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Director of Senior Services

# COMMUNITY RESOURCE DIRECTORY FOR OLDER ADULTS

Davidson County Department of Senior Services

555-B West Center Street Extension, Lexington, NC 27295  
211 West Colonial Drive, Thomasville, NC 27360  
336.242.2290

[www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)

Email: [seniorservices@davidsoncountync.gov](mailto:seniorservices@davidsoncountync.gov) • Web: [www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)



Revised 3/1/24



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## EMERGENCY NUMBERS

Ambulance .....	911
Animal Control .....	336.249.0131
Community Health & Human Service Resources...	211
Directory Assistance .....	411
Fire.....	911
North Carolina Road Conditions.....	511
Police.....	911
Poison Control .....	800.222.1222
Suicide & Crisis Lifeline.....	988

## PERSONAL NUMBERS

Hospital: \_\_\_\_\_

Doctor: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

Power Company: \_\_\_\_\_

Water Company: \_\_\_\_\_

Relative: \_\_\_\_\_

Neighbor: \_\_\_\_\_

## 24-HOUR HELPLINES

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

24/7 Help Line: 800.272.3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Daymark Recovery Services**

*An outpatient mental health and substance use disorders service provider that offers Mobile Crisis services. Allows someone to provide a crisis intervention anywhere in the community.*

24-Hour Mobile Crisis: 866.275.9552

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

### **Family Services of Davidson County**

*Highly trained crisis-line advocates talk confidentially with anyone experiencing sexual violence, seeking resources, or wondering how to help a friend or loved one. The 24-hour confidential crisis line provides rape-crisis intervention, support, information and referrals 365 days a year.*

24-hour Crisis Line: 336.243.1934

Website: [www.fsdco.org](http://www.fsdco.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **Hope4NC Helpline**

*Connects you to mental health support 24/7.*

Phone: 855.587.3463

Website: <https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

### **Hope4Healers Helpline**

*Support for healthcare workers, childcare workers and first responders. Available 24/7.*

Phone: 919.226.2002

Website: <https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

### **National Disaster Distress Helpline**

*24/7 crisis counseling.*

Phone: 800.985.5990

Website: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

### **National Suicide Prevention Hotline**

*Offers free and confidential support for people in distress, prevention and crisis resources. Available 24/7.*

Phone: 988

Website: <https://988lifeline.org/>

**National Domestic Violence Hotline**

*24/7 confidential support.*

Phone: 800.799.7233

Website: <https://www.thehotline.org>

**North Carolina Poison Control Center**

*Resource for poisoning information, 24/7.*

Phone: 800.222.1222

Website: <https://www.ncpoisoncontrol.org/>

**Veterans Crisis Line**

*Voluntary, Confidential, Free and Professionally Staffed 24/7.*

Crisis Phone Number: 988, ext. 1

Phone: 800.273.8255 Press 1

Text: 838255

Website: <https://www.veteranscrisisline.net/get-help/chat>

## ABUSE AND NEGLECT

**Davidson County Adult Protective Services**

*Accepts reports of abuse, neglect and exploitation of vulnerable/disabled adults age 18 and over.*

Location: 918 Greensboro Street, Lexington, NC 27292

Phone: 336.242.2839

Hours: Monday – Friday, 8:00am – 5:00pm

After Hours, Weekends, Holidays: 336.249.0131 - ask for on-call social worker

Website: <https://www.co.davidson.nc.us/407/Adult-Protective-Services>

**Family Services of Davidson County**

*Provides counseling, advocacy, shelter and safety planning for individuals and families experiencing abuse, neglect, domestic violence, human trafficking and sexual violence. Services are provided through insurance, sliding scale fees, grant programs and Employee Assistance Programs.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday, 8:30am - 3:00pm

Counseling available 5:00 - 7:00pm by appointment only.

Hattie Lee Burgess Shelter: Open 24 hours

24/7 Domestic Violence/Crisis/Shelter Line: 336.243.1934

Website: [www.fsdco.org](http://www.fsdco.org)

<https://www.facebook.com/FamilyServicesDavidson/>

## ADULT DAY CARE / ADULT DAY HEALTH

### **Carolina Senior Care / PACE Program**

*A Program of All-Inclusive care for the elderly.*

Location: 802 East Center Street, Lexington, NC 27292

Phone: 336.746.3500

Toll-Free: 833.223.4476 TTY: 800.735.2962

Email: [Info@CarolinaSeniorCare.org](mailto:Info@CarolinaSeniorCare.org)

Hours: Monday – Friday, 8:00am – 5:00pm; Access to care is available 24 hours/day.

Website: [www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

### **The Life Center of Davidson County**

*Provides quality day care and day health for older adults and impaired adults.*

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

Hours: Monday – Friday, 7:15am – 5:00pm

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

## ADVOCACY

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person; educates and advocates for seniors.*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: <https://states.aarp.org/north-carolina/>

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

*All offices not open for appointments - working remotely.*

#### **Charlotte Office**

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 9:00am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Davidson County Transitional Services (DCTS)**

*Helps people reach individual success everyday through consulting, education and referral services by connecting them to a collaborative support network in times of transition.*

Location: 11 Farmview Road, Thomasville, NC 27360  
Mailing Address: P.O. Box 632, Thomasville, NC 27361  
Phone: 336.472.0625  
Hours: By Appointment  
Website: <https://dctsinc.org/>

### **Disability Rights NC**

*Serves children and adults with disabilities living in NC; provides advocacy and legal services at no charge for people with disabilities living in North Carolina.*

Location: 801 Corporate Center Drive, Suite 118, Raleigh, NC 27607  
Phone: 919.856.2195  
Toll-Free: 877.235.4210  
TTY: 800.735.2962(English) 888.825.6570(Spanish)  
Email: [Info@DisabilityRightsNC.org](mailto:Info@DisabilityRightsNC.org)  
Hours: Monday – Friday, 8:00am – 5:00pm  
Website: [www.disabilityrightsn.org](http://www.disabilityrightsn.org)

### **Division of Health Service Regulation – Complaint Hotline**

*Oversees medical, mental health and adult care facilities, emergency medical services and local jails to ensure safe and appropriate care is being administered. Complaints may be shared with this unit via phone, fax or postal mail.*

Location: Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699-2711  
Phone: 800.624.3004  
Hours: Monday – Friday, 9:00am – 12:00pm; 1:00pm - 4:00pm excluding state holidays  
Fax: 919.715.7724  
Website: <https://info.ncdhhs.gov/dhsr/ciu/filecomplaint.html>

### **NC Senior Tar Heel Legislature**

*Promotes citizen involvement and advocacy concerning aging issues before the NC General Assembly. There is one delegate to the Senior Tar Heel Legislature from each of the 100 counties in the state.*

Davidson County belongs to Region G – Piedmont Triad Regional Council  
1398 Carrollton Crossing, Kernersville, NC 27284  
Phone: 336.904.0300  
Website: [www.ncseniortarheellegislature.org](http://www.ncseniortarheellegislature.org)

### **Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program**

*An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of Nursing and Adult Care Home residents.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284  
Phone: 336.904.0300  
Hours: Monday – Friday, 8:30am – 5:00pm  
Website: <https://www.ptrc.org/services/area-agency-on-aging/long-term-care>



### **Solutions for Independence**

*Advocacy and assistance for individuals with disabilities*

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.sicilnc.org](http://www.sicilnc.org)

## **ANIMAL RESOURCES**

### **Animal Control**

*Animal Control Officers are responsible for protecting the public by enforcing state laws and local ordinances concerning domestic dogs running at large, stray animals, rabies control and the investigation of animal cruelty complaints.*

Phone: 336.249.0131 Trap Requests: 336.242.2904

Hours: Davidson County: Monday – Friday 8:00am – 10:00pm

Lexington City: Monday-Friday 8:00am-5:00pm

Thomasville City: Monday-Friday 8:00am-5:00pm

Website: <https://www.co.davidson.nc.us/999/Animal-Control>

### **Davidson County Animal Alliance**

*Assists the pet's family with spay/neuter funds, vaccinations, food, medicine, pet housing, fenced enclosures to unchain dogs and assistance with rehoming pets.*

Mailing Address: PO Box 183, Thomasville, NC 27361-0183

Email: [dcanimalalliance@gmail.com](mailto:dcanimalalliance@gmail.com)

Website: <https://dcanimalalliance.org>

### **Davidson County Animal Shelter**

*Protects, feeds and houses the stray, injured, abused or unwanted animals in the county. Provides rabies shots for \$10.00.*

Location: 490 Glendale Road, Lexington, NC 27292

Phone: 336.357.0805

Hours: Monday – Friday, 11:00am – 5:00pm, Saturday, 11:00am – 3:00pm

Email: [davidsonanimalshelter@gmail.com](mailto:davidsonanimalshelter@gmail.com)

Website: <https://www.co.davidson.nc.us/149/Animal-Shelter>

### **The Humane Society of Davidson County**

*Advocates for animals, provides spay & neuter assistance and transport, offers a sick & injured fund and a pet food pantry; investigates animal cruelty cases and hosts adoption fairs.*

*Pet food pantry is available the 1<sup>st</sup> Wednesday of each month from 11:00am - 1:00pm.*

Location: 1120 Piedmont Drive, Lexington, NC 27292 – by appointment only.

Mailing Address: P.O. Box 1791, Lexington, NC 27293

Phone: 336.248.2706 - Please leave message and volunteer will call back.

Spay/Neuter Line: 336.237.0131 - Please leave message and volunteer will call back.

Thrifty Paws Thrift Store Hours: Friday, 2:00pm - 5:00pm; Saturday, 10:00am - 2:00pm

Email: [DavidsonHumane@gmail.com](mailto:DavidsonHumane@gmail.com)

Website: [www.hsdcdc.org](http://www.hsdcdc.org)

### **Spay and Neuter Instead of Pregnancy (SNIP)**

*SNIP is a partnership of Davidson County Animal Alliance and Ruff Love Rescue. Our goal is to reduce the overpopulation of animals in Davidson County by offering low cost spay/neuter services to Davidson Co. residents.*

Email: [snip4dc@gmail.com](mailto:snip4dc@gmail.com)

Website: [www.co.davidson.nc.us/716/spay-and-neuter](http://www.co.davidson.nc.us/716/spay-and-neuter)

Facebook: SNIPDC

## **BEREAVEMENT & GRIEF SERVICES**

### **Family Services of Davidson County**

*Provides individual, couples, family and group outpatient counseling services to all ages. Grief counseling services are available to individuals, couples and families.*

Location: 1303 Greensboro Street Ext, Lexington, NC 27295

Phone: 336.249.0237

Hours: Monday – Thursday, 8:30am – 5:00pm. 5:00pm - 7:00pm by appointment only.

