodist Church)

Food bags are available for those in need during church office hours on Tuesdays and Thursdays from 8:30 - 11:30 a.m.

Location: 276 West First Street, Denton, NC 27239

Phone: 336.859.3502

Website: <https://centralumcdenton.com>

Cooperative Community Ministry

Must reside in Davidson County. ID or proof of residence required.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Food Pantry: Monday/Tuesday/Thursday/Friday, 10am - 1:00pm, Wednesday - CLOSED

Meals Served: 2-3x per week on Tuesday/Thursday/Friday, 6:00 – 7:00pm.

(call ahead for meal schedule)

Email: batkins@ccmtville.org

Website: www.ccmtville.org

Davidson County Community Action

Helping People. Changing Lives. Their mission is to help low-income families move out of poverty by connecting people to community resources, coaching people to help themselves, and calling attention to inequality in Davidson County.

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: September – May: Monday – Thursday, 7:30am – 5:30pm,

Friday, 7:30 – 11:30am

May – September: Monday – Thursday, 7:00am – 6:00pm,

Friday closed

Applications for program assistance are available online and accepted in person during the hours of Monday – Thursday, 9:00am – 12:00pm and 2:00 – 4:00pm

Email: dcca@dccainc.org

Website: <http://www.davidsoncommunityaction.com/>

Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)

Serves the hungry and homeless with clothing, food and shelter.

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Shelter Case Managers: Jennifer Bowden and Amanda Little

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

Denton Wesleyan Church

Provides a free community meal on the 3rd Thursday of the month at 5:30pm.

Located on the lower level in the Red Room.

Take out or eat in available.

If you are not physically able to attend the community meal, delivery is available.

Call the church office to request meal delivery. See the website for monthly menu.

Location: 16345 NC Hwy 109, Denton, NC 27239

Phone: 336.859.4565

Website: www.dentonwesleyanchurch.com

Fairgrove Family Resource Center

Eligible families must complete an application by going into the center.

Clients may come every 30 days for a food box.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Email: fairgrovefamily@fgfrc.org

Website: www.fgfrc.org

First Assembly of God Project Love Ministry

Food distribution once a month. Other times by appointment only.

One-time application to complete for 2nd Harvest Food Bank.

Hours: Every 3rd Saturday, 9:30 - 11:30am

Location: 382 Walser Rd. Lexington, NC 27295

Phone: 336.249.0443

First Baptist Church

Free community meal on the 4th Wednesday of the month at 6:00pm

Location: 11 Randolph Street, Thomasville, NC 27360

Phone: 336.476.6131

Website: www.thomasvillefirst.com

First Reformed UCC (United Church of Christ)

Saturday - hot lunch, 12:00 - 1:00pm (Sit & eat or take with you)

Monday - free dinner, 5:30 - 6:30pm

Location: 104 East Center Street, Lexington, NC 27295

Phone: 336.248.2617

Website: www.frucc.org

Grace Episcopal Church – Grace Food Ministries

Sunday lunch, 12:45 – 1:45pm

Location: 419 S. Main Street, Lexington, NC 27292

Phone: 336.249-7211

Website: www.gracelexingtonnc.org

Greater Things Outreach Center Food Pantry (Davidson County residents only)

A client choice pantry that provides food for meal preparation at home for Davidson County residents. New clients are welcome during distribution hours.

Park at the back of building and walk to the front door to register and get a number.

Afterwards, return to your vehicle and drive to the side door of the building to show your number and get your food.

Must bring photo ID and proof of address for you and every person living in your home including children (utility bill, Medicaid card, government mail or bank information; cannot accept personal mail or driver's license as proof of residence.) For children living in your home under 18: Medicaid card, school record with current address or their birth certificate.

Clients can choose to either shop themselves or receive a pre-packed box.

Drive through services available also.

Location: 6282 Old Hwy 52, Lexington, NC 27295

Phone: 336.619.0171

Food Distribution Hours: Tuesdays, 4:30 – 6:00pm (no entry after 6:00pm)

Thursdays, 5:30 - 7:00pm (no entry after 7:00pm)

Email: gtocfood@gmail.com

Website: www.gtocfood.org

He Cares

Free bagged breakfast on Saturdays from 8:00 – 9:00am.

12 West Guilford Street, Thomasville, NC 27360

High Rock Church – Hope 4 Humanity

Food pantry is open once a month during daytime hours and once a month during evening hours (times and dates vary).

Check the website calendar and/or Facebook page for dates and times.

Food items will vary month to month.

Can call phone number listed below for appointment.

Location: 135 Lowes Boulevard, Lexington, NC 27292

Phone: 336.237.1126

Website: www.hrclex.life

Journey Church of Lexington

Free breakfast meal on the first Sunday of the month at 10:00am.

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: 336.843.4053

Website: <http://thejourney.church/>

Macedonia United Methodist Church-Friends Feeding Friends

Pick up prepared meals on the 1st and 3rd Wednesday of each month.

These to-go dinners are distributed in a drive-through between 4:00 - 5:30pm

Also serving bagged breakfasts outside the church on Mondays and Thursdays of each week from 8:00 - 9:30am.

Blessing box with various items also available.

Location: 10890 NC-8 Lexington, NC 27292

Phone: 336.798.3097

Midway Global Methodist Church

Midway Methodist Church provides essential support services for individuals and families in need within the local community. Their offerings are tailored to address immediate necessities such as food insecurity and financial difficulties for housing and utilities.

Food Pantry: Access to essential groceries for families facing food insecurity.

Financial Support: Case-by-case support with rent and power bills for residents living within five-mile radius of the church. This assistance is limited to once a year per family.

Residency Requirement: Assistance with bills is available exclusively to those residing within a five-mile radius of the church location to ensure local community support.

Contact for Support: Individuals are encouraged to contact the church directly to discuss their situation and determine eligibility.

Location: 9795 Old US 52, Lexington, NC 27295

Phone: 336.764.0990

Office Hours: Monday - Thursday, 8:00am – 1:00pm

Website: visit midwaymethodist.org

North Lexington Baptist Church

Food pantry

Location: 201 Mize Road, Lexington, NC 27295

Food pantry hours: Tuesday, 2:30 - 5:00pm, Friday, 9:00 - 10:00am

Outreach Phone: 336.248.6285, Monday/Tuesday/Wednesday/Friday

Eligibility: ID required

Email: office@nlbcfaith.com

Website: www.nlbcfaith.org

Open Hands of North Carolina – Loaves & Fishes Ministry

Our Loaves & Fishes Ministry (Food Bank) is located at Trinity United Methodist Church at 900 South Main Street, Lexington, NC. Use rear entrance that faces ballpark.

Hours for Loaves & Fishes is 9:30am – 12:00pm on Saturdays.

Open Hands provides breakfast Monday, Wednesday and Friday at the 1st Street location.

Street emergency food bags (once a week).

Emotional support, devotions 9:15am Monday - Thursday.

Bible Study Wednesdays at 2:00pm.

Diapers for children are available Monday - Thursday (one visit every 30 days).

Washer/dryer available once a week for those living on the street, hygiene products, computer access and assistance with IDs.

They strive to serve the homeless and marginalized population.

Pick-up Office Location: 100 East 1st Street, Lexington, NC 27295

Mailing Address: P.O. Box 409, Lexington, NC 27293

Phone: 336.242.6142

Office Hours: Monday – Thursday, 9:00am – 3:00pm

Email: openhandsDC@gmail.com

Website: openhandsfnc.org

Pastor's Pantry – Food Pantry

Location: 307 North State Street, Lexington, NC 27292

Mailing address: PO Box 2051 Lexington, NC 27293

Hours: Monday – Thursday, 11:00am – 3:00pm

Phone: 336.249.8824, Ext. 303

Eligibility: Age 60+ unless the need is immediate for emergency food; income and expense guidelines in place as well as ID.

Email: pantry.coordinator@pastorspantry.org

Website: www.pastorspantry.org

Salvation Army of Davidson County

Provides community kitchen & food assistance.

Location: 314 W. Ninth Avenue, Lexington, NC 27292

Phone: 336.481.7324, ext. 2

Email: Erica.trail@uss.salvationarmy.org

Hours: Monday – Friday, 8:00am – 12:00pm walk-in; 1:00 - 4:00pm appointment only

Offers free lunch: Monday - Friday, 11:30am – 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30 – 9:30am

Website: www.salvationarmycarolinas.org/davidsoncounty

Sisters Of Hope

Regardless of where you are on life's journey, you do not have to walk it alone.

Sisters of Hope NC Inc. is a women's support group that offers whole-life recovery-Rediscovery Soul Care, coaching, and mentorship; small groups for support, love, and hope.

They do outreach physical and spiritual food with all ladies including those who are transitioning on life's journey at the women's shelter, are homeless and the North Piedmont Correctional Center.

*Sunday dinner served at **Cooperative Community Ministry** in Thomasville every 3rd Sunday from 5:00 – 6:00pm.*

Phone: 743.202.7284

Email: SISTERSOFHOPEINC01@gmail.com

Website: www.sistersofhopeinc.com

Facebook: www.facedbook.com/people/sisters-of-hope-NC

South Davidson Family Resource Center (Denton)

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Eligibility: Food pantry and financial assistance require income review; food pantry and clothes closet available once a month.

Hours: Monday – Wednesday, 8:30am – 12:00pm

Email: director@southdavidsonfrc.com

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Food pantry program and clothing closet-available once every 30 days.

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday – Friday, 9:00am - 11:00am, Monday - Thursday, 1:00 - 3:00pm

Website: <https://sunnysideministry.org/>

The Father's Storehouse

The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc.

Programs are offered four times a month and lunch is served during these programs.

Call 336.475.4357 to hear a detailed message and the dates for the programs offered.

Can also check website for the schedule of the programs offered.

Please bring required information listed on the automated message.

Mondays: 8:30 - 11:00am - free breakfast

Food Boxes available on Mondays from 10:00am – 12:00pm

Location: 609 National Hwy, Thomasville, NC 27360.

(across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP (4357)

Hours: Call and listen to the recorded message for that month's program dates.

Email: TheFathersStore@aol.com

Website: www.thefathersstorehouse.com

Upper Room Food Pantry

Pantry Location: 11219 Highway 8, Lexington, NC 27292

Hours: Monday and Wednesday, 8:30am - 12:00pm

West Davidson Food Pantry, Least of These Ministries, Inc.

Drive-Thru Food Pantry.

Location: 4600 W Old US HWY 64, Lexington, NC 27295

Phone: 336.787.4357

Eligibility: Must live in zip code 27295 (or part of 27299); must have financial needs.

Please bring a photo ID or Second Harvest Card **and** a piece of mail to confirm address.

Hours: Mondays, 12:00 – 2:00pm, Tuesdays, 3:30 – 5:30pm

Email: westdavidsonfoodpantry@gmail.com

FRAUD & SCAM

Better Business Bureau (BBB) of Central and Northwest NC

Check with them to find a business of integrity.

Location: 529 College Rd., Suite G, Greensboro, NC 27410

Phone: 336.852.4240

Hours: Monday – Friday, 9:30am – 3:30pm

Website: <https://www.bbb.org>

Davidson County Sheriff's Office – Non-Emergency

Phone: 336.249.0131 Dispatch

Federal Trade Commission (FTC)

Polices internet/phone scams, identity scams, fake checks.

To file complaint, go to website.

Website: <https://www.ftc.gov>

NC Department of Justice

Phone: 877.5.NO.SCAM (877.566.7226); 919.716.6400

Website: <https://ncdoj.gov/>

HOLIDAY SERVICES

South Davidson Family Resource Center

Takes applications for holiday gifts for seniors (The Giving Tree).

Location: 292 South Main St.; PO Box 1197, Denton, NC 27239

Phone: 336.859.5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

Thanksgiving Meal at the Journey Church of Lexington

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: 336.843.4053

Website: <http://thejourney.church/>

HOME CARE SERVICES

CAP/DA – Supportive Care Solutions

Special Medicaid program allowing those 18+ who face nursing home placement the possibility of staying in the home. Provides a package of services to meet individual needs.

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: 336.859.5555

Email: LisaMatney@SCSolutions.org or MelissaSwink@SCSolutions.org

Website: www.scsolutions.org

Davidson County Senior Services In-Home Aide Program

Provides support to Davidson County adults age 60 and over needing assistance with their bathing and personal care. Aides may also help with daily activities such as dressing, toileting, mobility, meal preparation, basic housekeeping, essential transportation and other approved routine tasks. Limited respite care to provide relief to unpaid, primary caregivers of someone requiring 24-hour care is also offered. Please call for details and eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: www.co.davidson.nc.us/SeniorServices

****Call Davidson County Senior Services for list of local home care/home health care agencies
336.242.2290**

HOME MODIFICATION & REPAIRS

Habitat for Humanity ReStore

Habitat for Humanity ReStores are non-profit home improvement stores and donation centers that sell new and gently used furniture, home accessories, building materials and appliances to the public at a fraction of the retail price.

Location: 221 S. Main Street, Lexington, NC 27295

Hours: Tuesday – Friday, 10:00am – 5:00pm; Saturday, 10:00am – 3:00pm

Phone: 336.249.4307

Website: <https://habitatoflexingtonnc.net/>

Helping Hands Community Outreach

Organization that helps seniors with handicap supplies, handicapped accessible ramps, repurposed furniture, storm clean up, and deck/porch repairs in southern Davidson County.

Phone: 336.460.0831 (Call and leave a message and someone will contact you)

Home Solutions of Davidson County

Offers an urgent repair program for elderly, disabled and/or veterans who need home repairs or accessibility modifications (Includes but not limited to: grab bars, floor repair, HVAC, electrical, plumbing and roof repairs). Home Solutions also partners with volunteer groups to offer additional repairs and modifications.

Eligibility: Age 62+ or disabled (on disability) or veteran; must own home; income based

Location: 21 West Second Street, Lexington, NC 27292

Phone: 336.236.1675

Hours: Monday – Friday, 9:00am – 5:00pm

Email: jimmy@homesolutionsdcnc.org

Website: www.homesolutionsdcnc.org

Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program

Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases (power and manual wheelchairs, stairlifts, tracking systems).

The home does not have to be owned by the consumer, but the homeowner must give written permission before the modifications can take place.

Qualifications for assistance are also based on income requirements. May be eligible if individual has significant disability which severely limits their ability to live independently. These services must be able to improve the ability to live independently.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

North Carolina Baptist Aging Ministry (NCBAM)

Connects adults 65+ with church volunteers for wheelchair ramps, grab bars, smoke alarm and/or light yard work. Agency requests individuals contact them directly or if a social worker refers, the individual requesting services must be with the social worker at the time of referral.

Address: 201-A Idol Street, Thomasville, NC 27360

Eligibility: 65+

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

NC U.S. Department of Agriculture (USDA) Rural Development

Single family housing repair loans and grants. This site is used to evaluate likelihood that potential applicants would be eligible for program assistance. To be eligible for many USDA loans, household income must meet certain guidelines. Also, the home to be repaired must be located in eligible rural area defined by USDA.

Location: 847 Curry Drive, Suite 104, Asheboro, NC 27205

Phone: 336.308.1667

Contact: Brandon Wiley

Eligibility: Different by county; income, # in household, credit score & credit status may apply; age 62+ may be considered for grant based or loan based; age 61 and under is loan based.

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.rd.usda.gov/nc>

Piedmont Triad Regional Council (PTRC) - Housing Rehabilitation Program

Assists eligible individuals in Alamance, Davidson, Guilford (outside city limits of Greensboro), Montgomery, Randolph, Caswell, Rockingham, Yadkin, Stokes, and Surry Counties. If your home needs serious repairs, you may qualify for home rehabilitation assistance through this program.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Eligibility: Must be 62 years + or disabled, or a family member of the homeowner, or a homeowner living in a home with lead base paint hazards with children under age 6.

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.ptrc.org/services/community-development

Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program

Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties.

Participants do not have to own home to be eligible; renters must have written permission from their landlord.

Weatherization is a FREE program to homeowners.

Please call or go to website for specific eligibility requirements.

Income guidelines do apply.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.ptrc.org/weatherization

HOSPICE (NON-PROFIT)

Hospice of Davidson County

Provides compassionate, professional, and expert care to patients and their loved ones. The interdisciplinary team delivers expert medical care, specialized pain management, and comprehensive emotional and spiritual support to individuals with a serious illness, with services available in patients' homes, long-term care facilities, and the Hinkle Hospice House.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.hospiceofdavidson.org

Hospice of the Piedmont

Hospice of the Piedmont is a provider of hospice care, palliative care and grief support services for patients, their families and caregivers. Patients who are facing a life-limiting illness are given specialized medical, emotional and spiritual care through their programs. Most of their patients are cared for in their own homes, but they also service patients in nursing facilities, hospitals and in their own 18-bed inpatient facility, Hospice Home at High Point.

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofthepiedmont.org>

Hospice of Randolph: (An affiliate of Hospice of the Piedmont)

Location: 416 Vision Drive, Asheboro, NC 27203

Phone: 336.672.9300 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofrandolph.org>

Trellis Supportive Care, Winston Salem and Salisbury

Winston-Salem Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Hours: Monday – Friday, 8:00am - 5:00pm

Salisbury Location: 301 South Main St, Suite 105, Salisbury, NC 28144

Phone: 704.637.7645

Hours: Monday – Friday, 8:00am - 5:00pm

Grief Counseling Dept Phone: 336.331.1300

Website: <https://www.trellissupport.org/>

HOUSING (SENIOR)

****List available from Davidson County Senior Services**

Phone: 336.242.2290

Email: seniorservices@davidsoncountync.gov

Website: <https://www.co.davidson.nc.us/1027/community-resources.com>

Lexington Housing Authority

Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers and project-based vouchers.

Applications taken online only.

Location: 1 Jamaica Drive, Lexington, NC 27292

Phone: 336.249.8936

Hours: Monday-Thursday, 9:00am - 5:00pm; Friday, 8:00am - 12:00pm.

Website: <http://lha-nc.org/>

Thomasville Housing Authority

Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers and project-based vouchers.

Responsible for managing and maintaining three housing complexes that service low-income families, seniors and disabled members of the community.

Location: 201 James Avenue, Thomasville, NC 27360

Phone: 336.475.6137

Hours: Monday - Thursday, 8:00am - 5:00pm,

(Closed from 12:00 - 1:00pm each day for lunch)

Friday 8:00am -12:00pm calls only, no appointments.

Can walk in to apply on Tuesdays and Thursdays, 8:00am - 4:00pm at office

Website: www.thomasvilleha.org

HOUSING (TEMPORARY)

Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)

Serves the hungry and homeless with clothing, food and shelter.

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Shelter Case Mangers: Jennifer Bowden and Amanda little

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

The Father's Storehouse (seasonal only shelter)

The Father's Storehouse Ministries offers temporary shelter for women and children during the winter months as well as monthly programs to families in need.

The shelter is operated from December through the end of March.

Call 336.475.4357 to hear a detailed message and the dates of the program for that month.

Can also check website for the schedule of programs offered.

Please bring required information listed in automated message.

Location: 609 National Hwy, Thomasville, NC 27360

(across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP (4357)

Hours: Call and listen to recorded message for that month's program dates.

Email: TheFathersStore@aol.com

Website: www.thefathersstorehouse.com

Unity UMC (seasonal only shelter)

Serves the homeless during the winter months. Men only.

Location: 608 National Highway, Thomasville, NC 27360

Phone: 336.991.6675

Email: ljohnston@wnccumc.net

Facebook: [Unity Winter Men's Shelter](#)

I.D. CARDS, LICENSES & RECORDS

Driver's License Office

*Appointments are recommended. Walk-ins are served from open to close.
Road tests are not available after 4:00pm.*

Lexington Location:

2314 South Main Street, Lexington, 27292

Phone: 336.248.5179

Hours: Monday – Friday, 7:00am – 5:00pm

Appointment Hours: Monday – Friday, 7:00am – 12:00pm

Thomasville Location:

1650 Liberty Drive, Suite 500, Thomasville, NC 27360

Phone: 336.472.7334

Hours: Monday – Friday, 7:00am – 5:00pm

Appointment Hours: Monday – Friday, 7:00am – 12:00pm

Eligibility: I.D. or driver's license eligibility requirements plus fee; age 18+ regular driver's license or learner permit.

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

North Carolina Real ID license and ID cards – Having a Real ID is required if you frequently fly or visit military bases, federal prisons/courthouses or other federal facilities.

INFORMATION & REFERRAL

211

NC 211 is an information and referral service provided by United Way of North Carolina and powered locally by the United Way of Davidson County. Families and individuals can call 2-1-1 or 1.888.892.1162 to receive free and confidential information on health and human services within their community. This service is available 24/7, 365 days a year and offers multilingual services.

Phone: 888.892.1162

Hours: 24/7 by dialing 211

Website: <https://www.nc211.org/>

AARP

Information and member benefits for age 50 and over; first year membership as low as \$15 when you sign up for automatic renewal; annual membership fee of \$20 per person.

Educates and advocates for seniors. 20% off membership fees for military and veterans.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: www.local.aarp.org/NC/

Website: <https://states.aarp.org/north-carolina/>

Benefits CheckUp

Benefits CheckUp is a free service of the National Council on Aging (NCOA). The Benefits CheckUp Program helps identify benefits that could save money and cover the costs of everyday expenses. After the applicant answers the questions from the website below, it will provide a report that describes the programs they may be eligible for. The website also helps connect to online applications for benefits programs.

Appointments can also be made at the Davidson County Senior Centers in Lexington or Thomasville in order to complete a Benefits CheckUp with one of the Resource and Benefits Specialists.

Lexington Location: 555-B West Center St. Ext., Lexington, NC 27295

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Website: www.benefitscheckup.org

Cognitive Navigation Station

The Cognitive Navigation Station at The Life Center offers many different services to support persons living alone with dementia, caregivers of persons living with dementia, and individuals with intellectual and developmental disabilities who are at high risk of developing dementia and their caregivers. They provide training, dementia education, behavioral symptom management, referrals, case management and more.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Email: Info@LifeCenterDavidson.com

Website: <https://caregiversofdc.com/nccare360-partnership/>

Davidson County Public Library System

Online information resources are available on the website. Assistive and adaptive technology available – large letter keyboards, track ball computer mice, wheelchair accessible tables, handheld pen readers.

Website: www.co.davidson.nc.us/library

Davidson County Public Libraries

Denton Library

Location: 310 West Salisbury Street, Denton, NC 27239-0578

Phone: 336.859.2215

Hours: Monday/Thursday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/282/Denton-Public-Library>

Lexington Library

The Genealogy/Local History Room at the Lexington Public Library assists the community with family and local history research.

Location: 602 S. Main Street, Lexington, NC 27292

Phone: 336.242.2040

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am - 5:30pm

Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/284/Lexington-Public-Library>

North Davidson Library

Location: 559 Critcher Drive, Welcome, NC 27374

Phone: 336.242.2050

Hours: Monday/Thursday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/287/North-Davidson-Public-Library>

Thomasville Library

Location: 14 Randolph St., Thomasville, NC 27360

Phone: 336.474.2690

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/290/Thomasville-Public-Library>

West Davidson Library

Location: 246 Tyro School Road, Lexington, NC 27295

Phone: 336.853.4800

Hours: Monday/Thursday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/291/West-Davidson-Public-Library>

Davidson County Senior Services

DCSS helps senior adults find the resources they need to age in place,

Lexington Location: 555-B West Center Street Ext., Lexington, NC 27295

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Davidson County Transitional Services (DCTS)

Helps people reach individual success everyday through consulting, education and referral services by connecting them to a collaborative support network in times of transition.