Friday, 8:30am - 3:00pm

Website: [www.fsdco.org](http://www.fsdco.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **GriefShare**

*A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way. Free to around \$20.00 to cover the cost of the participant guide. Check website for a group in your area.*

Website: [www.griefshare.org](http://www.griefshare.org)

### **Hospice of Davidson County**

*Grief is a normal response of emotions, thoughts, and behaviors following the loss of someone or something important to you. Services are free-of-charge and open to the public. We provide one-on-one grief counseling appointments, bereavement and memorial activities, and grief counseling for children, and a monthly support group (meets 2:00pm-3:00pm the 1<sup>st</sup> Wednesday of every month).*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: [www.hospiceofdavidson.org/grief-programs](http://www.hospiceofdavidson.org/grief-programs)

### **Hospice of the Piedmont**

*Offers grief support services for their patients, their families and caregivers through their Grief Counseling Center. Through compassionate listening and proven techniques for healing, the Hospice professionals continue to walk side-by-side with you, demonstrating that you are not alone and better days will come. All grief counseling and supportive services offered free of charge. Check website or call for more information.*

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446 (answered 24 hours a day)

Website: <https://www.hospiceofthepiedmont.org/programs/grief->

**Trellis Supportive Care, Winston-Salem, Salisbury**

*Provides individualized and group grief counseling services for 13 county service areas.*

Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Location: 301 South Main St, Suite 105, Salisbury, NC 28144

Phone: 704.637.7645

Counseling Dept: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.trellissupport.org/>

## BLIND & VISUALLY IMPAIRED

**En-Vision America**

*Provides ScriptAbility, which includes prescription labels in Braille, large print and talking. Ask your pharmacy if they could set up prescriptions with ScriptAbility labels. Initial setup may take one week, then later prescriptions can be filled quickly.*

Walmart - 1585 Liberty Drive, Thomasville, NC 27360; Phone: 336.474.2264

Walmart - 3475 Parkway Village Court, Winston Salem, NC 27127; Phone: 336.771.1011

Walmart - 323 S. Arlington Street, Salisbury, NC 28144; Phone: 704.639.9804

Website: [www.envisionamerica.com](http://www.envisionamerica.com)

**EyeCare America**

*If you are a U.S. citizen or legal resident age 65+, have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care, you may be eligible for free eye care services. If eligible, you can schedule a comprehensive eye exam with a participating ophthalmologist (may be free of cost). The program does not cover the cost of eyeglasses, prescription drugs, hospital services or fees from other medical professionals.*

Mailing Address: P.O. Box 7424, San Francisco, CA 94120-7424

Phone: 877.887.6327

Hours: Monday – Friday, 11:00am – 5:00pm Eastern Time

Website: [www.aao.org/eyecare-america](http://www.aao.org/eyecare-america)

Email: [eyecareamerica@aao.org](mailto:eyecareamerica@aao.org)

**NC Accessible Books and Library Services**

*Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual, physical or reading disability.*

Location: 1841 Capital Blvd., Raleigh, NC 27635

Phone: 984.236.1100

Toll-Free: 888.388.2460

Hours: Monday – Friday, 8:00am – 5:00pm excluding state holidays

Email: [ncabls@ncdcr.gov](mailto:ncabls@ncdcr.gov)

Chat with a Reader Advisor Online: Monday – Friday, 8:30am – 4:30pm excluding state holidays

Website: <https://statelibrary.ncdcr.gov/lbph>

### **NC Lions Clubs (Help with Glasses)**

*Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens. Please call for specific eligibility requirements.*

Location: 7062 Camp Dogwood Drive, Sherrills Ford, NC 28673

Mailing Address: P.O. Box 39, Sherrills Ford, NC 28673

Phone: 828.478.2135

Toll-Free: 800.662.7401

Website: [nclf.org](http://nclf.org)

### **Services for the Blind, Davidson County**

*Provides a variety of services to persons who are blind or visually impaired for the entire spectrum of vision loss to help with medical eye care (MEC), maintaining independence in the home and community, as well as obtaining and maintaining competitive employment through training and accommodations. Disability awareness and sensitivity training available at no cost.*

Location: 211 West Colonial Drive, Thomasville, NC 27360

Contact: Santana Boyd, Social Worker

Phone: Davidson County 336.474.2709

Email: [Santana.boyd@dhhs.nc.gov](mailto:Santana.boyd@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/assistance/vision-loss>

### **Services for the Blind, Winston-Salem District Office**

Location: 4265 Brownsboro Rd. Suite 100, Winston-Salem, NC 27106

Phone: .336.896.2227

Website: [www.ncdhhs.gov/dsb/](http://www.ncdhhs.gov/dsb/)

## CANCER SERVICES

### **American Cancer Society**

*Funds and conducts cancer research, shares expert information, supports patients and prevention efforts.*

24/7 Support Line: 800.227.2345

Email & live chat are available through website.

Website: [www.cancer.org](http://www.cancer.org)

### **Cancer Services of Davidson County**

*Cancer Services provides emotional, physical and financial support to cancer patients in Davidson County.*

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday, 9:00am – 12:00pm

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

## COMMUNICATION SERVICES

### **Assurance Wireless Lifeline Program**

Assurance Wireless is a federal Lifeline Assistance Program that offers a free cell phone and phone service (T-Mobile) each month to those who qualify. Call or check online for eligibility.

Mailing address: P.O. Box 5040, Charleston, IL 61920

Phone: 888.321.5880

Website: [www.assurancewireless.com](http://www.assurancewireless.com)

### **CapTel North Carolina**

CapTel uses voice recognition technology to display verbatim captions of the conversation on the telephone's screen, allowing the person to hear and read all comments. Low-income residents may qualify to receive a CapTel phone at no cost through the Equipment Distribution Service from the NC Division of Services for the Deaf and Hard of Hearing. People who cannot hear over the phone may also be eligible to receive an internet-based CapTel phone at no cost with a signed certification of hearing loss from their audiologist or doctor.

Phone: 800.233.9130

Hours: 24/7 access excluding holidays

Website: <https://www.captel.com/states/north-carolina/>

### **ClearCaptions**

ClearCaptions provides phone captioning allowing the user to read the words spoken on a phone call. ClearCaptions products and services are free to qualified users as a relay cost through Title IV of the American with Disabilities Act.

Phone: 866.996.1546 (Information)

Hours: Monday – Friday, 8:00am – 10:00pm; Saturday/Sunday, 9:00am – 7:00pm

Website: <https://clearcaptions.com/>

### **Relay North Carolina**

Statewide service that connects standard telephone users with people who are deaf, hard of hearing, or deaf-blind using TTYs.

Voice: 800.735.0341

TTY: 800.735.0533

Hours: 24/7 access

Email: [captioning@t-mobile.com](mailto:captioning@t-mobile.com)

Website: [www.relaync.com](http://www.relaync.com)

### **SafeLink Wireless Lifeline Program**

Provides free cell phone services to eligible households; provided by TracFone Wireless Inc. Eligibility and income requirements must be met and vary by state. Limited to one person per household.

Correspondence: SafeLink Wireless PO Box 160490, Hialeah, FL 33016-9997

Phone: For Enrollment and Plan Changes Support: 800.SafeLink (723.3546)

Hours: Monday – Saturday, 8:00am – 10:00pm, Sunday 8:00am – 7:00pm

Website: <https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

## COMPUTER TRAINING

### **Davidson-Davie Community College**

*Please call or go to website for schedule of computer courses offered.*

Location: 297 DCC Road, Thomasville, NC 27360

Phone: 336.249.8186

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.davidsondavie.edu>

### **Davidson County Senior Services**

*Technology classes are offered for Davidson County residents age 55 and over at the Lexington and Thomasville locations. Please call either Senior Center for a current schedule.*

*Preregistration is required for class attendance.*

#### **Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

#### **Thomasville Office:**

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

## CONSUMER PROTECTION

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors. Can provide discounts on health insurance, automobile insurance, cell phones, dental, life insurance and possibly others.*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 276076

Phone: 866.389.5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: <https://states.aarp.org/north-carolina/>

### **Better Business Bureau of Central and Northwest NC**

*Provides verified, unbiased information about businesses through the BBB ratings and reviews.*

Location: 1617 NC Hwy 66 S, Suite 201, Kernersville, NC 27284

Phone: 336.852.4240

Phone Hours: Monday – Friday, 9:00am – 3:00pm

Office Hours: Monday – Friday 8:30am – 4:30pm

Please call ahead as most staff work remotely

Website: <https://www.bbb.org/local-bbb/bbb-serving-central-and-northwest-north-carolina>

### **NC Attorney General**

*Protects NC citizens from crime and consumer fraud.*

Location: 9001 Mail Service Center, Raleigh, NC 27699

Phone: 919.716.6400 (to file a complaint or for resources for victims)

RoboCall Hotline: 844.866.7626 (to report RoboCalls)

Website: <https://www.ncdoj.gov/>

### **NC Department of Insurance**

*Answers questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified diseases and other coverages.*

Location: 3200 Beechleaf Court, Raleigh, NC 27604

Mailing address: 1201 Mail Service Center, Raleigh, NC 27699

Phone: 855.408.1212

Website: [www.ncdoi.gov](http://www.ncdoi.gov)

## COUNSELING

### **CareNet Counseling – Atrium Health Wake Forest Baptist**

*Provides counseling specific to older adults for issues such as grief, depression, family conflicts, anxiety, health, spiritual growth and more.*

Location: 403 South Hawthorne Road, Winston-Salem, NC 27103

Phone: 336.716.0855

Website: [www.carenetnc.org](http://www.carenetnc.org)

### **Daymark Recovery Services**

*An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advanced access/emergency walk-in services during regular business hours.*

Hours: Monday – Friday, 8:00am – 5:00pm

Location: 1104A South Main Street, Lexington, NC 27292

Phone: 336.242.2450

24-Hour Mobile Crisis: 866.275.9552 Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community.

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

### **Family Services of Davidson County**

*Provides individual, group, couples and family outpatient counseling services to all ages.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

24/7 Domestic Violence Crisis Line: 336.243.1934

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday, 8:30am - 3:00pm

Counseling available 5:00pm - 7:00pm by appointment only.

Website: [www.fsdco.org](http://www.fsdco.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>



### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities.*

Location: 4140 N. Cherry St., Winston Salem, NC 27105

Phone: 866.272.7826

Hours: Monday-Friday 8:00am - 5:00pm

Website: <https://monarchnc.org/service-locations/davidson/>

### **RHA Health Services**

*RHA provides comprehensive behavioral health supports including mental health support services and substance use services.*

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Office Hours: 8:30am - 4:30pm

Walk-In Intakes: Tuesdays & Thursdays, 9:00am - 3:00pm

Closed daily for lunch from 12:30pm - 1:00pm

Website: <https://rhahealthservices.org/>

### **Silver Linings for Seniors, Inc.**

*Senior counseling for mindful living; mental health counseling, group therapy and meditation and relaxation training; Teletherapy only in Davidson County.*

*Accepts Medicare, some insurance and private pay on a sliding scale.*

Location: 1250 SE Maynard Road, Suite 204, Cary, NC 27511

Phone: 919.948.7718

Email: [info@silverliningsnc.com](mailto:info@silverliningsnc.com)

Website: [www.silverliningsnc.com](http://www.silverliningsnc.com)

## DEAF & HARD OF HEARING

### **Free Guide to Financial Assistance for Hearing Aids through the Better Hearing Institute**

*Please contact Davidson County Senior Services to receive your free guide or download the guide from the website listed below.*

Website: [https://betterhearing.org/HIA/assets/File/public/HIA\\_Financial-Assistance-Guide.pdf](https://betterhearing.org/HIA/assets/File/public/HIA_Financial-Assistance-Guide.pdf)

### **Services for the Deaf & Hard of Hearing of Davidson County**

Location: 8 Franklin Street, Lexington, NC 27292

Videophone: 336.899.7059

Phone (Voice): 336.236.1057

Email: [info@sdhdc.org](mailto:info@sdhdc.org)

Hours: Monday – Thursday, 9:00am – 3:00pm; Friday 10:00am-2:00pm

Website: [www.sdhdc.org](http://www.sdhdc.org)



### **NC Division-Services for Deaf & HOH (get one free hearing aid every 6 years)**

DSDHH can help advocate for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf/Blind and assist with communication needs, community resources, information, consultation and education to community agencies, A consumer may obtain one (1) hearing aid or one (1) amplified/accessible phone. Qualifications must be met and it is preferred that the individual go over the financial requirements with a representative in our office.

#### **Greensboro Regional Center**

Location: 415 North Edgeworth Street, Suite 175, Greensboro, NC 27401

Phone: 336.273.9692 Toll-Free (Voice): 888.467.3413

Video Phone: 336.429.5644 TTY: 336.273.5842

Hours: Monday – Friday, 8:00am – 5:00pm; can also leave a voice message 24/7 to receive a return call.

Website: [www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm](http://www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm)

#### **Organization Links:**

Division of Services for the Deaf & the Hard of Hearing – [www.ncdhhs.gov/divisions/dsdhh](http://www.ncdhhs.gov/divisions/dsdhh)

Eastern North Carolina School for the Deaf (Wilson) - [www.encsd.net](http://www.encsd.net)

Hearing Loss Association of North Carolina - [www.nchearingloss.org](http://www.nchearingloss.org)

North Carolina American Sign Language Teachers Association- <https://www.ncaslta.org>

North Carolina Association of the Deaf - <http://www.ourn cad.org/>

North Carolina Black Deaf Advocates (National Web Page) - [www.ncbda.org](http://www.ncbda.org)

North Carolina Registry of Interpreters for the Deaf- <https://northcarolinarid.org/>

North Carolina School for the Deaf (Morganton) - [www.ncsd.net](http://www.ncsd.net)

North Carolina Vocational Rehabilitation – <https://www.ncdhhs.gov/divisions/dvrs/>

#### **Additional Resources**

The following providers may assist persons having hearing or speech impairments:

Beltone Hearing Aid Center	<a href="http://www.beltone.com">www.beltone.com</a>	336.249.2889
Communication Access Partners, Inc.	<a href="http://www.capincusa.com">www.capincusa.com</a>	336.993.4200
Relay NC (TTY)/24-hour availability	<a href="http://www.relaync.com">www.relaync.com</a>	800.735.0533 or 711
Relay NC (voice)/24-hour availability	<a href="http://www.relaync.com">www.relaync.com</a>	877.735.0341 or 711

## DEMENTIA & ALZHEIMER'S

### **Alzheimer's Association**

Information and advice on care and support for those affected by Alzheimer's disease and other dementias. All offices not open for appointments - working remotely.