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: 336.472.0625

Hours: Tuesdays and Thursdays, 10:00am – 5:00pm

Call for Appointment. Appointments must be made a week in advance.

Emergency appointments by referral only.

Email: dctransitionalservices@dctsinc.org

Website: <https://dctsinc.org/>

DC Connect, Inc.

DC Connect serves as a gateway to community resources for all; however, the targeted population is Davidson County residents who are experiencing homelessness, substance misuse, and/or post incarceration.

Assist with connecting people to resources around housing, utilities, food insecurity, government assistance (Medicaid, CIP, LIEAP...) and more.

Location: 302 West 2nd Street, Lexington, NC 27292

Phone: 336.243.3222

Hours: Monday - Thursday, 8:00am - 5:00pm, Friday 8:00am - 1:00pm.

Website: www.dcconnectinc.org

Solutions for Independence

Advocacy and assistance for individuals with disabilities.

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.sicilnc.org

The Job Accommodation Network (JAN)

Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.

Phone: 800.526.7234

TTY: 877.781.9403

Hours: Monday – Friday, 9:00am – 6:00pm

Email: jan@askjan.org

Website: www.askjan.org

INSURANCE INFORMATION

Affordable Care Act

Phone: 800.318.2596

TTY: 855.889.4325

Hours: 24/7 (except holidays)

Website: www.healthcare.gov

Seniors' Health Insurance Information Program (SHIIP)

Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.

Location: 302 West 2nd Street, Lexington, NC 27292

Phone: 336.243.3232 (ask for SHIIP help)

Email: ncshiip@ncdoi.gov

Website: <https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip>

LEGAL SERVICES

Legal Aid of NC, Inc.

Legal assistance can be provided in the following situations:

- *Housing: foreclosure, eviction, subsidized housing, repairs, utilities, etc.*
- *Consumer issues such as debt collection*
- *Public benefits: Medicaid, Food Stamps, Supplemental Security Income Program, Social Security Disability Insurance and more*
- *Abuse and neglect including financial exploitation*
- *Unemployment compensation*
- *Wrongful repossession*
- *Veteran's benefits*
- *Wills (for homeowners only)*
- *POAs (Power of Attorneys) and Living Wills*

Senior Legal Helpline-Initial Appointments: 877.579.7562

Hours: Monday - Friday, 9:00 - 11:00am; 1:00 - 3:00pm

Eligibility: 60+; must call for appointment

Website: www.legalaidnc.org

NC Department of Labor

Enforces various acts set forth by the NC General Assembly.

Location: 4 West Edenton Street, Raleigh, NC 27601

Mailing Address: 1101 Mail Service Center, Raleigh, NC 27699

Phone: 800.NCLABOR (1.800.625.2267)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.nclabor.com

NC Lawyer Referral Service

The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation.

Location: NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

Eligibility: Attorneys participating in the LRS agree to charge no more than \$50 for the first 30 minutes of the initial consultation. After the first 30 minutes, they may charge their regular fee. You must contact this service online.

Website: <https://www.ncbar.org/public/find-an-nc-lawyer/>

LGBTQ RESOURCES

Gay/Lesbian/Bisexual/Transgender Support Groups

Provides information and resources for transgender people, significant others, and friends of transgender people.

Website: <https://durham.nc.networkofcare.org/mh/services/subcategory.aspx?cid=9276&k=Gay/Lesbian/Bisexual/Transgender%20Support%20Groups&tax=PN-8100.4500-240>

IMPAQT GSO

The mission is to improve the emotional and social well-being of the LGBTQIA+ community by promoting inclusivity and building resources, safe spaces and social events.

Mailing Address: P.O. Box 29272, Greensboro, NC 27429

Phone: 919.597.0069

Email: info@greensboropride.org

Website: <https://www.impaqtgso.org/pride>

Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Lexington, NC

PFLAG is a non-profit organization serving Davidson County. PFLAG supports, educates and advocates as parents and friends of lesbian and gay members of the community. Group meeting every third Thursday of the month, 6:30 – 7:30pm at First Reformed UCC (104 E. Center Street, Lexington).

Email: info@pflaglexingtonnc.org

Website: <https://sites.google.com/view/pflaglexingtonnc/home>

MEDICAID INFORMATION

Davidson County Department of Social Services

Social Services determines eligibility for several Medical Assistance Programs based on a variety of guidelines, primarily in the areas of income, financial resources, living arrangements and in some cases medical conditions.

Medicare Qualified Beneficiaries (MQB) program provides payment of the Medicare premium for those who have Medicare Part B and who meet program income and resource guidelines.

Location: 913 Greensboro St., Lexington, NC 27292

PO Box 788 Lexington, NC 27293

Phone: 336.242.2500

How to Apply for Medicaid:

- **Online via epass.nc.gov**

Once you complete and submit your application, a caseworker will be assigned and contact you by phone/mail to complete the interview process, explain Medicaid services, request information to determine eligibility, and review your information.

- **Completing a Paper Medicaid Application**

Once the application is received, you will be contacted by phone/mail to complete the interview process and given time to provide any information required to determine eligibility.

- **In-Person at the DSS office**

Applications can be made in person, without appointments. You will meet with a Medicaid Caseworker to complete the application, interview process, and to determine any information needed for eligibility determination.

- **Phone**

You may call the local DSS to request a telephone application be completed.

Please note that an application is not considered complete until it is signed by the applicant or authorized representative.

Website: <https://www.co.davidson.nc.us/424/Medical-Assistance-Medicaid>

Medicaid Customer Service Center

Provider and beneficiary information on Medicaid policies and procedures.

Phone: 888.245.0179

Hours: Monday – Friday, 8:00am – 5:00pm (closed for state holidays)

Website: <https://www.medicaid.ncdhhs.gov/contacts>

MEDICAL ALERT SYSTEMS

****List available from Davidson County Senior Services**

Phone: 336.242.2290

Email: seniorservices@davidsoncountync.gov

Website: <https://www.co.davidson.nc.us/1027/community-resources.com>

MEDICAL CENTERS

Atrium Health Wake Forest Baptist High Point Medical Center

Location: 601 North Elm Street, High Point, NC 27262

Phone: 336.878.6000

24/7 Emergency Number: 336.878.6009

Hours: 24/7

Has Emergency Care Video Visits available through website.

Website: <https://www.wakehealth.edu/Locations/Hospitals/High-Point-Medical-Center>

Atrium Health Wake Forest Baptist Lexington Medical Center

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: 336.248.5161

Hours: 24/7

Has Emergency Care Video Visits available through website.

Website: <https://lexington.wakehealth.edu/locations/hospitals/Lexington-Medical-Center>

Atrium Health Wake Forest Baptist Medical Center – Winston-Salem

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: 336.716.2011

24/7 Emergency Room Number: 336.716.9253

Hours: 24/7

Has Emergency Care Video Visits available through website.

Website: www.wakehealth.edu

Med First Primary and Urgent Care

Location: 1033 Randolph Street, Suite 32, Thomasville, NC 27360

Phone: For Appointments: 833.378.1071/For office 336.860.0843

Hours: Monday – Thursday, 8:00am – 4:00pm; Friday, 8:00am – 12:00pm

Website: www.thinkmedfirst.com/locations/medfirst-primary-urgent-care-of-thomasville

Novant Go Health Urgent Care

Lexington Location:

1977 Cotton Grove Road, Lexington, NC 27292

Phone: 336.443.6041

Hours: Monday – Sunday, 8:00am – 8:00pm

Has virtual visits now available through website.

Website: <https://www.gohealthuc.com/novant/locations/lexington>

Thomasville Location:

1122 Randolph Street, Thomasville, NC 27360

Phone: 336.481-0739

Hours: Monday – Sunday, 8:00am – 8:00pm

Has virtual visits now available through website.

Website: <https://www.gohealthuc.com/novant/locations/thomasville>

Novant Health Forsyth Medical Center

Location: 3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: 336.718.5000

Emergency Room Phone: 336.718.2293

Hours: 24/7

Website: www.novanthealth.org/forsyth-medical-center.aspx

Novant Health Rowan Medical Center

Location: 612 Mocksville Avenue, Salisbury, NC 28144

Phone: 704.210.5000

Hours: 24/7

Website: www.novanthealth.org/rowan-medical-center.aspx

Novant Health Thomasville Medical Center

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.472.2000

Hours: 24/7

Website: www.novanthealth.org/thomasville-medical-center.aspx

Pinnacle Urgent Care

Location: 1201 Cotton Grove Road, Lexington, NC 27292

Phone: 336.565.5001

Hours: Monday – Friday, 8:00am – 8:00pm; Saturday and Sunday, 8:00am – 5:00pm

Website: www.pinnacleurgentclinic.com

MEDICAL COMPLAINTS

Medical Review of North Carolina

The N.C. Division of Motor Vehicle's Medical Review Unit Program evaluates drivers when there are concerns that certain medical conditions might have an impact on their ability to safely operate a vehicle. Advanced age alone cannot be the sole reason for a medical evaluation. A request for a medical evaluation form can be obtained through the website.

A staff of licensed medical professionals conducts thorough reviews of medical records and statements in conjunction with driving records and decides what, if any, restrictions should be placed on a driver's license.

Phone: 800.722.0468 or 919.715.7000

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdot.gov/dmv/license-id/license-suspension/medical-review-program/Pages/default.aspx>

North Carolina Medical Board

For doctor complaints. No walk-ins. Appointments are required to meet with NCMB staff.

Address: 3127 Smoketree Court, Raleigh, NC 27604

Mailing Address: P.O. Box 20007, Raleigh, NC 27619-0007

Phone: 800.253.9653

Hours: Monday – Friday, 8:00am – 5:00pm

Information on how to obtain a complaint form is located on the website.

Website: <https://www.ncmedboard.org/resources-information/consumer-resources/complaint-process>

MEDICAL EQUIPMENT & LOAN CLOSETS

Cancer Services of Davidson County

Provides a variety of equipment (on loan) and supplies to their patients.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm; Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

Helping Hands Community Outreach

Organization that helps seniors with handicap supplies, handicapped accessible ramps, repurposed furniture, storm clean up, and deck/porch repairs in southern Davidson County.

Phone: 336.460.0831 (Call and leave a message and someone will contact you)

Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program

Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases (power and manual wheelchairs, stairlifts, tracking systems).

The home does not have to be owned by the consumer, but the homeowner must give written permission before the modifications can take place. Qualifications for assistance are also based on income requirements. May be eligible if individual has significant disability which severely limits their ability to live independently.

These services must be able to improve the ability to live independently.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

North Carolina Assistive Technology Exchange Post

Provides donated assistive technology for reuse, long term loans and monthly list of statewide medical equipment for donation or for sale.

Contact: Charryse Parker - NCATP Intake Coordinator

Physical Address: 3080 Hammond Business PL #101, Raleigh, NC 27603

Phone: 919.855.3564

Email: Charryse.Parker@dhhs.nc.gov

North Carolina Assistive Technology Program

Provides device demonstration, device trial, short-term device loans and reutilization of assistive technology; financing is available through the Self-Help Credit Union's 20 locations.

Location: Medical Plaza-Miller, 131 Miller Street, Winston Salem, NC 27103

Phone: 984.301.8323

Contact: Samantha Westrich (Please call to schedule an appointment).