#### **Charlotte Office**

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 9:00am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Duke Dementia Family Support Program**

*A no-cost service for NC families caring for someone with a memory disorder or cognitive impairment.*

- Personalized consultations to help families address questions, concerns, and decisions related to their loved one. Consultations are available by phone, email, Zoom, or in person.
- Assistance locating support groups and educational programs.
- NC Project C.A.R.E. – care consultation and respite services for caregivers
- with family members at home

Main Phone: 919.660.7510

Direct #: 919.660.7542 Contact: Natalie Leary

Website: [www.dukefamilysupport.org](http://www.dukefamilysupport.org)

Email: [Natalie.leary@duke.edu](mailto:Natalie.leary@duke.edu)

### **Information or Support Groups**

Alzheimer's Association [www.alz.org/northcarolina](http://www.alz.org/northcarolina) 800.272.3900, 24-Hour Helpline

Atrium Health Wake Forest <https://www.wakehealth.edu/Condition/a/Alzheimers-Disease>

Dementia Alliance of NC <https://dementianc.org/> 919.832.3732

Caregiver Action Network [www.caregiveraction.org](http://www.caregiveraction.org) 855.227.3640

### **Life Center of Davidson County**

*Our Mission at The Life Center of Davidson County, Inc. is to provide high quality day time care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel. We serve both participants and their families from all areas of Davidson County.*

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:15am – 5:00pm

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com) and [caregiversofdc.com](http://caregiversofdc.com)

### **Caregiver Academy (hosted by Hospice of Davidson County, The Life Center, Atrium Wake Forest Baptist Health, Davidson County Senior Services)**

Quarterly meetings, location varies.

Phone: 336.242.2945

<http://www.lifecenterdavidson.com/caregiver-academy/>

### **Family Caregiver Support Group**

3<sup>rd</sup> Wednesday of each month, 2:00pm – 3:00pm

Phone: 336.249.2155 to register

Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>

### **Parkinson's Support Group**

3<sup>rd</sup> Thursday of each month, 1:30pm – 2:30pm

Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>

Email: [nsmith@lifecenterdavidson.com](mailto:nsmith@lifecenterdavidson.com)

Phone: 336.249.2155

## DENTAL SERVICES

### **Kintegra Family Dentistry-Lexington**

*Copay for initial visit is \$50 per service for uninsured patients (application required)*

*Sliding Scale used after first visit.*

Lexington Location: 32 Kirkwood Ave. Lexington, NC 27292

Phone: 336.243.3201 (Dental clinic)

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday, 7:00am – 3:00 pm.

Closed Monday-Thursday, 12:00pm – 1:00 pm

Website: <https://www.kintegra.org/kintegra-family-dentistry-lexington/>

### **Dental Lifeline Network**

Donated dental services program provides free, comprehensive dental treatment to the country's most vulnerable people with disabilities or who are elderly or medically fragile.

\*\*\*lengthy wait list – not currently serving Davidson County due to long wait list. If you have

**documentation from a physician** stating you cannot receive essential medical treatment due to your dental condition you can apply for the program even if your county is closed. If you are a **veteran** who meets the qualifications above, please apply to the program even if your county is closed.

Contact: Carrie Hebert, DDS Coordinator

P.O. Box 1654, Cary, NC 27512

Phone: 919.677.9001

Website: [www.dentallifeline.org/north-carolina/](http://www.dentallifeline.org/north-carolina/)

### **ECU School of Dental Medicine**

#### **Community Service Learning Center – Davidson County**

*Faculty, student and resident providers offer comprehensive general dental services for adults, children, and special needs patients. Appointments required. Dental care is provided at a reduced cost for persons with lower incomes and no dental insurance. Medicaid and most dental insurance plans are also accepted. Offers a reduced fee scale program by application only.*

Location: 1235 Davidson Community College Road, Thomasville, NC 27360

Phone: 336.236.0165

Hours: Monday, Tuesday, Thursday, Friday, 8:00am – 5:00pm Wednesday, 10:00am - 5:00pm

Website: [www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm](http://www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm)

### **North Carolina Dental Society Foundation Missions of Mercy**

*Program offers portable free dental clinics conducted over a two-day period on Friday and Saturday from 6:00am – 4:00pm, each held in a NC host city. Clinic programs rotate throughout the state each year. NCMOM dental services are provided to adults with income less than 200% of the Federal Poverty Level Guidelines. Most clinics accept walk-ins while some clinics are by appointment only. Please check the website for details for each clinic.*

Location: 1600 Evans Road, Cary, NC 27513

Phone: 919.234.4027

Hours: Monday – Thursday, 8:00am – 5:00pm; Friday, 8:00am – 12:00pm

Toll-Free Phone: 800.662.8754

Website: [https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-\(mom\)](https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-(mom))

## DISABILITY-RELATED SERVICES

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

*All offices not open for appointments - working remotely.*

#### **Charlotte Office**

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 9:00am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **The Arc of Davidson County, Inc.**

*An advocacy/direct supports organization for people of all ages with intellectual and developmental disabilities; Group homes, day program, respite, employment supports, other one-on-one services.*

Location: 1900 South Main Street Lexington, NC 27292

Phone: 336.248.2842

Fax: 336.224.2173

Hours: Monday – Friday, 8:30am – 5:00pm

Website: [www.arcdavidson.org](http://www.arcdavidson.org)

### **Assistive Technology Device Financing**

*Self-Help Credit Union's Alternative Financing Program provides low-interest loans for assistive technology to increase independence and participation in home, work, school and community settings. AFP loans can be used to purchase hearing aids, adapted computers, vehicle or home modifications, vision aids and other devices depending upon each individual's disability, needs and goals.*

Location: 301 West Main Street, Durham, NC 27701

Phone: 980.296.6793 (Tammy Pereboom)

Call Center: 800.966.7853

Website: <https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

### **CAP/DA (Community Alternative Program for Disabled Adults)**

*Supportive Care Solutions serves Davidson County disabled adults age 18 and over, eligible for Medicaid, must meet other requirements. Alternative to nursing home placement; allowing eligible recipients to receive care at home rather than going into nursing home.*

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: 336.859.5555

Email: [LisaMatney@SCSolutions.org](mailto:LisaMatney@SCSolutions.org) or [MelissaSwink@SCSolutions.org](mailto:MelissaSwink@SCSolutions.org)

Website: [www.scsolutions.org](http://www.scsolutions.org)

### **Careforth**

*Are you caring for a loved one at home? If so, you might be eligible for Coordinated Caregiving, a new caregiver coaching and support program available to Medicaid beneficiaries with either the CAP/C(children) or CAP DA (adults) waiver. This includes older adults and people with disabilities in Davidson County. Careforth's "Coordinated Caregiving" program provides on-going support for you as you care for your loved one at home. It was approved through the NC General Assembly and 100% funded by NC Medicaid. Caregivers receive a financial stipend, ongoing support from a professional care coach and access to secure mobile app to connect you with your coach.*

Phone: 704.605.8835

Website: [www.careforth.com](http://www.careforth.com)

Email: [pkoch@careforth.com](mailto:pkoch@careforth.com)

### **Disability Rights of North Carolina**

*Disability Rights NC is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC.*

Location: 801 Corporate Drive Suite 118, Raleigh, NC 27607 (office remains closed to visitors as staff are working remotely)

Phone: 919.856.2195

Toll Free: 877.235.4210

TTY: 888.735.2962

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.disabilityrightsn.org](http://www.disabilityrightsn.org)

### **Duke Energy – Medically Essential Program**

*Medical Alert is a Duke Energy program that recognizes customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medically Essential customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.*

Phone: 800.777.9898

Hours: 7:00am – 7:00pm

Website: <https://www.duke-energy.com/home/billing/special-assistance/medically-essential>

### **Easter Seals of North Carolina**

*Helps people with disabilities and mental health challenges as well as their families live, learn, work and play in their communities.*

Location: 5171 Glenwood Avenue Suite 211, Raleigh, NC 27612

Phone: 919.865.8606

Toll Free: 800.662.7119

Email: [info@eastersealsucp.com](mailto:info@eastersealsucp.com)

### **First in Families of North Carolina/Southern Piedmont**

*Supports people with developmental disabilities and traumatic brain injury and their families throughout NC.*

Location: P.O. Box 1643, Indian Trail, NC 28079

Phone: 704.702.8797

Email: [ccarroll@fifnc.org](mailto:ccarroll@fifnc.org)

Website: [www.fifnc.org](http://www.fifnc.org)

### **Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program**

*Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases (power and manual wheelchairs, stairlifts, tracking systems). Must be owner occupied home and qualify based on income. May be eligible if individual has significant disability which severely limits their ability to live independently. These services must be able to improve the ability to live independently.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

### **The Job Accommodation Network (JAN)**

*Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.*

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: 800.526.7234

TTY: 877.781.9403

Website: [www.askjan.org](http://www.askjan.org)

### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities.*

Location: 4140 N. Cherry St., Winston Salem, NC 27105

Phone: 866.272.7826

Hours: Monday – Friday, 8:00am - 5:00pm

Website: [www.monarchnc.org](http://www.monarchnc.org)

### **NC Assistive Technology Program**

*Provides device demonstration, device trial, short-term device loans and reutilization of assistive technology; financing is available through the Self-Help Credit Union's 20 locations.*

Location: Medical Plaza-Miller, 131 Miller Street, Winston Salem, NC 27103

Phone: 336.716.8030 Contact: Paul Eklund (Please call to schedule an appointment).

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program>



### **NC License Plate Agency**

*Handicap sign or license plate*

**Thomasville** Location: 1650 Liberty Drive, Suite 500, Thomasville, NC 27360

Phone: 336.472.7334

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://www.ncdot.gov/dmv/title-registration/license-plates/Pages/disability-placards-plates>

### **NC RAMMP (Access Makes Mobile People)**

*Funded by the Christopher and Dana Reeve Foundation, NC RAMMP may be able to loan a portable metal ramp to people with mobility difficulties.*

Phone: 336.716.8030; NC Assistive Technology Program- Paul Eklund

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

### **NC Vocational Rehabilitation Services**

*The Division of Vocational Rehabilitation Services (DVRS) is a statewide agency which helps people with disabilities ages 14 and older to achieve their goals for employment and independence.*

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: 336.867.6180

Toll Free: 877.727.4508

Unit Manager: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm excluding state holidays

Website: [www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)

### **Parkinson Association of the Carolinas**

*The goal for the Parkinson Association of the Carolinas (PAC) is to help support people with Parkinson's disease throughout North and South Carolina so that they can remain independent and stay active in the community until a cure is found.*

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Mailing Address: P.O. Box 1465, Matthews, NC 28106

Phone: 980.245.2786

Toll-free: 866.903.7275

Email: [pac@parkinsonassociation.org](mailto:pac@parkinsonassociation.org)

Website: <https://www.parkinsonassociation.org/>

### **Parkinson's Foundation**

*The Parkinson's Foundation launched the Aware in Care campaign in 2011 to help people with Parkinson's disease (PD) get the best care possible during a hospital stay. Research has found that three out of four people with Parkinson's do not receive medications on time when staying in the hospital, and that when this occurs two out of three will experience unnecessary complications. With more frequent hospital visits and a high sensitivity to the timing and dosing of PD medications, people with Parkinson's face great risks in the hospital.*

Helpline: 800.473.4636 Hours: 9:00am – 7:00pm

Local Chapter: 336.817.4190

Email: [Helpline@parkinson.org](mailto:Helpline@parkinson.org)

Website: <https://www.parkinson.org/resources-support/hospital-safety-guide>

### **RHA Health Services: Passageways - Psychosocial Rehabilitation Program (PSR)**

*Passageways is one of RHA's psychosocial rehabilitation (PSR) programs. Key components of the PSR include self-advocacy, personal care, daily life skills and the discovery of employment opportunities.*

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Hours: 8:00am - 2:00pm (day program)

Website: <https://rhahealthservices.org/>

### **Social Security Administration**

#### **Salisbury Location:**

1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday – Friday, 9:00am – 4:00pm

#### **Winston-Salem Location:**

1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

Hours: Monday, Tuesday, Thursday, Friday, 9:00am – 4:00pm, Wednesday 9:00am – 12:00pm

#### **National Office:**

Phone: 800.772.1213 available 24/7 for recorded information.

Toll-Free TTY: 800.325.0778

Website: [www.ssa.gov](http://www.ssa.gov)

### **Solutions for Independence**

*Advocacy and assistance for individuals with disabilities.*

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.sicilnc.org](http://www.sicilnc.org)



### **Vocational Rehabilitation and Independent Living**

*Offers a variety of services including guidance, rehabilitation, home and vehicle modifications, skills training, certain equipment purchases, assistance with leisure activities, and personal assistance services among many others if eligible. Application process for services.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.784.2700 or 336.968.3230

Toll-Free: 877.699.7578

Video Phone 336.245.4103

TTY 336.784.2717

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

## EDUCATION

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Provides educational information and classes on health and wellness, caregiving, employment, financial planning, computer training and more.*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: <https://states.aarp.org/north-carolina/>

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

*All offices not open for appointments - working remotely.*

#### **Charlotte Office**

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 9:30am – 3:30pm (check before visiting)

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 9:00am – 3:30pm (check before visiting)

24/7 Help Line: 800.272.3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Davidson Davie Community College**

Location: 297 DCC Road, Thomasville, NC 27360

Phone: 336.249.8186

Business Office Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.davidsondavie.edu](http://www.davidsondavie.edu)

### **Davidson County Senior Services**

*Provides educational programs for Davidson County residents 55 and older.*

**Lexington** Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville** Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

### **NC Cooperative Extension – Davidson County Office**

Location: 301 East Center Street, Lexington, NC 27292

Phone: .336.242.2080

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://davidson.ces.ncsu.edu/>

### **Partners Health Management Gero Team**

Provides Geriatric Adult Mental Health and Dementia Trainings to community stakeholders free of charge in 13 counties.

Phone: 704-884-2505

Email: [gast@partnersbhm.org](mailto:gast@partnersbhm.org)

Website: <https://www.partnersbhm.org/geriatric-adult-specialty-team/>

## EMERGENCY ASSISTANCE

### **American Red Cross – Piedmont Triad Chapter**

*The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.*

Location: 1501 Yanceyville Street, Greensboro, NC 27415

Phone: 336.333.2111 National Hot Line Phone: 800.733.2767 1-800-REDCROSS

Emergency Communication Service: 877.272.7337

Hours: Monday – Friday, 8:30am – 5:00pm

Local Website: [www.redcross.org/local/north-carolina/about-us/locations/piedmont-triad.html](http://www.redcross.org/local/north-carolina/about-us/locations/piedmont-triad.html)

National Website: [www.redcross.org](http://www.redcross.org)

### **Cooperative Community Ministry (CCM) in Thomasville**

*Financial assistance with rent, utilities, and help with deposits 1x per year per household.*

Financial Assistance is by appointment only on Tuesdays and Thursdays.

Food pantry: Monday/Tuesday/Thursday/Friday, 8:30am - 12:30pm, Wednesday 11:30am - 3:30pm.

Meals served 3x per week on Tuesday/Thursday/Friday from 6:00 - 7:00pm. Call ahead for meal schedule.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: [batkins@ccmtville.org](mailto:batkins@ccmtville.org)

Website: [www.ccmtville.org](http://www.ccmtville.org)

### **Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)**

*Serves the hungry and homeless with clothing, food and shelter.*

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter is open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Homeless Shelter Case Managers: Jenny Brinkle and Donna Phillips

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

### **Davidson County Firefighters-Free Smoke Alarms**

*Smoke Alarms – must be installed by fire department*

Lexington City Fire Marshal 336.248.3933

Davidson County Fire Marshal 336.242.2270, press 2

Thomasville City Deputy Fire Chief 336.475.5545

[www.thomasville-nc.gov](http://www.thomasville-nc.gov)

### **Fairgrove Family Resource Center**

*Thomasville residents only; assists with past due utilities and rent/mortgage; by appointment only.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

### **The Father's Storehouse**

*The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc. They also serve lunch.*

Call 336.475.4357 to hear a detailed message and the dates of the program for that month.

Check in by 9:00am to be a part of that day's program. Also bring required information.

Mondays: 8:30 - 11:00am - free breakfast

Location: 609 National Hwy, Thomasville, NC 27360. (across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP (4357)

Hours: Call and listen to recorded message for that month's program dates.

Email: [TheFathersStore@aol.com](mailto:TheFathersStore@aol.com)

Website: [www.thefathersstorehouse.com](http://www.thefathersstorehouse.com)

### **Midway Methodist Church**

Midway Methodist church provides essential support services for individuals and families in need within the local community. Their offerings are tailored to address immediate necessities such as food insecurity and financial difficulties to housing and utilities.

**Food Pantry:** Access to essential groceries for families facing food insecurity.

**Financial Support:** Case-by-case support with rent and power bills for residents living within 5 minutes of the church. This assistance is limited to once a year per family.

**Residency Requirement:** Assistance with bills is available exclusively to those residing within a five-mile radius of the church location to ensure local community support.

**Contact for Support:** Individuals are encouraged to contact the church directly to discuss their situation and determine eligibility.

Location: 9795 Old US 52, Lexington, NC 27295

Phone: for inquiries and assistance, please call 336.764.0990

Website: visit [midwaymethodist.org](http://midwaymethodist.org) for more detailed about our services and programs.

Office Hours: Open from Monday to Thursday, 8:00am – 4:00pm, Friday 8:00am – 2:00pm

### **Salvation Army of Davidson County, Lexington/Thomasville (Serves all of Davidson County)**

*Provides emergency financial assistance when funds are available (can help with present or past due rent, mortgage, electricity and water). Must have ID, proof of income, proof of bills, and something that shows what your recent emergency was (shows why have fallen behind on bills). Also provides women's ministries, seasonal services, disaster services, Boys and Girls Club, soup kitchen and food assistance.*

Location: 314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292

Phone: 336.481.7324 ext. 2 (Erica Trail-Social Worker)

Email: [Erica.Trail@USS.SalvationArmy.org](mailto:Erica.Trail@USS.SalvationArmy.org)

Lexington location: Monday-Friday, 8:00am - 12:00pm (walk in)

1:00pm - 4:00pm (by appointment only)

Thomasville location: 309 Etta Ln, Thomasville, (by appointment only)

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

### **South Davidson Family Resource Center in Denton**

*Food pantry and financial assistance requires income review.*

*Food pantry and clothes closet available once a month.*

*Call for more information.*

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

### **Sunnyside Ministry**

*Emergency Assistance for utilities and rent only for parts of northern Davidson County. Call first to find out if applicable to your residence location. Can complete an application online or pick up application at office. Once it is completed and submitted, a staff member will contact you to schedule an appointment/interview at a later date.*

*Must bring eviction notice, foreclosure notice or disconnection notice to the interview.*

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday - Friday; 9:00am - 11:00am

Monday - Thursday; 1:00pm - 3:00pm

Website: <https://sunnysideministry.org/>

## EMPLOYMENT & TRAINING

### **Davidson Works/ NC Works/ Career Center**

*Age 16 years & older; job search and workshops available without income eligibility; training, internship, scholarship have income requirements; Veteran services; Partner with Urban League (age 55+ assistance).*

Location: 719 West Center Street, Lexington, NC 27292 (housed in Goodwill Center)

Phone: 336.236.8021

Hours: Monday – Friday, 8:00am – 5:00pm

Email: [DavidsonCounty@NCWorks.gov](mailto:DavidsonCounty@NCWorks.gov)

Website: [www.NCworks.gov](http://www.NCworks.gov)

### **Goodwill Career Connections Center**

*Offers skills assessments, career coaching, resume and cover letter writing, assistance with applications, computers with high-speed internet access and interview simulators and Project Re-entry.*

*There are no eligibility requirements & service is free of charge.*

Location: 719 West Center Street, Lexington NC 27292

Phone: 336.236.8021

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.goodwillnwc.org/services/career-centers/>

### **NC Vocational Rehabilitation Services**

*The Division of Vocational Rehabilitation Services (DVRS) is a Statewide Agency which helps people with disabilities ages 14 and older to achieve their goals for employment and independence.*

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: 336.867.6180 Toll Free: 877.727.4508 (Contact: David Hiller)

Hours: Monday – Friday, 8:00am – 5:00pm excluding state holidays

Website: [www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)

### **Winston-Salem Urban League**

*The Senior Community Service Employment Program (SCSEP) is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed seniors age 55+.*

Location: 201 West 5<sup>th</sup> Street, Winston-Salem, NC 27101

Phone: 336.717.1247

Hours: Monday – Friday, 9:00am – 5:00pm

## END-OF-LIFE PLANNING

### **Begin the Conversation**

*An education initiative to help people talk about and document their advance care wishes.*

Phone: 877.473.4103

Website: [www.begintheconversation.org](http://www.begintheconversation.org)

### **Got Plans?**

*Promotes advance care planning so that communities are educated and engaged in the process.*

Phone: 888.876.3663

Website: [www.gotplans123.org](http://www.gotplans123.org)

### **Hospice of Davidson County**

*We guide patients and family members through the advance care planning process, including education and notarization.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

### **Hospice of the Piedmont**

*Helps patients and family members through the planning process.*

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446

Website: <https://www.hospiceofthepiedmont.org>

### **Novant Health – Advance Directives - free**

*Resource for free Advance Directives (Healthcare POA & Living Will).*

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.476.2499

## FINANCIAL MANAGEMENT

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Provides resources for creating a budget, managing debt, saving and investing, taxes, retirement planning and more.*

Location: 5511 Capital Center Drive, Suite 400 Raleigh, NC 27606

Phone: 866.389.5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: <https://states.aarp.org/north-carolina/>

### **Davidson County Community Action**

*Helping People. Changing Lives. Their mission is to help low-income families move out of poverty by connecting people to community resources, coaching people to help themselves, and calling attention to inequality in Davidson County.*

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: September – May: Monday – Thursday 7:30am – 5:30pm, Friday 7:30am – 11:30am

May – September: Monday – Thursday 7:00am – 6:00pm, Friday closed

Applications for program assistance are available online and accepted in person during the hours of Monday – Thursday 9:00am – 12:00pm and 2:00pm – 4:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Website: <http://www.davidsoncommunityaction.com/>

### **Family Services of the Piedmont – Consumer Credit Counseling**

Location: The Slane Center 1401 Long Street, Highpoint, NC 27262

Phone: 336.373.8882 or 336.889.6161 (High Point)

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.fspscares.org/cccs/>

### **Financial Pathways of the Piedmont - Senior Financial Care (SFC) Program**

*Senior money management program for adults aged 60 and older. In office appointments are free. Home visits may require a low fee based on ability to pay. Family members are able to attend sessions.*

Location: 7820 North Point Boulevard, Suite 100, Winston-Salem, NC 27106

Toll free: 888.474.8015

Phone: 336.896.1191

Email: [Info@FinancialPaths.org](mailto:Info@FinancialPaths.org)

Hours: Monday – Friday, 8:30am – 5:00pm

Website: [www.financialpaths.org](http://www.financialpaths.org)



### **Greater Vision Outreach Ministry (Self-Sufficiency Program)**

*Greater Vision Outreach Ministry helps meet the essential physical and spiritual needs of working families, who are struggling financially, as they work to achieve self-sufficiency.*

*We assist them by providing direct service as well as referrals to other community resources. A financial class and budgeting class are offered.*

Location: Baptist Children's Homes of NC, 11 Farmview Rd., Thomasville, NC 27360

Phone: 866.904.0060

Hours: Monday - Friday 8:30am - 5:00pm

Email: [greatervisioninfo@bchfamily.org](mailto:greatervisioninfo@bchfamily.org)

Website: <https://www.bchfamily.org>

### **Home Solutions of Davidson County**

*Home Solutions offers workshops and one-on-one counseling sessions for Budgeting, Building Credit, Foreclosure Prevention, Down Payment Assistance, Scam & Fraud Prevention, Housing & Rental Counseling, Mortgage Loan Education, Renter & Landlord Rights & Responsibilities and more.*

Location: 21 West Second Street, Lexington, NC 27292

Phone: 336.236.1675

Hours: Monday - Friday 9:00am – 5:00pm

Website: [www.homesolutionsdcnc.org](http://www.homesolutionsdcnc.org)

## FOOD ASSISTANCE

### **Abbotts Creek Missionary Baptist Church**

*Food Pantry – Labor of Love*

Location: 2817 Abbotts Creek Church Road, High Point, NC 27265

Phone: 336.869.8410

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month - 6:30 - 7:30pm - pick up boxed food

Requires photo ID

### **Cooperative Community Ministry**

*Must reside in Davidson County. ID or proof of residence required.*

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: [batkins@ccmtville.org](mailto:batkins@ccmtville.org)

Client Hours: Monday/Tuesday/Thursday/Friday, 8:30am – 12:30pm, Wednesday, 11:30am – 3:30pm

Financial Assistance: Tuesday & Thursday, by appointment only

Meals Served: Tuesday/Thursday/Friday, 6:00pm – 7:00pm. Call ahead for meal schedule.