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Website: <https://www.ncdhhs.gov/divisions/eipd/north-carolina-assistive-technology-program>

North Carolina Baptist Aging Ministry (NC BAM)

Provides durable medical equipment that has been donated to them. These items are available to clients 65+ free of charge. Please call to see if equipment is available.

Items must be picked up at the Thomasville location.

Location: 201A Idol Drive Thomasville, NC 27360

Phone: 877.506.2226

Hours: Monday - Friday, 9:00am - 4:00pm

Website: <https://ncbam.org>

Tyro Methodist Church

Hospital loan closet which can provide items for loan, such as walkers, rollators, shower chairs, bedside chairs - free of charge.

Location: 4484 S NC HWY 150, Lexington NC 27295

Phone: 336.853.7459

Hours: Monday – Friday, 9:00am – 12:00pm

Website: www.tyro.church

MEDICAL SERVICES

Atrium Health Wake Forest Baptist J. Paul Sticht Center on Aging and Rehabilitation

The J. Paul Sticht Center on Aging and Rehabilitation is a state-of-the-art geriatric clinical and research center which combines specialists from the areas of psychiatry, rehabilitation medicine and gerontology and geriatric medicine. The center is the first facility in the world to incorporate geriatric acute care, transitional care, psychiatry, rehabilitation, and clinical research under one roof. The J. Paul Sticht Center on Healthy Aging and Alzheimer's Prevention – one of the world's first geriatrics-focused health care centers – conducts a wide array of leading-edge clinical, rehabilitation, wellness and research programs to help seniors and their families understand and address the unique physical, mental, social and emotional challenges that accompany aging.

Location: Medical Center Boulevard, G Floor, Winston-Salem, NC 27157

Front Desk: 336.713.8030

Appointments/Geriatric Unit: 336.713.8250

Administration: 336.713.8570

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.wakehealth.edu/Locations/Facilities/Sticht-Center-on-Aging-and-Rehabilitation>

Davidson County Health Department

The health department provides health education, general adult health screenings and vaccinations. Their website also contains a community resources link on their homepage.

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: 336.242.2300

Hours: Monday - Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/200/health

Kintegra Family Medicine-Lexington

*Kintegra Health is a community sponsored, family-centered provider of health care, health education and preventive care services **without regard for the ability to pay.***

Location: 420 N. Salisbury Street, Lexington, NC 27292

Phone: 336.243.7475

Hours: Monday/Tuesday/Wednesday, 8:00am – 5:00pm, Thursday, 8:00am - 8:00pm,
(Closed 1:00 – 2:00 pm for lunch)

Friday, 8:00am – 1:00 pm

Website: www.kintegra.org/Kintegra-family-medicine-Lexington/

Kintegra Family Medicine-Thomasville

*Kintegra Health is a community sponsored, family-centered provider of health care, health education and preventive care services **without regard for the ability to pay.***

Location: 611 Randolph Street, Thomasville, NC 27360

Phone: 336.474.4585

Hours: Monday/Tuesday/Wednesday, 8:00am - 5:00pm, Thursday, 8:00am - 8:00pm,
(Closed 1:00 - 2:00pm for lunch)

Friday, 8:00am - 1:00pm

Website: www.kintegra.org/Kintegra-family-medicine-Thomasville/

MEDICARE INFORMATION

Seniors' Health Insurance Information Program (SHIIP) Local Office

Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.

Location: 302 West 2nd Street, Lexington, NC 27292

Phone 336.243.3232

Email: ncshiip@ncdoi.gov

Website: <https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip>

Seniors' Health Insurance Information Program (SHIIP) State Office

North Carolina Department of Insurance

Location: 325 N. Salisbury Street, Raleigh, NC 27603

Phone: 855.408.1212

Website: <https://www.ncdoi.com/shiip/Default.aspx>

Social Security Administration

Salisbury Location

1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday, Tuesday, Thursday and Friday, 9:00am - 4:00pm

Wednesday, 9:00am – 12:00pm

Winston-Salem Location

1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

TTY: 336.722.8411

Hours: Monday, Tuesday, Thursday and Friday, 9:00am - 4:00pm

Wednesday, 9:00am – 12:00pm

National Office

Phone: 800.772.1213 (available 24 hours for recorded information)

Must call between Monday – Friday, 8:00am – 7:00pm to speak to a representative.

Toll-Free TTY: 800.325.0778

Website: www.ssa.gov

MENTAL HEALTH & SUBSTANCE USE SERVICES

Alcohol Drug Council of NC (ADCNC)

Support for alcohol or drug addiction.

Location: 1121 Situs Ct., Suite 360, Raleigh, NC 27606 (Administrative Office)

Phone: 800.688.4232

Website: <https://www.alcoholdrughelp.org>

Daymark Recovery Services

An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advanced access/emergency walk-in services during regular business hours. Hours: Monday – Friday, 8:00am – 5:00pm

Location: 1104-A South Main Street, Lexington, NC 27292

Phone: 336.242.2450

24-Hour Mobile Crisis: 866.275.9552 (Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community)

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

Daymark Recovery Services Facility Based Crisis

This is an adult, 16 bed, 24/7 crisis residential facility that provides inpatient care for people who are experiencing a mental health or substance use crisis or may need detox services.

Location: 1104-B South Main Street, Lexington, NC 27292

Phone: 336.300.8826

Website: <https://www.daymarkrecovery.org/locations/fbc-davidson>

Monarch

Monarch's Open Access provides same-day access to care for new patients, on-site or virtually, who are seeking treatment for mental illness or substance use disorders. For more information or to begin services: [Open Access for New Patients - Monarch](#)
Monarch's Assertive Community Treatment Team (ACTT) is a team of several different types of mental health professionals who focus on an individualized plan of recovery.

[Assertive Community Treatment Team \(ACTT\) - Monarch](#)

Nearest Locations for On-Site: 4140 N. Cherry St., Winston Salem, NC 27105 and 3200 Northline Ave., Greensboro, NC 27408

To Begin Services Call: 866.272.7826

Hours: Monday – Friday, 8:00am - 5:00pm (closed for lunch 12:00 - 1:00pm daily)

Monarch's Facility-Based Crisis Center in Lumberton accepts referrals from all North Carolina counties. The 24/7 Center supports adults experiencing a mental health or substance use disorder crisis in a safe and secure environment.

For more information or to make an online referral: [Facility-Based Crisis Services - Monarch](#)

Location: 207 West 29th Street, Lumberton, NC 23858

Phone: 910-618-5606, Option 8

Website: <https://monarchnc.org>

North Carolina Department of Health and Human Services

Offers addiction and substance use services, mental health services and information about treatment centers.

Phone: 800.662.7030

Website: <https://www.ncdhhs.gov/division/mhddsus>

Novant Health Thomasville Medical Center Behavioral Health

Inpatient treatment: only admits adults 55+, specializes in geriatric psychiatry.

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.472.2000 or 800.718.3550

Website: <https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

Path of Hope, Inc.

Treatment center for substance use.

Location: 1675 East Center Street Ext., Lexington, NC 27292

Mailing Address: P.O. Box 1824, Lexington, NC 27293

Phone: 336.248.8914

Office Hours: Monday – Friday, 8:00am – 5:00pm

Email: apathofhope@apathofhope.org

Website: www.apathofhope.org

RHA Health Services

RHA provides comprehensive behavioral health supports including mental health support services and substance use services.

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Office Hours: Monday – Friday, 8:30am - 4:30pm

Walk-In Intakes: Tuesdays and Thursdays, 9:00am - 3:00pm

Closed daily for lunch from 12:30 - 1:00pm

Website: <https://rhahealthservices.org/>

NURSING HOMES, RETIREMENT HOMES, ASSISTED LIVING FACILITIES

****List available from Senior Services**

Phone: 336.242.2290

Email: seniorservices@davidsoncountync.gov

Website: <https://www.co.davidson.nc.us/1027/community-resources>

****List available from Davidson County Social Services – Adult Services Unit**

Lexington Phone: 336.242.2500

NC Division of Health Service Regulation

The Division of Health Service Regulation oversees medical, mental health and adult care facilities, emergency medical services, and local jails. NCDHHS checks to see that people receiving care in these facilities are safe and receive appropriate care.

Hours: Monday – Friday (excluding state holidays) 9:00am -12:00pm, 1:00 – 4:00pm

Phone: 800.624.3004 (Complaint Intake Unit) or 919.855.4520 (Nursing Home Licensure and Certification)

Complaint Hotline: 919.855.4500

Can make a complaint by mail: 2711 Mail Service Center, Raleigh, NC 27699

Can fax a complaint: 919.715.7724

Can email a complaint: DHSR.ComplaintIntake@dhhs.nc.gov

Website: <https://info.ncdhhs.gov/dhsr/>

NUTRITION

Congregate Meals through Davidson County Senior Services

The Congregate Nutrition Program (Cafes) is open to all Davidson County residents 60 and older. Provide a hot nutritious catered lunch Monday through Friday. Various daily activities are also offered such as informative speeches, health promotions, games, exercise, and entertainment. Meals must be reserved in advance. Transportation may be provided. There is no set charge for the meal, however; donations are accepted and go toward the cost of the meal. No one is ever refused due to inability to contribute.

Eligibility: Age 60+

Hours: Monday – Friday, 9:00am –1:00pm with lunch being served at approximately 11:00am

Website: <https://www.co.davidson.nc.us/361/Nutrition-Programs>

Denton:

Denton Civic Center

Location: 459 Salisbury Street, Denton, NC 27239

Phone: 336.859.2542

Lexington:

Davidson County Senior Center

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.236.3118

Southmont:

Southmont Civic Center

Location: 13424 Linwood-Southmont Rd., Lexington, NC 27292

Phone: 336.798.2933

Thomasville:

Davidson County Senior Center

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.474.2667

Welcome:

First Baptist Church

Location: 404 Welcome-Arcadia Road, Lexington, NC 27295

Phone: 336.731.8434

Davidson County Cooperative Extension Office

The NC Cooperative Extension offers a wealth of educational programs that help people make healthier, better-informed decisions. Programs cover a variety of areas from local foods and food safety to gardening and environmental efforts. Provides multiple publications, fact sheets and authoritative sources on various topics.

Location: 301 East Center Street, Lexington, NC 27292

Phone: 336.242.2080

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://davidson.ces.ncsu.edu/categories/health-nutrition/>

Davidson County Social Services, FNS – SNAP (formally food stamps)

Benefits may be used to purchase most foods at participating stores.

Clients are able to apply, complete recertifications, and update cases on this website:

<https://epass.nc.gov/>

Location: 913 Greensboro St., Lexington, NC 27292

Phone: 336.242.2500

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.co.davidson.nc.us/417/Food-Nutrition>

Meals on Wheels for Davidson County

Meals on Wheels for Davidson County residents 60+.

Eligibility: Age 60+ who are homebound and cannot prepare a nutritious meal for themselves.

Lexington Location

555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location

211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Meals on Wheels for Lexington City

Please call for eligibility requirements. Must reside within the city limits of Lexington.

Phone: 336.248.4934

Meals on Wheels for Thomasville City

Please call for eligibility requirements. Must reside within the city limits of Thomasville.

Phone: 336.324.6402

Mom's Meals

Serves clients who are covered under Medicare Advantage plans, Medicaid plans, Long-Term Services and Supports (LTSS) programs or the Older Americans Act, and by individuals or their caregivers who are looking for a self-pay program. This program offers nine health condition menus with a variety of meal options. You choose every meal, every delivery. Can purchase meals directly. Can order 10, 14 or 21 meals at a time. Meals come ready to heat-and-eat. Meals last in the refrigerator for 14 days from delivery.

Eligibility: must be 65 or over, disabled, requiring assistance with meal preparation and/or grocery shopping. Distribution center located in Sanford, NC.

Live chat available through the website.

Phone: 877.508.6667

Hours: 7:00am – 6:00pm (Central Time)

Website: www.momsmeals.com

PARKINSON'S

Parkinson Association of the Carolinas

The Parkinson Association of the Carolinas (PAC) serves as a resource to individuals with Parkinson's and their families through education, community outreach and direct support, empowering those living with Parkinson's to live their best today.

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Mailing Address: P.O. Box 1465, Matthews, NC 28106

Phone: 980.245.2786

Toll-free: 866.903.7275

Email: pac@parkinsonassociation.org

Website: <https://www.parkinsonassociation.org/>

Parkinson's Foundation

The Parkinson's Foundation strives to make life better for people living with Parkinson's Disease by improving care and advancing research towards a cure.

Contact the Parkinson's Foundation Helpline for a list of programs, support groups and referrals to a Parkinson's Specialist.

Helpline: 800.473.4636

Hours: 9:00am – 7:00pm

Local Chapter: 984.364.2030

Email: Helpline@parkinson.org

Email for local chapter: carolinas@parkinson.org

Website: <https://www.parkinson.org/carolinas>

PARKNC

The ParkNC program is a localized referral network of experts specialized in Parkinson's care. This website was created by the UNC Movement Disorders Center and is meant to serve as a resource for clinicians and people with Parkinson's across the state. UNC has compiled a listing of agencies throughout North Carolina that have allied health clinicians (physical, occupational, speech therapy) who have received comprehensive training in Parkinson's disease. We also include on this website other Parkinson's-specific resources in North Carolina. We want to ensure that PD patients across North Carolina receive the best, most specialized care available and have access to such care and other supportive resources.

Phone: 919.843.2777

Email: mivancic@neurology.edu

Website: <https://www.parknc.org>

The Life Center of Davidson County

The Mission at The Life Center of Davidson County, Inc. is to provide high quality daytime care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel.

Serve both participants and their families from all areas of Davidson County.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:30am – 5:00pm

Parkinson's Support Group

3rd Thursday of each month, 1:30 – 2:30pm

Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>

Email: nsmith@lifecenterdavidson.com

The Michael J. Fox Foundation for Parkinson's Research

The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.

Phone: 800.708.7644

Website: <https://www.michaeljfox.org/>

PASTORAL CARE

FaithHealth – Davidson County

FaithHealth is a movement that links local churches with Atrium Health Wake Forest Baptist – Lexington Medical Center and local human services agencies in a shared mission of health, healing and hope.

Location: 250 Hospital Drive, Lexington, NC 27295

Phone: 336.238.4560

Contact: Reverend Dianne Horton

Phone 336.238.4560

Email: dhorton@wakehealth.edu

Website: www.faithhealth.org

PRESCRIPTION ASSISTANCE

Cancer Care Co-Payment Assistance Program

Assisting individuals with cancer overcome financial access and treatment barriers by assisting with co-payments for prescribed treatments. Offers easy-to-access same-day approval over the phone and online.

Phone: 866.552.6729 or 800.813.4673

Hours: Monday – Thursday, 10:00am – 6:00pm and Friday, 10:00am – 5:00pm

Email: information@cancercarecopay.org

Website: www.cancercare.org

Coast2CoastRx

Save on dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – for more information, please contact the number listed below. Also provides a free card that can be used at participating pharmacies.

Phone: 800.931.8872

Website: www.coast2coastrx.com

Good Days

National non-profit charitable organization that lifts the burdens of chronic illness through assistance, advocacy and education. Offers co-pay assistance if you qualify.

Phone: 877.968.7233

Hours: Monday – Friday, 8:00am – 5:00pm (Central Time), closed for lunch, 12:00 – 1:00pm

Email: info@mygooddays.org

Website: www.mygooddays.org

GoodRX

Get discounts for everyone in your family including pets. Prescription Savings Card can be used at Walgreens, CVS, Walmart and other participating pharmacies. Up to 83% off on most prescription drugs. Prescription Savings Card has no expiration date, no fees, no obligations and no credit card required. Can be used immediately. Digital coupons are also available from the website and app. Prescription medication costs when using GoodRX savings card or coupons may be cheaper than costs of insurance co-pays.

Phone: 855.723.1225

Website: www.goodrx.com

Healthwell Foundation

Individual non-profit organization that assists with co-pays, premiums, deductibles and out-of-pocket expenses. Offers financial assistance through several disease funds. New funds are opening every year. Can apply for a grant online or through toll-free automated phone system.

Phone: 800.675.8416

Hours: Monday – Friday, 9:00am – 5:00pm

Email: grants@healthwellfoundation.org

Website: www.healthwellfoundation.org

Medication Drop Boxes

Medicine drop boxes are a convenient and safe way for you to dispose of your unused or expired prescription over-the-counter medications.

Location in Lexington:

CVS Pharmacy, 309 East Center Street, Lexington, NC 27292

Locations in Thomasville:

CVS Pharmacy, 1131 Randolph Street, Thomasville, NC 27360

Novant Health Thomasville Medical Center, 207 Old Lexington Rd, Thomasville, NC 27360

Medicine Assistance Tool (MAT)

Pharmaceutical Research and Manufacturers of America (PhRMA) created the Medicine Assistance Tool (MAT) to provide a free to use, dedicated search engine that allows users to search for financial assistance resources available to them, their loved ones or patients in their lives through the various biopharmaceutical industry programs available for patients who are eligible. Building upon the Partnership for Prescription Assistance (PPA), MAT gives patients, loved ones and health care providers a single point of access to hundreds of public and private assistance programs, as well as connecting them with more transparent information about the cost of medicine.

Website: <https://medicineassistancetool.org>

NC Med Assist

The Free Pharmacy Program is a pharmacy resource that serves all NC residents. If Medicare Part D prescription benefits run out during the year, seniors can utilize the program to learn about other prescription medicine options. Free consultation services regardless of income levels. Also provides a mobile free pharmacy for individuals who are low-income and in need with free over the counter medicine. Those residents enrolled receive their medications by mail at no cost. Check website for schedule and full list of available medications.

Location: 4428 Taggart Creek Rd., Suite 101, Charlotte, NC 28208

Office Phone: 866.331.1348

Pharmacy Phone: 704.943.9639

Hours of operation: Monday – Friday, 8:00am – 4:30pm

Email: info@medassist.org

Website: <https://medassist.org>

Needymeds.org

National non-profit that connects people to programs that will help them afford their medications and other healthcare costs. Educates and empowers those seeking affordable healthcare. An information source to help you find the assistance you need.

Phone: 800.503.6897

Website: www.needymeds.org/newuser

North Carolina Baptist Aging Ministry (NCBAM) – Red Bag

NCBAM sells Red Bags to store medicine for \$5 each.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://bchfamily.givingfuel.com/red-bag-sales>

Part D Extra Help through Social Security

Contact your S.H.I.I.P. (Seniors Health Insurance Information Program).

Phone: 336.243.3232 (Lexington)

NCSHIIP: 855.408.1212

Website: www.ncshiip.com

Patient Advocate Foundation Co-Pay Relief

Help to reduce the financial distress patients and their families face when paying for treatment. Provide direct payment for co-pays, co-insurance and deductibles for patients who need financial assistance for medications prescribed to treat and manage their disease. Can apply through the secured portal on the website or call.

Phone: 866.512.3861

Website: www.copays.org

Patient Assistance Network (PAN)

National, independent charitable foundation that helps remove access barriers to treatment by providing assistance funds. Financial assistance is income based and helps eligible, insured individuals with out-of-pocket healthcare costs. Can use online portal to apply.

Phone: 866.316.7263

Hours: Monday – Friday 9:00am – 5:30pm

Website: www.panfoundation.org

The SingleCare Prescription Savings Card

The SingleCare Prescription Savings Card program is a prescription discount service that negotiates low prices with pharmacies so you can afford the medications you need.

Not to be used in conjunction with insurance. Frequently beats the price of insurance co-pays.

Phone: 844.234.3057

Website: www.singlecare.com

RECREATION & SELF-ENRICHMENT SERVICES

Davidson County Recreation Department

Davidson County Parks and Recreation offers a wide variety of opportunities for seniors to engage, connect, and stay active — whether you're just getting started or already living an active lifestyle!

Open Gym Hours: *The gym is open daily from 12:00–2:00PM for walking and light exercise in a safe, welcoming environment.*

Outdoor Fitness Options: *Enjoy the .50-mile outdoor track featuring exercise equipment stations designed for all fitness levels.*

Recreation & Social Activities: *Join friends for a game of outdoor cornhole and other fun programs designed to keep you moving and connected.*

Location: 555-D West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

Davidson County Senior Centers

Lexington Location:

555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location:

211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Lexington City Parks and Recreation

Events and parks are great options for seniors looking to stay active.

Location: 512 Hargrave St., Lexington, NC 27292

Phone: 336.248.3960

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.lexingtonnc.gov/parksandrec>

Thomasville Parks & Recreation

Offer weekly senior meetings for ages 55+. This group is full of social activities, field trips, and fun times together.

Location: 305 E. Main St., Thomasville, NC 27360

Phone: 336.475.4280

Hours: Monday – Friday, 8:00am – 5:00pm

Website: https://www.thomasville-nc.gov/departments/parks_and_recreation/index.php

RESPITE CARE

Davidson County Senior Services

Respite relief can be provided for unpaid caregivers who provide 24/7 supervision to a registered client of the In-Home Aide Program. Please call for other eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

North Carolina Lifespan Respite Program

The North Carolina Lifespan Respite Program is an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$750 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. This program is an option if other forms of publicly funded respite have been exhausted and if the patient is on a waitlist for these programs.

Applications must be submitted by a referring agency.

Referring agencies include doctor's offices, departments of social services, senior centers and other professional organizations.

Phone: 828.264.3592

Website: www.highcountryaging.org

Project Care-Duke Dementia Family Support Program

Services offered: Dementia-specific education, care consultation and possible short-term respite.

Anyone with questions and concerns related to caring for someone with changes in memory and thinking is welcome to call.

Short-term respite vouchers may be available to family members providing 24/7 care for their loved one with dementia.

To be eligible for a voucher, your loved one must live at home, require 24/7 supervision, and not receive Medicaid in-home services.

Phone: 919.660.7510

Email: DDFSP@duke.edu

Website: www.ncdhhs.gov/assistance/adult-services/project-care

SOCIAL SECURITY BENEFITS

Social Security Administration

Salisbury Location:

1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday, Tuesday, Thursday and Friday, 9:00am – 4:00pm,
Wednesday, 9:00am – 12:00pm

Winston-Salem Location:

1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

TTY: 336.722.8411

Hours: Monday, Tuesday, Thursday and Friday, 9:00am – 4:00pm,
Wednesday, 9:00am – 12:00pm

National Office

Phone: 800.772.1213 (available 24 hours for recorded information)

Must call between Monday – Friday, 8:00am – 7:00pm to speak to a representative.

Toll-Free TTY: 800.325.0778

Website: www.ssa.gov

SUPPORT/CAREGIVER GROUPS

Alzheimer/Dementia Support Group – Western Carolina Chapter (includes Davidson County)

Trained facilitators lead support groups via phone, video or in person. All services and resources are free. Call or check the website for dates, times and locations.

Phone: 336.285.5920

Hours: Monday – Friday, 8:00am – 5:00pm

24/7, 365 days a year Help Line: 800.272.3900 option 1

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina/support

American Stroke Association – Guilford County Support Group

Support group for patients and caregivers of stroke victims.

Currently meeting on the second Thursday of each month from 4:00 – 5:00 p.m.

Location: Cone Health MedCenter Greensboro, 3518 Drawbridge Pkwy, Greensboro

Phone: 336.832.7493 (please leave message)

Email: gcstrokesupport@conehealth.com (best and fastest response)

Website: <https://www.stroke.org/en/stroke-groups/guilford-co-stroke-support-group>

Brain Injury Association

Provides resources and training to individuals living with brain injury, their families and caregivers. Also provides contact information, locations, dates and times for in-person, virtual and hybrid local support groups.