Website: [www.ccmtville.org](http://www.ccmtville.org)



### **Davidson County First Hope Ministry**

*Serves the area's hungry and homeless with clothing, food and shelter.*

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter is open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Homeless Shelter Case Managers: Jenny Brinkle and Donna Phillips

Family Case Manager: Jennifer Boden Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

### **Davidson County Community Action**

*Helping People. Changing Lives. Their mission is to help low-income families move out of poverty by connecting people to community resources, coaching people to help themselves, and calling attention to inequality in Davidson County.*

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: September – May: Monday – Thursday 7:30am – 5:30pm, Friday 7:30am – 11:30am

May – September: Monday – Thursday 7:00am – 6:00pm, Friday closed

Applications for program assistance are available online and accepted in person during the hours of Monday – Thursday 9:00am – 12:00pm and 2:00pm – 4:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Website: <http://www.davidsoncommunityaction.com/>

### **Fairgrove Family Resource Center**

*Eligible families must complete an application by going into the center. Clients may come every 30 days for a food box.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

### **The Father's Storehouse**

*The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc. They also serve lunch.*

Call 336.475.4357 to hear a detailed message and the dates of the program for that month.

Check in by 9:00am to be a part of that day's program. Also bring required information.

Mondays: 8:30am - 11:00am - free breakfast

Location: 609 National Hwy, Thomasville, NC 27360.

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP(4357)

Email: [TheFathersStore@aol.com](mailto:TheFathersStore@aol.com)

Website: [www.thefathersstorehouse.com](http://www.thefathersstorehouse.com)

**First Assembly of God Project Love Ministry**

*Food Bank by appointment; food distribution once a month.*  
Hours: Every 3<sup>rd</sup> Saturday 9:30am - 11:30am  
One-time application to complete for 2<sup>nd</sup> Harvest Food Bank  
Location: 382 Walser Rd. Lexington, NC 27295  
Phone: 336.249.0443

**First Reformed UCC**

Saturday hot lunch 12:00pm - 1:00pm  
Location: 104 East Center Street, Lexington, NC 27295  
Website: [www.frucc.org](http://www.frucc.org)  
Phone: 336.248.2617

**Grace Episcopal Church – Grace Food Ministries**

Sunday lunch 12:30pm – 1:30pm  
Location: 419 S. Main Street, Lexington, NC 27292  
Phone: 336.249-7211  
Website: [www.gracelexingtonnc.org](http://www.gracelexingtonnc.org)

**Greater Things Outreach Center Food Pantry (Davidson County residents only)**

*A client choice pantry that provides food for meal preparation at home for Davidson County residents. New clients are welcome during distribution hours. Park at the back of building and walk to the front door to check in. Must bring photo ID and proof of address for you and every person living in your home (utility bill, Medicaid card, government mail or bank information; cannot accept personal mail or driver's license as proof of residence.) For children living in your home under 18: Medicaid card, school record with current address or their birth certificate. Clients can choose to either shop themselves or receive a pre-packed box. Drive through services available also.*

Location: 6282 Old Hwy 52, Lexington, NC 27295  
Phone: 336.619.0171  
Email: [gtocfood@gmail.com](mailto:gtocfood@gmail.com)  
Hours: Tuesday/Thursday, 6:00pm - 7:30pm (no entry after 7:30pm)  
Wednesday, 10:00am – 11:45am (no entry after 11:45am)  
Website: [www.gtocfood.org](http://www.gtocfood.org)

**High Rock Church – Hope 4 Humanity**

*Food pantry and clothing closet open once a month during daytime hours and once a month during evening hours (times and dates vary).  
Check the website calendar and/or Facebook page for dates and times.  
Food items will vary month to month.  
Can call phone number listed below for appointment.*  
Location: 135 Lowes Boulevard, Lexington, NC 27292  
Phone: 336.237.1126  
Website: [www.hrclex.life](http://www.hrclex.life)

### **House of Provision Food Pantry**

*Drive-through Food Pantry. Short application to complete.*

Location: 403 National Highway, Thomasville, NC 27360

Phone: 336.870.9711

Hours: Every Monday 10:00am until boxes are gone.

Email: [freemanpat843@gmail.com](mailto:freemanpat843@gmail.com)

### **Macedonia United Methodist Church-Friends Feeding Friends**

*Serves prepared meals 1<sup>st</sup> and 3<sup>rd</sup> Wednesday each month.*

At this time-providing drive through to-go dinners between 4:00pm - 5:30pm

Also serving bagged breakfasts Monday and Thursday of each week from 8:00am - 9:30am.

Blessing box with various items also available.

Location: 10890 NC-8 Lexington, NC 27292

Phone: 336.798.3097

### **Midway Methodist Church**

Midway Methodist church provides essential support services for individuals and families in need within the local community. Their offerings are tailored to address immediate necessities such as food insecurity and financial difficulties to housing and utilities.

**Food Pantry:** Access to essential groceries for families facing food insecurity.

**Financial Support:** Case-by-case support with rent and power bills for residents living within 5 minutes of the church. This assistance is limited to once a year per family.

**Residency Requirement:** Assistance with bills is available exclusively to those residing within a five-mile radius of the church location to ensure local community support.

**Contact for Support:** Individuals are encouraged to contact the church directly to discuss their situation and determine eligibility.

Location: 9795 Old US 52, Lexington, NC 27295

Phone: for inquiries and assistance, please call 336.764.0990

Website: visit [midwaymethodist.org](http://midwaymethodist.org) for more detailed about our services and programs.

Office Hours: Open from Monday to Thursday, 8:00am – 4:00pm, Friday from 8:00am – 2:00pm

### **North Lexington Baptist Church**

*Food pantry*

Location: 201 Mize Road, Lexington, NC 27295

Food pantry hours: Tuesday, 3:00pm- 5:00pm

Friday, 9:00am-10:00am

Office Phone: 336.237.0397, Monday, 8:00am – 1:00pm

Outreach Phone: 336.248.6285, Monday/Tuesday/Friday

Email: [office@nlbcfaith.com](mailto:office@nlbcfaith.com)

Eligibility: ID required

Website: [www.nlbcfaith.org](http://www.nlbcfaith.org)

### **Open Hands of North Carolina – Loaves & Fishes Ministry**

Our Loaves & Fishes Ministry (Food Bank) is located at Trinity United Methodist Church at 900 South Main Street, Lexington, NC. Use rear entrance that faces ballpark.

Hours for Loaves & Fishes is 10:00am – 12:00pm on Saturdays.

*Open Hands provides breakfast Monday, Wednesday and Friday at the 1st Street location.*

*They also provide dinner on Monday nights across the street from their location at First Reformed UCC. Lunch is also served at First Reformed on Saturdays from 11:30am until 1pm.*

*Family Food Boxes are available at the 1st Street Location Monday-Thursdays (available once every thirty days).*

*Street emergency food bags (once every two weeks), emotional support, devotions 9:15am Monday -Thursday, Bible Study Wednesdays at 2:30pm, diapers for children are available Monday - Thursday (one visit every 30 days), washer/dryer available once a week for those living on the street, hygiene products, computer access, assistance with IDs.*

*They strive to serve the homeless and marginalized population.*

Pick-up Office Location: 100 East 1<sup>st</sup> Street, Lexington, NC 27295

Mailing Address: P.O. Box 409, Lexington, NC 27293

Phone: 336.242.6142

Email: [openhandsDC@gmail.com](mailto:openhandsDC@gmail.com)

Website: [openhandsfnc.org](http://openhandsfnc.org)

### **Pastor's Pantry – Food Pantry**

Location: 307 North State Street, Lexington, NC 27292

Mailing address: PO Box 2051 Lexington, NC 27293

Hours: Monday – Thursday, 11:00am – 3:00pm

Phone: 336.249.8824, Ext. 303

Email: [pantry.coordinator@pastorspantry.org](mailto:pantry.coordinator@pastorspantry.org)

Eligibility: Age 60+ unless the need is immediate for emergency food; income and expense guidelines in place as well as ID.

Website: [www.pastorspantry.org](http://www.pastorspantry.org)

### **Salvation Army of Davidson County - Lexington**

*Provides soup kitchen & food assistance.*

Location: 314 W. Ninth Avenue, Lexington, NC 27292

Phone: 336.481.7324, ext. 2

Email: [Erica.trail@uss.salvationarmy.org](mailto:Erica.trail@uss.salvationarmy.org)

Hours: Monday – Friday, 8:00am – 12:00pm walk-in; 1:00pm-4:00pm appointment only

Offers free lunch: Monday-Friday, 11:30am – 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30am – 9:30am

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

### **Sisters Of Hope**

Regardless of where you are on life's journey, you do not have to walk it alone. Sisters of Hope NC Inc. is a women's support group that offers Whole-life Recovery-Rediscovery Soul Care, Coaching, and Mentorship Small Groups for Support, Love, and Hope. They do outreach physical and spiritual food with all ladies including those who are transitioning on life's journey at the women's shelter, are homeless and the North Piedmont Correctional Center.

Location: 703 Lexington Avenue, Unit #3, Thomasville, NC 27360

Phone: 743.202.7284 / 336.472.HOPE(4673)

Email: [SISTERSOFHOPEINC01@gmail.com](mailto:SISTERSOFHOPEINC01@gmail.com)

Website: [www.sistersofhopeinc.com](http://www.sistersofhopeinc.com)

Facebook: [www.facedbook.com/people/sisters-of-hope-NC](http://www.facedbook.com/people/sisters-of-hope-NC)

Fridays 9:00am – 1:00pm pick up by appointment only for dry foods, meats, clothing, household/hygiene items.

First Saturday of the month free lunch give away 11:00am – 1:00pm.

Women's Support Group Meeting workshop first Saturday of each month, food and fellowship from 2:00pm – 4:00pm.

12-week Whole Life Recovery-Rediscovery Soul Care, Coaching and Mentorship Small Group once per week Wednesdays 10:00am -12:00pm and Fridays 6:00pm – 7:00pm

### **South Davidson Family Resource Center (Denton)**

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Eligibility: Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month.

Hours: Monday – Wednesday, 8:30am – 12:00pm

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

### **Sunnyside Ministry**

Food pantry program and clothing close-available once every 30 days.

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday - Friday; 9:00am - 11:00am, Monday-Thursday; 1:00pm - 3:00pm

Website: <https://sunnysideministry.org/>

### **Upper Room Food Pantry**

Pantry Location: 11219 Highway 8, Southmont, NC 27292

Hours: Monday and Wednesday, 8:30am - 12:00pm

### **West Davidson Food Pantry, Least of These Ministries, Inc.**

Location: 4600 W Old US HWY 64, Lexington, NC 27295

Phone: 336.787.4357

Email: [westdavidsonfoodpantry@gmail.com](mailto:westdavidsonfoodpantry@gmail.com)

Eligibility: Must live in zip code 27295 (or part of 27299); must have financial needs.