Location: 3733 National Drive, Suite 115, Raleigh, NC 27612

Phone: 919.833.9634 or 800.377.1464

Brain Injury Information Line: 800.444.6443

Email: bianc@bianc.net

Website: www.bianc.net

For a list of local groups: <https://www.bianc.net/support-groups/>

Brookdale Lexington Assisted Living, Alzheimer's & Dementia Care Memory Care Support Group:

Dealing with dementia can be isolating, but it doesn't have to be. So, don't go it alone-sign up for the Memory Care Support Group. When you participate in this monthly event, you will have the chance to find comfort in connecting with a community that can offer understanding, empathy, and even fun.

Come share your stories and get support from others who have a loved one with dementia.

Location: 161 Young Drive, Lexington, NC 27292

Phone: 336.238.1700

Hours: 3rd Tuesday, 5:30 - 6:30pm

Website: www.brookdale.com

Cancer Services of Davidson County

Cancer Services provides emotional, physical and financial support to cancer patients in Davidson County. Support groups are held 2-3 times a month on Tuesday at 12pm and Thursday at 6pm.

Check the website for dates of support groups.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Office Hours: Monday – Thursday, 9:00am – 5:00pm, Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

Caregivers of Davidson County

A website designed for caregivers in the Davidson County community. Website includes resources, calendar of caregiver activities and a caregiver message board where you can share insights on issues you face as a caregiver or offer advice, support and encouragement to other caregivers.

Website: <https://caregiversofdc.com/>

An additional support is provided by the Caregiving Companion site.

Caregiving Companion includes a range of support opportunities aimed at making a variety of different resources available to those who care for someone at any stage of their health journey. Caregiving Companion seeks to support the challenging, yet rewarding, role of caregivers through educational and informational solutions.

Website: <https://caregivingcompanion.org/>

Caregiver Mental Wellness

Caregiver Mental Wellness is a 501c(3) charitable nonprofit organization in Cabarrus County, North Carolina focused on bringing awareness to the "unseen," family caregivers. They empower caregivers through awareness, education, and advocacy to support self-care, reduce the risk of burnout, and promote overall well-being.

Provide direct education through workshops and video programs, encourage proactive family support, collaborate with organizations, and partner with businesses to create human-centered workplaces that fosters work-life harmony and respond to the evolving needs of caregivers in a changing society.

Currently, they have free self-care videos for caregivers and other resources on their website.

Senior SELF-CARE: <https://caregivermentalwellness.com/seniors/>

Caregiver LIFE-LINE: <https://caregivermentalwellness.com/caregiver11/>

Grandparent SELF-CARE: <https://caregivermentalwellness.com/grandparents>

If you are interested in ideas on how you can help bring awareness to the "unseen," and make them "seen," in families, communities, and in the workplace, there are resources on the website: For individuals, <https://caregivermentalwellness.com/advocate-join/#Individual>

Addressing family caregiver burnout requires a collective effort.

The most vulnerable populations – aging adults, individuals with disabilities, chronically ill adults and children, and those with special needs – rely on others to support their caregivers.

Mailing address: 455 Concord Parkway North, Concord, NC 28027

Email: info@caregivermentalwellness.com

Website: <https://www.caregivermentalwellness.com>

Duke Dementia Family Support Program

A no-cost service for NC families caring for someone with a memory disorder or cognitive impairment. Support groups offered via Zoom. Check the website for times and dates.

- Personalized consultations to help families address questions, concerns, and decisions related to their loved ones. Consultations are available by phone, email, Zoom, or in person.
- Facilitates support groups and educational programs.
- NC Project C.A.R.E. – care consultation and short-term respite opportunity for care partners with family members living with dementia at home.

Main Phone: 919.660.7510

Website: www.dukefamilysupport.org

Email: DDFSP@duke.edu

Epilepsy Association of Davidson County

Support group meets every 1st and 3rd Saturday from 2:00-3:00pm at Paul's Chapel Reformed Church

Address: 2791A West Center St. Extension, Lexington, NC 27295

Phone 336.300.4681

Email: EpilepsyofDavidsonCounty@gmail.com

Website: www.EpilepsyAssociationofNC.org

<https://www.facebook.com/groups/EpilepsyofDavidsonCountyNC/>

GriefShare

A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way. Free to around \$20.00 to cover the cost of the participant guide.

Check the website for a group in your area.

Mailing Address: P.O. Box 1739, Wake Forest, NC 27588

Phone: 800.395.5755 (Hours Monday – Friday, 9:00am – 5:00pm)

Email: info@griefshare.org

Website: www.griefshare.org

Hospice of Davidson County

Grief is a natural response to loss—both a universal and deeply personal experience. The monthly support group meets the first Wednesday of each month and the Creative Counseling groups are offered on the first and last Thursdays of each month; both groups are available at no cost and open to all community members; please visit the website or call the main number for more information. Also offer individual grief support for up to 13 months following the death of a loved one for families of patients who received hospice care through Hospice of Davidson County.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: <https://www.hospiceofdavidson.org/services-programs/grief-programs/>

Hospice of the Piedmont

Offers grief support services for patients, their families and caregivers through the Grief Counseling Center. Through compassionate listening and proven techniques for healing, the Hospice professionals continue to walk side-by-side with you, demonstrating that you are not alone and better days will come. All grief counseling and supportive services offered free of charge. Check the website for caregiver support options available to hospice families and the community.

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofthepiedmont.org/programs/caregiver-support/>

Hospice of Randolph: (An affiliate of Hospice of the Piedmont)

Location: 416 Vision Drive, Asheboro, NC 27203

Phone: 336.672.9300 (answered 24 hours a day)

Office Hours: Monday - Friday, 8:00am - 5:00pm

Website: <https://www.hospiceofrandolph.org>

The Life Center of Davidson County

The mission at The Life Center of Davidson County, Inc. is to provide high quality daytime care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel.

Serve both participants and their families from all areas of Davidson County.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:30am – 5:00pm

Email: Info@LifeCenterDavidson.com

Website: www.lifecenterdavidson.com and www.caregiversofdc.com

- **Davidson Caregiver Academy**

Hosted by Hospice of Davidson County, The Life Center, Atrium Wake Forest Baptist Health, Davidson County Senior Services

Quarterly meetings, meeting locations vary.

Phone: 336.249.2155

<http://www.lifecenterdavidson.com/caregiver-academy/>

- **Family Caregiver Support Group**

3rd Wednesday of each month, 2:00 – 3:00pm

Phone: 336.249.2155 to register

Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>

- **Grandparents Raising Grandchildren**

Relative Caregiver Support Group

4th Tuesday each month 1:00 - 2:00pm

Phone: 336.249.2155 to register

Email: astyers@lifecenterdavidson.com

- **Parkinson's Support Group**

3rd Thursday of each month, 1:30 – 2:30pm

Phone: 336.249.2155 to register

Email: nsmith@lifecenterdavidson.com

Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>

- **Early-Stage Alzheimer's Disease and Dementia Support Group**

3rd Tuesday of each month, 10:00-11:00am

Phone: 336.249.2155 to register

Email: cpyle@lifecenterdavidson.com

Website: <https://www.lifecenterdavidson.com/support-groups/>

Novant Health Stroke Support Group

Join the expert stroke nurses, therapists and guest speakers who present information about exercise, community resources and lifestyle adjustments following a stroke. Together, the group will share valuable resources and offer emotional support as you navigate the path to recovery. Whether you have experienced a stroke or support a loved one, you are invited to be part of a compassionate and understanding community committed to mutual support and healing.

Location: Novant Health Thomasville Medical Center

Wellness and Education Center Conference Room

207 Old Lexington Road, Thomasville, NC 27360

Time: 2nd Tuesday, 3:30 - 5:00pm

Phone: 336.474.3482

Email: MLEvangelista@NovantHealth.org or AKSuarez@NovantHealth.org

Novant Stroke and Aphasia Support Group Meeting

Open to anyone affected by a Stroke so please feel free to bring a family member or a friend.

Address: Forsyth Medical Center; Conference Center Meeting Room

3333 Silas Creek Pkwy, Winston Salem, NC 27103

Time: 3rd Wednesday, 2:00 - 4:00pm

Phone: 336.718.5284

Email: afhooker@novanthealth.org

Parkinson Association of the Carolinas

The Parkinson Association of the Carolinas (PAC) serves as a resource to individuals with Parkinson's and their families through education, community outreach and direct support, empowering those living with Parkinson's to live their best today.

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Mailing Address: P.O. Box 1465, Matthews, NC 28106

Phone: 980.245.2786

Toll-free: 866.903.7275

Email: pac@parkinsonassociation.org

Website: <https://www.parkinsonassociation.org/>

Parkinson's Foundation

The Parkinson's Foundation strives to make life better for people living with Parkinson's Disease by improving care and advancing research towards a cure. Contact the Parkinson's Foundation Helpline for a list of programs, support groups and referrals to a Parkinson's Specialist.

Helpline: 800.473.4636

Hours: 9:00am – 7:00pm

Local Chapter: 984.364.2030

Email: Helpline@parkinson.org

Email for local chapter: carolinas@parkinson.org

Website: <https://www.parkinson.org/carolinas>

Sisters Of Hope

Regardless of where you are on life's journey, you do not have to walk it alone. Sisters of Hope NC Inc. is a women's support group that offers Whole-Life Recovery-Rediscovery Soul Care, coaching, and mentorship small groups for support, love, and hope. They do outreach physical and spiritual food with all ladies including those who are transitioning on life's journey at the women's shelter, are homeless and the North Piedmont Correctional Center.

Support Groups held every 2nd and 4th Saturday from 11:00am – 1:00pm

Location: 8 Cramer Street, Thomasville, NC 27360

Phone: 743.202.7284

Email: SISTERSOFHOPEINC01@gmail.com

Website: www.sistersofhopeinc.com

Facebook: www.facebook.com/people/sisters-of-hope-NC

Trellis Supportive Care, Winston Salem and Salisbury

Winston-Salem Location:

101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Hours: Monday – Friday, 8:00am - 5:00pm

Salisbury Location:

301 South Main St, Suite 105, Salisbury, NC 28144

Phone: 704.637.7645

Hours: Monday – Friday, 8:00am - 5:00pm

Grief Counseling Dept. Phone: 336.331.1300

Website: <https://www.trellissupport.org/>

TAXES

Davidson County Senior Services

Volunteer AARP counselors trained in cooperation with the IRS provide counseling and income tax preparation February through April.

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Davidson County VITA Program

Volunteer Income Tax Assistance (VITA) program is a community collaborative effort between DC Connect, Inc., the IRS and other community organizations. IRS certified volunteers prepare and E-file tax returns for low-income taxpayers for FREE. Federal and state tax returns prepared and e-filed February - April.

Phone: 336.726.5828 (Phones answered Monday – Friday, 9:00am – 12:00pm)

Tax preparation sites located in Lexington, Thomasville and Denton by appointment only.