Hours: Tuesday and Thursdays, 3:30pm – 5:30pm

## FRAUD & SCAM

### **Better Business Bureau of Central NC and Northwest NC**

Location: 1617 NC Highway 66 S., Suite 201, Kernersville, NC 27284

Phone: 336.852.4240

Hours: Monday – Friday, 9:00am – 3:30pm

Website: <https://www.bbb.org/us/nc/lexington>

### **Davidson County Sheriff's Office – Non-Emergency**

Phone: 336.242.2100

### **Federal Trade Commission (FTC)**

*Polices internet/phone scams, identity scams, fake checks. To file complaint, go to website.*

Website: <https://www.ftc.gov>

### **NC Department of Justice**

Phone: 877.5.NO.SCAM (877.566.7226); 919.716.6400

Website: <https://ncdoj.gov/>

## HOLIDAY SERVICES

### **South Davidson Family Resource Center**

*Takes applications for holiday gifts for seniors (The Giving Tree).*

Location: 338 W. Salisbury Street, Denton, NC 27239

Phone: 336.859.5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

### **Thanksgiving Meal at the Journey Church of Lexington**

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: 336.843.4053

Website: <http://thejourney.church/>

## HOME CARE SERVICES

### **CAP/DA – Supportive Care Solutions**

*Special Medicaid program allowing those 18+ who face nursing home placement the possibility of staying in the home.*

*Provides a package of services to meet individual needs.*

Phone: 336.859.5555

Location: 56 West Salisbury Street, Denton, NC 27239

Website: [www.scsolutions.org](http://www.scsolutions.org)

### **Davidson County Senior Services In-Home Aide Program**

*Provides assistance to Davidson County adults age 60 and over needing support with daily activities like bathing, dressing, toileting, mobility, meal preparation, essential transportation and other routine tasks; also offers limited respite care to provide relief to primary caregivers of someone requiring 24-hour care. Please call for eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

### **Davidson County Social Services Adult Services**

*Adult Services programs include Adult Protective Services, Adult Placement Services, Adult Day Care/Day Health, Guardianship, In-Home Aide Services, Special Assistance-In Home, and Licensing and Monitoring of Adult Care Homes and Adult Day Care/Health, and Individual and Family Adjustment.*

Location: 918 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: 336.242.2839

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/376/Adults>

**\*\*Call Davidson County Senior Services for list of local home care/home health care agencies  
336.242.2290**

## HOME MODIFICATION & REPAIRS

### **Habitat for Humanity Restore**

*Habitat for Humanity ReStores are non-profit home improvement stores and donation centers that sell new and gently used furniture, home accessories, building materials and appliances to the public at a fraction of the retail price.*

Location: 221 S. Main Street, Lexington, NC 27295

Hours: Tuesday – Thursday, 9:00am – 6:00pm; Friday, 9:00am – 5:00pm; Saturday, 9:00am – 3:00pm

Phone: 336.249.4307

Website: <https://habitatoflexingtonnc.net/>

### **Helping Hands Community Outreach**

*Organization that helps seniors with handicap supplies, ramps, furniture, storm clean up, snow clearing, small repairs. Must be within close proximity to Denton.*

Contact: Robert Barr

Phone: 336.301.5898



### **Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program**

*Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases (power and manual wheelchairs, stairlifts, tracking systems). Must be owner occupied home and qualify based on income. May be eligible if individual has significant disability which severely limits their ability to live independently. These services must be able to improve the ability to live independently.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

### **Home Solutions of Davidson County**

*Offers an Urgent Repair Program for elderly, disabled and/or veterans who need home repairs or accessibility modifications (Includes but not limited to: grab bars, floor repair, HVAC, electrical, plumbing and roof repairs). Home Solutions also partners with volunteer groups to offer additional repairs and modifications.*

Eligibility: Age 62+ or disabled (on disability) or veteran; must own home; income based

Email: [jimmy@homesolutionsdcnc.org](mailto:jimmy@homesolutionsdcnc.org)

Location: 21 West Second Street, Lexington, NC 27292

Phone: 336.236.1675

Hours: Monday-Friday 9:00am – 5:00pm

Website: [www.homesolutionsdcnc.org](http://www.homesolutionsdcnc.org)

### **North Carolina Baptist Aging Ministry (NCBAM)**

*Connects adults 65+ with church volunteers for wheelchair ramps, grab bars, smoke alarm and/or light yard work. Agency requests individuals contact them directly or if a social worker refers, the individual requesting services must be with the social worker at the time of referral.*

Address: 201-A Idol Street, Thomasville, NC 27360

Eligibility: 65+

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [www.ncbam.org](http://www.ncbam.org)

### **NC RAMMP (Access Makes Mobile People)**

*Funded by the Christopher and Dana Reeve Foundation, NC RAMMP may be able to loan a portable metal ramp to people with mobility difficulties.*

Phone: 336.716.8030 NC Assistive Technology Program-Contact: Paul Eklund

Email: [paul.eklund@dhhs.nc.gov](mailto:paul.eklund@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>



### **NC U.S. Department of Agriculture (USDA) Rural Development**

*Single Family Housing Repair Loans and Grants. This site is used to evaluate likelihood that potential applicants would be eligible for program assistance. To be eligible for many USDA loans, household income must meet certain guidelines. Also, the home to be repaired must be located in eligible rural area defined by USDA.*

Location: 847 Curry Drive, Suite 104, Asheboro, NC 27205

Phone: 336.308.1667

Contact: Brandon Wiley

Eligibility: Different by county; income, # in household, credit score & credit status may apply; age 62+ may be considered for grant based or loan based; age 61 and under is loan based.

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.rd.usda.gov/nc>

### **Piedmont Triad Regional Council (PTRC) - Housing Rehabilitation Program**

*Assists eligible individuals in Alamance, Davidson, Guilford (outside city limits of Greensboro), Montgomery, Randolph, Caswell, Rockingham, Yadkin, Stokes, and Surry Counties. If your home needs serious repairs, you may qualify for home rehabilitation assistance through this program.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Eligibility: Must be 62 years + or disabled, or a family member of the homeowner, or a homeowner living in a home with lead base paint hazards with children under age 6.

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.ptrc.org/services/community-development](http://www.ptrc.org/services/community-development)

### **Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program**

*Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.ptrc.org/weatherization](http://www.ptrc.org/weatherization)

## HOUSING (SENIOR)

### **\*\*List available from Davidson County Senior Services**

Phone: 336.242.2290

Email: [seniorservices@davidsoncountync.gov](mailto:seniorservices@davidsoncountync.gov)

Website: <https://www.co.davidson.nc.us/1027/community-resources.com>

**Lexington Housing Authority**

*Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers, project-based vouchers and homeownership vouchers.*

Location: 1 Jamaica Drive, Lexington, NC 27292

Phone: 336.249.8936

Website: <http://lha-nc.org/>

**Thomasville Housing Authority**

*Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers, project-based vouchers and homeownership vouchers. Responsible for managing and maintaining two housing complexes with over 250 housing units that service low-income families, seniors and disabled members of the community.*

Location: 201 James Avenue, Thomasville, NC 27360

Phone: 336.475.6137

Website: [www.thomasvilleha.org](http://www.thomasvilleha.org)

**HOUSING (TEMPORARY)**

**Davidson County First Hope Ministry**

*Serves the hungry and homeless with clothing, food and shelter.*

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter is open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Homeless Shelter Case Managers: Jenny Brinkle and Donna Phillips

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

## I.D. CARDS, LICENSES & RECORDS

### **Driver's License Office**

*Appointments are recommended as walk-ins have long lines.*

**Lexington** Location: 2314 South Main Street, Lexington, 27292

Phone: 336.248.5179

Appointment Hours: Monday – Friday, 7:00am – 5:00pm

**Thomasville** Location: 1650 Liberty Drive, Suite 500, Thomasville, NC 27360

Phone: 336.472.7334

Hours: Monday – Friday, 8:00am – 5:00pm

Eligibility: I.D. or driver's license eligibility requirements plus fee; age 18+ regular driver's license or learner permit.

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

North Carolina Real ID license and ID cards – Having a Real ID can make it more convenient if you frequently fly or visit military bases, federal prisons/courthouses or other federal facilities.

However, it is not required until May 7, 2025.

## INFORMATION & REFERRAL

### **211**

*A statewide general information call line and community resource guide.*

Phone: 888.892.1162 or 919.834.5200

Hours: 24/7 by dialing 2-1-1

Website: <https://www.nc211.org/>

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: [www.local.aarp.org/NC/](http://www.local.aarp.org/NC/)

Website: <https://states.aarp.org/north-carolina/>

### **Benefits CheckUp**

*Benefits CheckUp is a free service of the National Council on Aging (NCOA). Benefits CheckUp asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions from the website below, you will get a report created just for you that describes the programs you may get help from.*

Website: [www.benefitscheckup.org](http://www.benefitscheckup.org)

Appointments can also be made at the Davidson County Senior Center in Lexington in order to complete a Benefits CheckUp with the Resource and Benefits Specialist.

Location: 555-B West Center St. Ext., Lexington, NC 27295

Phone: 336.242.2290

### **DC Connect, Inc.**

*DC Connect serves as a gateway to community resources, primarily for Davidson County residents, who are experiencing homelessness, substance misuse, and/or post incarceration.*

Location: 302 West 2<sup>nd</sup> Street, Lexington, NC 27292

Phone: 336.243.3222

Hours: Monday-Friday, 8:00am-5:00pm

Website: [www.dcconnectinc.org](http://www.dcconnectinc.org)

### **Davidson County Public Library System**

*Online information resources available on website. Assistive and adaptive technology available – large letter keyboards, track ball computer mice, wheelchair accessible tables, handheld pen readers.*

Website: [www.co.davidson.nc.us/library](http://www.co.davidson.nc.us/library)

### **Davidson County Public Libraries**

#### **Denton Library**

Location: 310 West Salisbury Street, Denton, NC 27239-0578

Phone: 336.859.2215

Hours: Monday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/282/Denton-Public-Library>

#### **Lexington Library**

*The Genealogy/Local History Room at the Lexington Public Library assists the community with family and local history research.*

Location: 602 S. Main Street, Lexington, NC 27292

Phone: 336.242.2040

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am - 5:30pm

Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/284/Lexington-Public-Library>

#### **North Davidson Library**

Location: 559 Critcher Drive, Welcome, NC 27374

Phone: 336.242.2050

Hours: Monday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/287/North-Davidson-Public-Library>

**Thomasville Library**

Location: 14 Randolph St., Thomasville, NC 27360

Phone: 336.474.2690

Hours: Monday – Thursday, 9:00am – 8:00pm  
Friday, 9:00am – 5:30pm  
Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/290/Thomasville-Public-Library>

**West Davidson Library**

Location: 246 Tyro School Road, Lexington, NC 27295

Phone: 336.853.4800

Hours: Monday, 9:00am – 8:00pm  
Tuesday/Wednesday, 9:00am – 6:00pm  
Thursday, 9:00am – 8:00pm  
Friday, 9:00am – 5:30pm  
Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/291/West-Davidson-Public-Library>

**Davidson County Senior Services**

*DCSS helps senior adults find the resources they need to age in place,*

Location: 555-B West Center Street Ext., Lexington, NC 27295

Phone: 336.242.2290

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

**The Job Accommodation Network (JAN)**

*Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.*

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: 800.526.7234

TTY: 877.781.9403

Hours: Monday – Friday, 9:00am – 6:00pm

Website: [www.askjan.org](http://www.askjan.org)

**NC Baptist Aging Ministry Call Center**

*Information and referral for those 65 and over.*

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

**NCCARE360 Family Caregiver Specialists**

*Provides referrals for unmet needs within the community.*

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Leslie Craver, [lcraver@lifecenterdavidson.com](mailto:lcraver@lifecenterdavidson.com)

Website: <https://caregiversofdc.com/nccare360-partnership/>

### **Solutions for Independence**

*Advocacy and assistance for individuals with disabilities.*

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.sicilnc.org](http://www.sicilnc.org)

## INSURANCE INFORMATION

### **Affordable Care Act**

Phone: 800.318.2596

TTY: 855.889.4325

Hours: 24/7 (except holidays)

Website: [www.healthcare.gov](http://www.healthcare.gov)

### **Senior Health Insurance Information Program (SHIIP)**

*Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.*

Location: 302 West 2<sup>nd</sup> Street, Lexington, NC 27292

Phone: 336.243.3232 (ask for SHIIP help)

Email: [ncshiip@ncdoi.gov](mailto:ncshiip@ncdoi.gov)

Website: <https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip>

## LEGAL SERVICES

### **Legal Aid of NC, Inc.**

*Legal assistance can be provided in the following situations:*

- Housing: foreclosure, eviction, subsidized housing, repairs, utilities, etc.
- Consumer issues-includes frauds and scams
- Public benefits: Medicaid, Food Stamps, Supplemental Security Income Program, Social Security Disability Insurance and more
- Abuse and neglect
- Unemployment compensation
- Wrongful repossession
- Veteran's benefits
- Wills (for homeowners only)
- POAs (Power of Attorneys) and Living Wills

Initial Appointments: 877.579.7562

Hours: Monday-Friday, 9:00am - 11:00am; 1:00pm - 3:00pm

Eligibility: 60+; must call for appointment.

*Appointments take place at Davidson County Senior Services, Lexington the first Wednesday every other month and at Davidson County Senior Services, Thomasville once a quarter.*

Website: [www.legalaidnc.org](http://www.legalaidnc.org)

### **NC Department of Labor**

*Enforces various acts set forth by the NC General Assembly.*

Location: 4 West Edenton Street, Raleigh, NC 27601

Mailing Address: 1101 Mail Service Center, Raleigh, NC 27699

Phone: 800.NCLABOR (625.2267)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.nclabor.com](http://www.nclabor.com)

### **NC Lawyer Referral Service**

*The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation.*

Location: NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

Phone: 919.677.8574

Eligibility: Attorneys participating in the LRS agree to charge no more than \$50 for the first 30 minutes of the initial consultation. After the first 30 minutes, they may charge their regular fee.

Website: <https://www.ncbar.org/public-resources/find-an-nc-lawyer/>

## LGBTQ RESOURCES

### **Alternative Resources of the Triad (ART)**

*ART is a charitable organization whose mission is to be actively involved with the LGBTQIA2+ community in Greensboro by promoting inclusivity and building resources, safe spaces and social events.*

Mailing Address: P.O. Box 29272, Greensboro, NC 27429

Phone: 336.365.5429

Hours: 10:00am-3:00pm

Website: <https://greensboropride.org>

### **Gay/Lesbian/Bisexual/Transgender Support Groups**

*Provides information and resources for transgender people, significant others, and friends of transgender people.*

Website:

<https://durham.nc.networkofcare.org/mh/services/subcategory.aspx?cid=9276&k=Gay/Lesbian/Bisexual/Transgender%20Support%20Groups&tax=PN-8100.4500-240>

### **Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Lexington, NC**

*PFLAG is a non-profit organization serving Davidson County. PFLAG supports, educates and advocates as parents and friends of lesbian and gay members of the community. Group meeting every third Thursday of the month, 6:30 – 7:30pm at First Reformed UCC (104 E. Center Street, Lexington)*

Email: [info@pflaglexingtonnc.org](mailto:info@pflaglexingtonnc.org)

Website: <https://sites.google.com/view/pflaglexingtonnc/home>



## MEDICAID INFORMATION

### **Davidson County Department of Social Services**

*Social Services determines eligibility for several Medical Assistance Programs based on a variety of guidelines, primarily in the areas of income, financial resources, living arrangements and in some cases medical conditions.*

Location: 913 Greensboro St., Lexington, NC 27292

PO Box 788 Lexington, NC 27293

Phone: 336.242.2500

How to Apply: You can apply online, but it is recommended that you come to Social Services to apply as this will be your eligibility date.

Website: <https://www.co.davidson.nc.us/424/Medical-Assistance-Medicaid>

### **Medicaid Customer Service Center**

*Provider and beneficiary information on Medicaid and NC Health Choice policies and procedures.*

Phone: 888.245.0179

Hours: Monday – Friday, 8:00am – 5:00pm (closed for state holidays)

Website: <https://www.medicaid.ncdhhs.gov/contacts>

## MEDICAL ALERT SYSTEMS

### **\*\*List available from Davidson County Senior Services**

Phone: 336.242.2290

Email: [seniorservices@davidsoncountync.gov](mailto:seniorservices@davidsoncountync.gov)

## MEDICAL CENTERS

### **Atrium Health Wake Forest Baptist Convenience Care-Lexington**

Location: 13 Medical Park Drive, Lexington, NC 27292

Phone: 336.243.8615

Hours: Monday – Thursday: 9:00am – 6:00pm, Saturday 9:00am – 1:00pm

Walk ins welcome

Website: <https://wakehealth.edu/location/urgent-care/convenience-care-lexington>

### **Atrium Health Wake Forest Baptist High Point Medical Center**

Location: 601 North Elm Street, High Point, NC 27262

Phone: 336.878.6000

24/7 Emergency Number: 336.878.6009

Hours: 24/7

Website: <https://www.wakehealth.edu/Locations/Hospitals/High-Point-Medical-Center>

### **Atrium Health Wake Forest Baptist Lexington Medical Center**

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: 336.248.5161

Hours: 24/7

Website: <https://lexington.wakehealth.edu/locations/hospitals/Lexington-Medical-Center>

**Atrium Health Wake Forest Baptist Medical Center – Winston-Salem**

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: 336.716.2011

24/7 Emergency Room Number: 336.716.9253

Hours: 24/7

Website: [www.wakehealth.edu](http://www.wakehealth.edu)

**Med First Primary and Urgent Care**

Location: 1033 Randolph Street, Suite 32, Thomasville, NC 27360

Phone: For Appointments: 833.378.1071/For office 336.860.0843

Hours: Monday – Thursday 9:00am – 5:00pm, Friday 8:00am – 12:00pm

Website: [www.thinkmedfirst.com/locations/medfirst-primary-urgent-care-of-thomasville](http://www.thinkmedfirst.com/locations/medfirst-primary-urgent-care-of-thomasville)

**Novant Health Urgent Care**

**Lexington Location:** 1977 Cotton Grove Road, Lexington, NC 27292

Phone: 336.443.6041

Hours: Monday – Friday, 8:00am – 8:00pm, Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

**Thomasville Location:** 1122 Randolph Street, Thomasville, NC 27360

Phone: 336.474.3433

Hours: Monday – Friday, 8:00am – 8:00pm, Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

**Novant Health Forsyth Medical Center**

Location: 3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: 336.718.5000

Hours: 24/7

Website: [www.novanthealth.org/forsyth-medical-center.aspx](http://www.novanthealth.org/forsyth-medical-center.aspx)

**Novant Health Rowan Medical Center**

Location: 612 Mocksville Avenue, Salisbury, NC 28144

Phone: 704.210.5000

Hours: 24/7

Website: [www.novanthealth.org/rowan-medical-center.aspx](http://www.novanthealth.org/rowan-medical-center.aspx)

**Novant Health Thomasville Medical Center**

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.472.2000

Hours: 24/7

Website: [www.novanthealth.org/thomasville-medical-center.aspx](http://www.novanthealth.org/thomasville-medical-center.aspx)

### **Pinnacle Urgent Care**

Location: 1201 Cotton Grove Road, Lexington, NC 27292

Phone: 336.565.5001

Hours: Monday – Friday 8:00am – 8:00pm, Saturday and Sunday 8:00am – 5:00pm

Website: [www.pinnacleurgentclinic.com](http://www.pinnacleurgentclinic.com)

## **MEDICAL SERVICES**

### **Atrium Health Wake Forest Baptist J. Paul Sticht Center on Aging and Rehabilitation**

The J. Paul Sticht Center on Aging and Rehabilitation is a state-of-the-art geriatric clinical and research center which combines specialists from the areas of psychiatry, rehabilitation medicine and gerontology and geriatric medicine. The Center is the first facility in the world to incorporate geriatric acute care, transitional care, psychiatry, rehabilitation, and clinical research under one roof. The J. Paul Sticht Center on Healthy Aging and Alzheimer's Prevention – one of the world's first geriatrics-focused health care centers – conducts a wide array of leading-edge clinical, rehabilitation, wellness and research programs to help seniors and their families understand and address the unique physical, mental, social and emotional challenges that accompany aging.

Location: Medical Center Boulevard, G Floor, Winston-Salem, NC 27157

Phone: 336.713.8250

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.wakehealth.edu/Locations/Facilities/Sticht-Center-on-Aging-and-Rehabilitation>

### **Davidson Medical Ministries-Kintegra Family Medicine-Lexington**

*Ministers to the needs of those in our community who lack the resources to access quality health care. Before services can be provided, ALL clients must provide necessary paperwork to determine their eligibility. Copay minimum \$20 per visit (sliding scale based on household income) No one will be turned away.*

Location: 420 N. Salisbury Street, Lexington, NC 27292

Phone: 336.243.3232

Hours: Monday/Wednesday/Thursday, 8:00am – 5:00pm, Tuesday, 8:00am - 8:00pm, Friday, 8:00am – 1:00 pm

Closed 1:00pm – 2:00 pm for lunch

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

### **Davidson Medical Ministries-Kintegra Family Medicine-Thomasville**

*Ministers to the needs of those in our community who lack the resources to access quality health care. Before services can be provided, ALL clients must provide necessary paperwork to determine their eligibility. Copay minimum \$20 per visit (sliding scale based on household income). No one will be turned away.*

Thomasville Location: 611 Randolph Street, Thomasville, NC 27360

Phone: 336.474.4585

Hours: Monday/Tuesday/Wednesday, 8:00am - 5:00pm, Thursday, 8:00am - 8:00pm, Friday, 8:00am - 1:00pm

Closed 1:00pm - 2:00pm for lunch

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

### **Davidson County Health Department**

*The health department has the most up-to-date information on Covid-19 testing and vaccinations. Their website also contains a community resources link on their homepage.*

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: 336.242.2300

Hours: Monday - Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/200/health](http://www.co.davidson.nc.us/200/health)

### **Hospice of Davidson County**

*Since 1985, we have provided compassionate, professional, and expert end-of-life care to patients and their loved ones. Our interdisciplinary team offers expert medical care, pain management, and emotional and spiritual support to individuals after a terminal diagnosis from illness or injury. Our services are available in the comfort of patients' homes, at long-term care facilities, and in the Hinkle Hospice House inpatient unit.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

### **Hospice of the Piedmont**

Hospice of the Piedmont is a provider of hospice care, palliative care and grief support services for patients, their families and caregivers. Patients who are facing a life-limiting illness are given specialized medical, emotional and spiritual care through their programs. Most of their patients are cared for in their own homes, but they also service patients in nursing facilities, hospitals and in their own 18-bed inpatient facility, Hospice Home at High Point.

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446

Website: <https://www.hospiceofthepiedmont.org>

## **MEDICAL COMPLAINTS**

### **Medical Review of North Carolina**

*The N.C. Division of Motor Vehicle's Medical Review Unit Program evaluates drivers when there are concerns that certain medical conditions might have an impact on their ability to safely operate a vehicle. A staff of licensed medical professionals conducts thorough reviews of medical records and statements in conjunction with driving records and decides what, if any, restrictions should be placed on a driver license.*

Phone: 800.722.0468

Website: <https://www.ncdot.gov/dmv/license-id/license-suspension/medical-review-program/Pages/default.aspx>

### **North Carolina Medical Board**

*For doctor complaints*

Address: 3127 Smoketree Court, Raleigh, NC 27604

Mailing Address: P.O. Box 20007, Raleigh, NC 27619-0007

Phone: 800.253.9653

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncmedboard.org/resources-information/consumer-resources/complaint-process>

## MEDICAL EQUIPMENT & LOAN CLOSETS

### **Cancer Services of Davidson County**

Provides a variety of equipment (on loan) and supplies to their patients

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

### **Helping Hands Community Outreach**

*Organization that helps seniors in Davidson County with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs. Can also check on seniors during power outages. Must be in close proximity to Denton area.*

Contact: Robert Barr

Phone: 336.301.5898

### **Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program**

*Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases (power and manual wheelchairs, stairlifts, tracking systems). Must be owner occupied home and qualify based on income. May be eligible if individual has significant disability which severely limits their ability to live independently. These services must be able to improve the ability to live independently.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

### **North Carolina Baptist Aging Ministry (NC BAM)**

*Provides durable medical equipment that has been donated to them. These items are available to clients 65+ free of charge. Please call to see if equipment is available.*

*Items must be picked up at the Thomasville location.*

Location: 201A Idol Drive Thomasville, NC 27360

Phone: 877.506.2226

Hours: Monday - Friday, 9:00am - 4:00pm

### **North Carolina Assistive Technology Program**

*North Carolina Assistive Technology Program may be able to provide a short-term loan of a wide variety of adaptive equipment for people with disabilities to use at home, work or leisure to make everyday living easier; equipment is on loan for 2 weeks, followed by help in locating possible funding sources for purchasing equipment. Additionally, offers hands-on demonstrations of assisted-technology devices for work and play, and everyday living. For those without Internet access, printed copies are available.*

Location: 131 Miller Street, Winston Salem, NC 27103

Phone: (Voice & TTY) 336.716.8030

Hours: Monday – Friday, 8:00am – 4:30pm; by appointment only

Eligibility: Must be NC Resident; No age requirement; No income requirement

Email: [atintake@dhhs.nc.gov](mailto:atintake@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/what>

### **North Carolina Assistive Technology Exchange Post**

Provides donated assistive technology for reuse, long term loans and monthly list of statewide medical equipment for donation or for sale.