Website: <https://dcconnectinc.org/vita/>

Davidson County Tax Department

Location: 913 Greensboro Street, Suite 303, Lexington, NC 27292

Mailing Address: P.O. Box 1617, Lexington, NC 27293

Phone: 336.242.2160

Fax: 336.242.2851

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/355/Tax-Assessor>

Internal Revenue Service (IRS)

Address: 251 N. Main St., Suite 800, Winston-Salem, NC 27101

Phone for Local Winston-Salem Office: 336.659.2740

Appointments: 844.545.5640

Local Winston-Salem Office available Monday – Friday, 8:30am – 4:30pm

(closed for lunch 12:00 – 1:00 pm)

Website: www.irs.gov

NC Department of Revenue

State tax information

Mailing Address: P.O. Box 25000, Raleigh, NC, 27640

Hours: Monday – Friday, 8:00am – 5:00pm

Phone: 877.252.3052 (for general information)

Phone for Individual Income Tax Refund Inquiry: 877.252.4052

Phone for Tax Fraud Hotline: 800.232.4939

Regional Office: 1500 Pinecroft Road, Suite 300, Greensboro, NC 27407

Phone: 336.487.0200

Hours: Walk-ins Monday, Wednesday and Friday, 9:00am - 4:00pm

Appointments Monday - Friday, 9:00am – 4:00pm

Website: www.dornc.com

TELEPHONE REASSURANCE

AARP-Friendly Voice Call Center

Trained, caring group of volunteers standing by ready to chat, listen or just say hello. Leave your information and a volunteer will call you back.

Phone: 888.281.0145

Hours: Monday - Friday, 9:00am - 5:00pm

Email: friendly.voice@aarp.org

Website: www.aarpcommunityconnections.org/friendly-voices/

Davidson County Sheriff's Office – Wellness Check

Provides well checks on the elderly (city and county residents) upon request; must live alone to qualify.

Phone: 336.249-0131

One Hope – NC Baptist Aging Ministry

Trained volunteers encourage callers with a friendly voice and compassionate ear.

Phone: 866.578.4673

Hours: 9:00am – 5:00pm

TRANSPORTATION

Davidson County Department of Transportation – DC Rides

Location: 945 North Main Street, Suite B, Lexington, NC 27292

Phone: 336.242.2250, Office Hours: 8:00am - 5:00pm

Phone for seniors age 60+: 336.242.2947, Office Hours: 8:00am - 5:00pm

Phone for Medicaid recipients: 336.236.3204 (for medical transportation through Medicaid)

Bus Route Hours: Monday – Friday, 6:00am – 6:00pm

Saturday, 10:00am – 4:00pm (Thomasville only)

Website: <https://www.co.davidson.nc.us/258/Transportation>

Piedmont Authority for Regional Transportation (PART)

The Piedmont Authority for Regional Transportation (PART) is a unit of local government created in 1997 to enhance all forms of transportation in the Piedmont Triad Region. Working with partners, they strive to enhance mobility, address congestion, and reduce transportation related impacts on air quality.

Administrative Office: 107 Arrow Road, Greensboro, NC 27409

Phone: 336.883.7278

Hours: Monday – Friday, 6:30am – 8:00pm, Saturday, 7:00am – 7:00pm

Email: contactus@partnc.org

For routes and schedules, check website: <https://www.partnc.org/27/Routes-Schedules>

UTILITY ASSISTANCE

Cooperative Community Ministry

Provides utility assistance for eligible applicants when funds are available.

Applicants must reside in Davidson County and must provide photo ID, piece of current mail, proof of household income, receipts for major expenses for last 30 days and bill that needs payment.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Hours: By appointment only

Email: batkins@ccmtville.org

Website: www.ccmtville.org

Davidson County Community Action

Helping People. Changing Lives. Their mission is to help low-income families move out of poverty by connecting people to community resources, coaching people to help themselves, and calling attention to inequality in Davidson County.

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: September – May: Monday – Thursday, 7:30am – 5:30pm, Friday, 7:30 – 11:30am

May – September: Monday – Thursday, 7:00am – 6:00pm, Friday closed

Applications for program assistance are available online and accepted in person during the hours of Monday – Thursday, 9:00am – 12:00pm and 2:00 – 4:00pm

Email: dcca@dccainc.org

Website: <http://www.davidsoncommunityaction.com/>

Davidson County Social Services, Emergency Assistance

Provides utility assistance to eligible applicants as long as funds are available. Must have a past due bill. Please call for eligibility requirements-must meet income and other guidelines. Can apply online at epass.nc.gov

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: 336.242.2500 - ask for utility assistance

Thomasville: 336.474.2760 - ask for utility assistance

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/422/Emergency-Assistance>

Davidson County Department of Social Services-Low Income Energy Assistance Program (LIEAP)

LIEAP gives families a one-time vendor payment to help pay for heating-related costs. Program runs from December through March. Applications are available through Davidson County Department of Social Services. Can also apply online at epass.nc.gov

Phone: 336.242.2500

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/423/Low-Income-Energy-Assistance>

Duke Energy

May be able to assist by providing installment plans (available for past due balances, move-in deposits and final bills if approved), due date extensions (available twice a year, can make the due date one to ten business days later if approved) or disconnect extensions (five business days disconnect date extension if approved).

*Due date extensions and disconnect extensions are only open to customers **not** currently on an installment plan.*

See website for qualification details or call number below.

Phone: 800.943.6914

Hours: 7:00am - 7:00pm

Live Chat available Monday – Friday, 8:00am – 5:00pm through website

Website: <https://www.duke-energy.com/home/billing/special-assistance>

Duke Energy-Medically Essential Program

Medical Alert is a Duke Energy program that recognizes customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medical Alert customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter. Can complete form on website and submit to obtain more information regarding this program.

Live chat available through the website Monday – Friday, 8:00am – 5:00pm

Phone: 800.943.6914

Hours: 7:00am – 7:00pm

Website: <https://www.duke-energy.com/home/billing/special-assistance>

Energy United Heating Assistance Program

Energy United Foundation money is available to assist those needing help with their Energy United electric bill due to high heating costs. The individual must be experiencing financial hardships from unemployment or family crisis, be ill, elderly (age 65 or over) or disabled. Individuals must complete an application found on the Energy United website. Only one application will be accepted per household. Assistance will pay for the Energy United electric bill only (not propane bills) and will be credited to the member's Energy United electric account.

Local Office: 1900 Odell Owen Road, Lexington, NC 27295

Phone: 800.522.3793

Website: <https://www.energyunited.com/giving-back/>

Fairgrove Family Resource Center

Thomasville residents only. Provides assistance with past due utilities and rent/mortgage. By appointment only. Proof of address and income, photo ID and social security card are required for application.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Email: fairgrovefamily@fgfrc.org

Website: www.fgfrc.org

Midway Global Methodist Church

Midway Methodist church provides essential support services for individuals and families in need within the local community. Their offerings are tailored to address immediate necessities such as food insecurity and financial difficulties for housing and utilities.

Food Pantry: Access to essential groceries for families facing food insecurity.

Financial Support: Case-by-case support with rent and power bills for residents living within five-mile radius of the church. This assistance is limited to once a year per family.

Residency Requirement: Assistance with bills is available exclusively to those residing within a five-mile radius of the church location to ensure local community support.

Contact for Support: Individuals are encouraged to contact the church directly to discuss their situation and determine eligibility.

Location: 9795 Old US 52, Lexington, NC 27295

Phone: 336.764.0990

Office Hours: Open from Monday to Thursday, 8:00am – 1:00pm

Website: midwaymethodist.org

Salvation Army of Davidson County

Provides financial assistance for utilities when funds are available. Must bring ID, proof of income, proof of bills, and something that shows what the recent emergency is and why you have fallen behind on the bills.

Location: 314 W. 9th Avenue, Lexington, NC 27292

Phone: 336.481.7324 ext. 2, Erica Trail-Social Worker

Email: Erica.Trail@USS.SalvationArmy.org

Hours: Monday – Friday, 8:00am - 12:00pm, walk in; 1:00 - 4:00pm by appointment only

Website: www.salvationarmycarolinas.org/davidsoncounty

South Davidson Family Resource Center

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

Email: director@southdavidsonfrc.com

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Emergency assistance for utilities only for parts of northern Davidson County. Call first to find out if applicable to your residence location. Can complete an application online or pick up application at office. Once it is completed and submitted, a staff member will contact you to schedule an appointment/interview at a later date.

Must bring disconnection notice to the interview.

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday - Friday; 9:00 - 11:00am, Monday - Thursday; 1:00 - 3:00pm

Website: <https://sunnysideministry.org/>

VETERANS' SERVICES

Caregiver Support Line

Licensed clinical social workers provide caregiver support.

Phone: 855.260.3274

Hours: Monday - Friday, 8:00am - 11:00pm, Saturday, 10:30am - 6:00pm

Website: www.caregiver.va.gov/support

Davidson County Veterans' Services

Local office for information on veterans' services and benefits. Provides information for veterans residing in Davidson County. Appointments are encouraged.

Location: 220 East 1st Avenue Extension, Suite 2, Lexington NC 27292

Phone: 336.242.2037

Hours: Monday – Friday, 8:00am – 4:00pm

Website: <https://www.co.davidson.nc.us/242/Veterans>

Goodwill Veterans Services

Goodwill will work to equip veterans and their families with the tools they need to succeed in the workplace and at home.

Location: 719 West Center Street, Lexington, NC 27292

Phone: 336.236.8021

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.goodwill.org/jobs-training/veterans-military-families/>

Heroes Center, Inc

Heroes Center, Inc is a non-profit agency that provides all veterans with the necessary resources to successfully transition into civilian life through direct support, community engagement and purpose-driven programs. They address significant issues facing veterans such as homelessness, housing needs, employment, life skills and benefit assistance. They connect veterans with vital resources to address quality of life.

Location: 1500 Bridges Drive, High Point, NC 27262

Phone: 336.884.4376

Hours: Monday – Friday, 9:00am – 5:00pm

Email: info@heroescenter.org

Website: www.HeroesCenter.org

Holly Hill Memorial Park

All honorably discharged veterans – no matter where, when, or how they served – are eligible for a free plot at our cemetery if one is not already owned.

Location: 401 West Holly Hill Road, Thomasville, NC 27360

Phone: 336.472.7455

Hours: Monday – Friday, 9:00am - 5:00pm, Saturday, 10:00am - 2:00pm

Website: <https://hollyhillcemetery.com/>

Kernersville VA Clinic

Provides medical care (in-patient, out-patient, medication) for veterans.

Please call 704.638.9000 or 800.469.8262, ext. 4 to speak to someone about eligibility requirements.

Location: Kernersville Health Care Center at 1695 Kernersville Medical Parkway, Kernersville, NC 27284

Phone: 336.515.5000

Eligibility Office: extension 21150

Mental Health Care: extension 28500

Hours: Monday – Friday, 8:00am – 4:30pm, Saturdays, 7:00am -4:30pm

Automated Information: 800.469.8262

VA Health Connect: 855.679.0074

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

MY VA Main Information Line (MY VA 411)

Phone: 800.698.2411

Hours: 24/7

National Call Center for Homeless Veterans

Provides 24/7 confidential, free assistance for homeless or at-risk veterans, their families and their friends connecting callers with trained counselors who provide immediate help, resources and referrals to local VA services and community programs.

Phone: 877.424.3838

Website: www.va.gov/HOMELESS/nationalcallcenter

North Carolina Serves/NCCARE360.

A network of public, private and nonprofit organizations serving veterans, service members and their families utilizing a common technology platform to create accountability and formalize communication, coordination and transparency in order to efficiently and effectively guide veterans, service members and their families to the most appropriate services and resources available to achieve their unique goals.

A request for assistance can be submitted through the website.

Phone: 855.425.8838

Website: <https://nccare360.org/ncserves/>

NC State Veterans Home in Salisbury-Pruitt Health

99-bed home for veterans. Provides comprehensive 24-hour care for aged and infirm veterans, including skilled nursing care and rehabilitation.

Location: W. G. (Bill) Hefner VA Medical Center

1601 Brenner Avenue, Building #10, Salisbury, NC 28144

Phone: 704.638.4200

Website: <https://www.salisbury.va.gov/>

NC4VETS

Serves as a comprehensive resource for veterans offering guidance, support and direct assistance in accessing benefits, healthcare and services tailored to meet the unique needs of veterans.

Location: 325 North Salisbury Street, Raleigh, NC 27603

Mailing Address: 4001 Mail Service Center, Raleigh, NC 27699-4001

Phone: 844.624.8387

Hours: Monday – Friday, 8:00am – 5:00pm

Email: info@nc4vets.org

Website: <https://www.nc4vets.nc.gov/>

Salisbury National Cemetery

Burial in a national cemetery is open to all members of the armed forces who have met a minimum active-duty service requirement and were discharged under conditions other than dishonorable. A veteran's spouse, widow or widower, minor dependent children, and under certain conditions, unmarried adult children with disabilities may also be eligible for burial.

Members of the reserve components of the armed forces who die while on active duty or who die while on training duty, or were eligible for retired pay, may also be eligible for burial.

Location: 501 Statesville Boulevard, Salisbury, NC 28144

Phone: 704.636.2661

Hours: Monday – Friday, 7:30am – 4:00pm

(closed federal holidays except Memorial Day and Veterans Day)

Website: <https://www.cem.va.gov/cems/nchp/salisbury.asp>

Telecommunications Relay Services (Using TTY)

711 or 800.735.2962

Hours: 24/7

Veterans Administration (VA) Benefits

U.S. Department of Veterans Affairs; Provides information on veteran's benefits

Location: 810 Vermont Avenue, NW Washington DC 20420

National Call Center: 800.827.1000

Hours: 8:00am - 9:00pm

Regional office: 251 North Main Street, Winston Salem, NC 27155

Hours: Monday – Friday, 8:00am – 4:00pm

Website: www.benefits.va.gov/

VA Health Care Benefits

U.S. Department of Veterans Affairs; Information on veterans' health care and benefits.

Please call for information.

Phone: 877.222.8387

TDD: 800.829.4833

Hours: Monday - Friday, 8:00am - 8:00pm

Website: www.publichealth.va.gov/exposures/benefits/health-care.asp

VA Medical Foster Home Program

An alternative to nursing home or assisted living care for veterans. Please contact your local VA Medical Center to inquire about available programs in your area. Private pay option.

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: 704.638.9000

Website: https://www.va.gov/GERIATRICS/pages/Medical_Foster_Homes.asp

Veterans Bridge Home

Connects veterans with resources, community and care veterans and their families need to thrive. Connects veterans to what they have earned and what they deserve. Serves veterans of Davidson County.

Location: 5260 Parkway Plaza Blvd, Suite 110, Charlotte, NC 28217

Phone: 866.249.6656

Hours: Monday – Friday, 8:30am – 5:00pm

A request for assistance form can be completed through the website.

Website: <https://veteransbridgehome.org>

Veterans Crisis Line

Voluntary, confidential, free and professionally staffed

Crisis Phone Number: 988, ext. 1

Text: 838255

Live chat is available through the website.

Website: <https://www.veteranscrisisline.net/get-help/chat>

Veterans – Homebound

Home based primary care for veterans who have difficulty keeping appointments.

Provided services include primary care, nursing, social work and care coordination. Contact your doctor to order.

W.G. Bill Hefner Salisbury Department of Veteran's Affairs Medical Center

Provides medical care (in-patient, out-patient, medication) for veterans.

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: 704.638.9000

Mental Health Care: extension 13450

VA Health Connect: 855.679.0074

Website: www.salisbury.va.gov

W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice and Palliative Care

The VA Hospice and Palliative Care Program is open to veterans who have an illness for which life-saving treatment is no longer practical. Each veteran must be enrolled in the VA Healthcare System. A referral is required.

Phone: 704.638.9000, ext. 14150

Website: https://www.va.gov/geriatrics/pages/Hospice_Care.asp

Warrior Bridge

Connects veterans with disabilities to resources and support as they seek employment, self-sufficiency and improved quality of life

Phone: 910.826.4699

Warrior Bridge North Carolina

Location: 600 Ames Street, Fayetteville, NC 28301

Website: www.warriorbridge.org

VICTIM ASSISTANCE SERVICES

Davidson County Transitional Services (DCTS)

Helps victims of domestic violence reach individual success everyday through consulting, education, financial management and referral services by connecting them to a collaborative support network in times of transition.

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: 336.472.0625

Hours: Tuesdays and Thursdays, 10:00am – 5:00pm, call for appointment.

(Appointments must be made a week in advance. Emergency appointments by referral only)

Email: dctransitionalservices@dctsinc.org

Website: <https://dctsinc.org/>

Family Services of Davidson County

Domestic violence elder abuse, human trafficking and sexual assault support, safety planning, shelter and 50B assistance.

Hattie Lee Burgess Home is a safe, temporary home for individuals/families actively fleeing domestic and sexual violence, human trafficking and stalking. Open 24/7.

24/7 Domestic Violence/Crisis/Shelter Line: 336.243.1934

Website: www.fsdco.org

Facebook: <https://www.facebook.com/FamilyServicesDavidson/>

VOLUNTEER OPPORTUNITIES

Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)

Serves the hungry and homeless with clothing, food and shelter.

Volunteer opportunities are available in the food pantry and in the clothing closet for Monday through Friday 8:00am – 5:00pm.

Volunteer opportunities are available for the adult shelter overnight.

Call Executive Director Ashley Phillips for more information regarding volunteer opportunities.

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

Davidson County Senior Services

Volunteer opportunities available for delivering meals, office assistance, and more. Please call and ask for the volunteer coordinator for more information on opportunities and eligibility requirements.

Lexington Office

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Office

211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/387/Volunteers>

FaithHealth NC

FaithHealth staff, as well as volunteers from congregations and the community, offer health care ministries to anyone in the community in need. They provide support before, during, and after hospitalization. They help coordinate home visitation, food and provision of emotional and spiritual support.

Contact: Reverend Dianne Horton

Phone: 336.238.4560

Email: dhorton@wakehealth.edu

Website: www.faithhealth.org

Guardian ad Litem

Volunteer opportunities available for advocating as Guardian ad Litem (GAL) appointed by the court to advocate for the best interests of an abused or neglected child.

The GAL serves as an important voice for the child in court.

Location: 110 West Center St., Lexington, NC 27292

Phone: 336.242.6719

Website: <https://volunteerforgal.org/>

Hospice of Davidson County

Founded over 40 years ago by a small group of volunteers, and they continue to rely on volunteers today! Opportunities include administrative tasks, direct patient care, bereavement support and community engagement events. Orientation, training and continuing education are provided.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.hospiceofdavidson.org/volunteer/>

North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

Pastors Pantry of Lexington

Volunteer opportunities available on a regular basis, when you have time, or as needed. Call or visit the website below for more information.

Location: 307 N State St, Lexington, NC 27292

Phone: 336.249.8824 Ext. 303

Hours: Monday – Thursday, 8:00am – 3:00pm

Email: pantry.coordinator@pastorspantry.org

Website: <https://pastorspantry.org/how-help/volunteer/>

United Way of Davidson County

United Way of Davidson County brings communities together to find strength and share hope. United Way of Davidson County is a community connector. Please call the office to find out how you can get involved!

Location: 11 Court Square, Suite 100, Lexington, NC 27292

Mailing Address: P.O. Box 492, Lexington, NC 27293

Phone: 336.249.2532

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <https://www.uwdavidson.org/>

WEATHERIZATION

Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program

Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.ptrc.org/weatherization

NATIONAL FOUNDATIONS

American Diabetes Association (ADA)/North Carolina Chapter

The ADA can provide resources for you and your family about all types of diabetes as well as information for caregivers and others indirectly affected by the disease. The ADA of North Carolina is committed to educating the community about how to stop diabetes and supporting those living with this disease. Whether you are newly diagnosed, have been living with diabetes for a while or are caring for a loved one with diabetes, they have the resources you need to thrive.

Phone: 704.275.2108

Email: ADANC@diabetes.org

Website: <https://diabetes.org/local/north-carolina>

American Kidney Fund

Ensuring kidney patients can access the health care and tools they need to survive and thrive. The need-based financial assistance programs help patients with health insurance premiums, transportation costs, prescription medications and many other necessities related to health care. Medically reviewed education resources help people prevent and manage kidney disease. The Safety Net Grant Program provides grants to help people with health care expenses not covered by insurance such as transportation, over-the-counter medicines, co-pays and other needs.

Phone: 800.795.3226

Website: www.kidneyfund.org>get-assistance>safety-net-grants

American Liver Foundation

Offers connections to online support groups, Caring Connections peer to peer support program and information regarding all types of liver disease such as liver cancer, alcohol-associated liver disease, MASH (Metabolic Dysfunction Associate Steatohepatitis), PBC (Primary Biliary Cirrhosis), Hepatitis C as well as liver transplant recipients.

Phone: 800.465.4837

Website: <https://liverfondation.org/supportgroups>

Amputee Coalition

Assistance and support for individuals who have suffered limb loss through the National Limb Loss Resource Center, Certified Peer Visitor Program, National Peer Support Group Network, education, outreach, news and updates and community events.

Phone: 888.267.5669

Website: <https://amputee-coalition.org>

Arthritis Foundation

Trained helpline representatives who understand arthritis and can provide the most up-to-date information, guidance and best support possible. Also, have Live Yes! Support Groups that help with supportive social connections.

Phone: 1.800.283.7800

Website: <https://www.arthritis.org>

National Kidney Foundation (NKF) Serving the Carolina-North Carolina

Provides support for patients, family members and care partners affected by kidney disease, organ donation or transplantation.

NKF Cares Patient Information Help Line: 855.653.2273 (Monday – Friday, 9am - 7pm)

NKF Serving the Carolinas Phone: 704.519.0020

Website: www.kidney.org>offices>nkf-serving-carolinas

National Multiple Sclerosis Society

The Greater Carolinas Chapter is here to help people affected by MS to get information, connections and support needed to move their lives forward.

Phone: 1.800.344.4864

Website: www.nationalmssociety.org/resources/get-connected/in-your-area

The ALS Association (Amyotrophic Lateral Sclerosis/Lou Gehring's Disease)

Dedicated to providing you and your loved ones with information, support and tools you need free of charge. Provides assistance to the newly diagnosed, equipment/assistive technology, consultations, family support, support groups, resources, referrals and education.

Phone: 813.637.9000

Email: infoNC@als.org

Website: www.als.org/supprt/states/north.carolina

The American Lung Association

The lung helpline is open seven days a week and staffed by experienced registered nurses, respiratory therapists and certified tobacco treatment specialists. Connect with others, share experiences and learn from individuals in the free online forum for people facing lung disease. The Living with COPD virtual support group can help you build your support network and a place to chat with peers about COPD.

Phone: 866.252.2959

Email: Helplineinfo@lung.org

Website: www.lung.org

The COPD Foundation

The mission is to help millions of people live longer and healthier lives by advancing research, advocacy and awareness. By embracing innovations, they engage, educate and empower the COPD community. They mobilize partnerships between patients, caregivers, health care professionals, researchers, academic institutions, government agencies, patient advocacy groups and industry leaders with a common mission. A toll-free hotline is available for patients, caregivers and friends to receive one-on-one support and information.

COPD360 Community Support Line: 866.316.2673

Phone (General Inquiries): 866.731.2673

Email: info@copdfoundation.org

Website: www.copdfoundation.org

The Foundation for Peripheral Neuropathy

Our purpose is to strive to improve the lives of those affected by peripheral neuropathy through awareness, education, advocacy and research. Learn more about peripheral neuropathy with information on symptoms, treatments, support groups and upcoming events.

Phone: 847.883.9942

Email: info@ffpn.org

Website: www.foundationforpn.org

The Michael J. Fox Foundation for Parkinson's Research

The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.

Phone: 800.708.7644

Website: <https://www.michaeljfox.org/>