Contact: Brittany Hawley-Assistive Technology Technologist

Physical Address: 3080 Hammond Business PL #101

Raleigh, NC 27603

Phone: 919-664-1249

Email: [Brittany.hawley@dhhs.nc.gov](mailto:Brittany.hawley@dhhs.nc.gov)

### **NC RAMMP (Access Makes Mobile People)**

*Funded by the Christopher and Dana Reeve Foundation, NC RAMMP may be able to loan a temporary, portable ramp to people with mobility difficulties.*

Phone: 336.716.8030 NC Assistive Technology Program-Paul Eklund

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

### **Tyro Methodist Church**

*Hospital loan closet which can provide items for loan such as walkers, rollators, shower chairs, bedside chairs - free of charge*

Location: 4484 S NC HWY 150, Lexington NC 27295

Phone: 336.853.7459

Email: [tyro@tyro.church](mailto:tyro@tyro.church)

Hours: Monday – Friday, 9:00am – 12:00pm

Website: [www.tyro.church](http://www.tyro.church)

## MEDICARE INFORMATION

### **Senior Health Insurance Information Program (SHIIP)**

*Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance.*

North Carolina Department of Insurance

Website: <https://www.ncdoi.com/shiip/Default.aspx>

Phone: 855.408.1212

Location: 325 N. Salisbury Street, Raleigh, NC 27603

**Local SHIIP Contact: 336.243.3232**

**Location: 302 West 2<sup>nd</sup> Street, Lexington, NC 27292**

### **Social Security Administration**

**Salisbury Location:** 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday – Friday, 9:00am - 4:00pm

**Winston-Salem Location:** 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

TTY: 336.722.8411

Hours: Monday, Tuesday, Thursday, Friday, 9:00am — 4:00pm, Wednesday 9:00 – 12:00pm

**National Office:**

Phone: 800.772.1213 between 8:00am and 7:00pm Monday - Friday

Toll-Free TTY: 800.325.0778

Website: [www.ssa.gov](http://www.ssa.gov)

## MENTAL HEALTH & SUBSTANCE USE SERVICES

### **Alcohol Drug Council of NC (ADCNC)**

*Support for alcohol or drug addiction.*

Phone: 800.688.4232

Website: <https://www.alcoholdrughelp.org>

### **Daymark Recovery Services**

*An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advanced access/emergency walk-in services during regular business hours.*

Hours: Monday – Friday, 8:00am – 5:00pm

Location: 1104A South Main Street, Lexington, NC 27292

Phone: 336.242.2450

24-Hour Mobile Crisis: 866.275.9552 Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community.

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>



### **Daymark Recovery Services Facility Based Crisis**

*This is an adult, 16 bed, 24/7 crisis residential facility that provides inpatient care for people who are experiencing a mental health or substance use crisis or may need detox services.*

1104-B South Main Street, Lexington, NC 27292

Phone: 336.300.8826

Website: <https://www.daymarkrecovery.org/locations/fbc-davidson>

### **Family Services of Davidson County**

*Provides individual, group, couples, and family outpatient counseling services to all ages.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

24/7 Domestic Violence/Crisis Line: 336.243.1934

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday, 8:30am – 3:00pm

Counseling available 5:00pm - 7:00pm by appointment only.

Website: [www.fsdco.org](http://www.fsdco.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities.*

Location: 4140 N. Cherry St., Winston Salem, NC 27105

Phone: 336.224.6071

Hours: Monday-Friday 8:00am - 5:00pm

Website: <https://monarchnc.org/service-locations/davidson/>

### **NC4Vets**

*Network of public, private and non-profit organizations working to serve veterans and their families.*

Phone: 844.624.8387

Website: <https://www.milvets.nc.gov/nc4vets>

### **North Carolina Department of Health and Human Services**

*Offers addiction and substance use services, mental health services and information about treatment centers.*

Phone: 800.662.7030

Website: <https://www.ncdhhs.gov/assistance/mental-health-and-substance-abuse>

### **Novant Health Thomasville Medical Center Behavioral Health**

*In patient treatment; only admits adults 55+, specializes in geriatric psychiatry.*

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.474.3465

Website: <https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

**Path of Hope, Inc.**

*Treatment center for substance use.*

Location: 1675 East Center Street Ext., Lexington, NC 27292

Mailing Address: P.O. Box 1824, Lexington, NC 27293

Phone: 336.248.8914

Email: [apathofhope@apathofhope.org](mailto:apathofhope@apathofhope.org)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.apathofhope.org](http://www.apathofhope.org)

**RHA Health Services**

*RHA provides comprehensive behavioral health supports including mental health support services and substance use services.*

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Office Hours: 8:30am - 4:30pm

Walk-In Intakes: Tuesdays & Thursdays, 9:00am - 3:00pm

Closed daily for lunch from 12:30pm - 1:00pm

Website: <https://rhahealthservices.org/>

**NURSING HOMES, RETIREMENT HOMES,  
ASSISTED LIVING FACILITIES**

**\*\*List available from Senior Services**

Phone: 336.242.2290

Email: [seniorservices@davidsoncountync.gov](mailto:seniorservices@davidsoncountync.gov)

Website: <https://www.co.davidson.nc.us/1027/community-resources>

**\*\*List available from Davidson County Social Services – Adult Services Unit**

Lexington Phone: 336.242.2500

**NC Division of Health Service Regulation**

*The Division of Health Service Regulation oversees medical, mental health and adult care facilities, emergency medical services, and local jails. NCDHHS checks to see that people receiving care in these facilities are safe and receive appropriate care.*

Phone: 800.624.3004 (Complaint Intake Unit) or 919.855.4520 (Nursing Home Licensure and Certification)

Hours: Monday – Friday (excluding state holidays) 8:30am -4:30pm

Website: <https://info.ncdhhs.gov/dhsr/>

## NUTRITION

### **Congregate Meals through Davidson County Senior Services**

*The Congregate Nutrition Program (Cafes) is open to all Davidson County residents 60 and older. We provide a hot nutritious catered lunch Monday through Friday. The sites are open from 9:00am to 1:00pm with lunch being served at approximately 11:00am. Various daily activities are also offered such as informative speeches, health promotions, games, exercise, and entertainment. Meals must be reserved in advance. Transportation may be provided. There is no set charge for the meal however donations are accepted and go toward the cost of the meal. No one is ever refused due to inability to contribute.*

Eligibility: Age 60+

Hours: Monday – Friday, 9:00am – 1:00pm with lunch being served at approximately 11:00am

Website: <https://www.co.davidson.nc.us/361/Nutrition-Programs>

#### **Denton:**

*Denton Civic Center*

Location: 459 Salisbury Street, Denton, NC 27239

Phone: 336.859.2542

#### **Lexington:**

*Davidson County Senior Center, Lexington*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.236.3118

#### **Southmont:**

*Community Center*

Location: 13424 Linwood-Southmont Rd., Lexington, NC 27292

Phone: 336.798.2933

#### **Thomasville:**

*Davidson County Senior Center, Thomasville*

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.474.2667

#### **Welcome:**

*First Baptist Church*

Location: 404 Welcome-Arcadia Road, Lexington, NC 27295

Phone: 336.731.8434

### **Davidson County Cooperative Extension Office**

*Provides nutrition education*

Location: 301 East Center Street, Lexington, NC 27292

Phone: 336.242.2080

Hours: 8:00am-5:00pm

Website: <https://davidson.ces.ncsu.edu/categories/health-nutrition/>

**Davidson County Social Services, FNS – SNAP (formally food stamps)**

*Benefits may be used to purchase most foods at participating stores.*

Location: 913 Greensboro St., Lexington, NC 27292

Phone: 336.242.2500

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.co.davidson.nc.us/417/Food-Nutrition>

**Meals on Wheels for Davidson County**

*Meals on Wheels for Davidson County residents 60+.*

*Eligibility: Age 60+ who are homebound and cannot prepare a nutritious meal for themselves.*

**Lexington Location:** 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville Location:** 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday: 8:00am – 5:00pm

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

**Meals on Wheels for Lexington City**

Please call for eligibility requirements. Must reside within the city limits of Lexington.

Phone: 336.248.4934

**Meals on Wheels for Thomasville City**

Please call for eligibility requirements. Must reside within the city limits of Thomasville.

Phone: 336.324.6402

**Mom's Meals**

*Serves clients who are covered under Medicare Advantage plans, Medicaid plans, Long-Term Services and Supports (LTSS) programs or the Older Americans Act, and by individuals or their caregivers who are looking for a self-pay program. This program offers nine health-condition menus with a variety of meal options. You choose every meal, every delivery.*

Phone: 877.508.6667

Hours: 7:00am – 6:00pm (Central Time)

Website: [www.momsmeals.com](http://www.momsmeals.com)

**Salvation Army of Davidson County**

*Provides meals & food assistance.*

Location: 314 West 9th Avenue, Lexington, NC 27292

Phone: 336.481.7324, ext. 2

Email: [Erica.Trail@USS.SalvationArmy.org](mailto:Erica.Trail@USS.SalvationArmy.org)

Hours: Monday- Friday, 8:00am - 12:00pm walk in; 1:00pm - 4:00pm appt.

Offers free lunch: Monday - Friday, 11:30am - 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30am - 9:30am

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

## PASTORAL CARE

### **FaithHealth – Davidson County**

*FaithHealth is a movement that links local churches with Atrium Health Wake Forest Baptist – Lexington Medical Center and local human services agencies in a shared mission of health, healing and hope.*

Location: 250 Hospital Drive, Lexington, NC 27295

Phone: 336.238.4560

Contact: Reverend Dianne Horton

Phone 336.238.4560

Email: [dhorton@wakehealth.edu](mailto:dhorton@wakehealth.edu)

Website: [www.faithhealth.org](http://www.faithhealth.org)

## PRESCRIPTION ASSISTANCE

### **Coast2CoastRx**

*Save on dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – for more information, please contact the number listed below.*

Phone: 800.931.8872

Website: [www.coast2coastrx.com](http://www.coast2coastrx.com)

### **Needymeds.org**

*National non-profit that connects people to programs that will help them afford their medications and other healthcare costs.*

Phone: 800.503.6897

Website: [www.needymeds.org/newuser](http://www.needymeds.org/newuser)

### **Medication Drop Boxes**

*Medicine drop boxes are a convenient and safe way for you to dispose of your unused or expired prescription over-the-counter medications.*

#### **Locations in Lexington:**

Kintegra Family Medicine 420 North Salisbury Street, Lexington, NC 27292

CVS Pharmacy 309 East Center Street, Lexington, NC 27292

#### **Locations in Thomasville:**

Kintegra Family Medicine 611 Randolph Street, Thomasville, NC 27360

CVS Pharmacy 1131 Randolph Street, Thomasville, NC 27360

Novant Health Thomasville Medical Center 207 Old Lexington Rd, Thomasville, NC 27360

### **Medicine Assistance Tool (Partnership for Prescription Assistance (PPA))**

Pharmaceutical Research and Manufacturers of America (PhRMA) created the Medicine Assistance Tool (MAT) to provide a dedicated search engine that allows users to search for financial assistance resources available to them, their loved ones or patients in their lives through the various biopharmaceutical industry programs available for patients who are eligible. Building upon the Partnership for Prescription Assistance (PPA), MAT gives patients, loved ones and health care providers a single point of access to hundreds of public and private assistance programs, as well as connecting them with more transparent information about the cost of medicine.

Website: <https://medicineassistancetool.org/Who-We-Are>

### **North Carolina Baptist Aging Ministry (NCBAM) – Red Bag**

NCBAM sells Red Bags to store medicine for \$3 each.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://bchfamily.givingfuel.com/red-bag-sales>

### **NC Med Assist**

The Free Pharmacy Program is a pharmacy resource that serves all NC residents. If Medicare Part D prescription benefits run out during the year, seniors can utilize the program to learn about other prescription medicine options. Free consultation services regardless of income levels. Also provides a mobile free pharmacy for individuals who are low-income and in need with free over the counter medicine. Those residents enrolled receive their medications by mail at no cost. Check website for schedule and full list of available medications.

Location: 4428 Taggart Creek Rd., Suite 101, Charlotte, NC 28208

Phone: 866.331.1348 or 704.943.9639

Email: [info@medassist.org](mailto:info@medassist.org)

Website: <https://medassist.org>

### **Part D Extra Help through Social Security**

Contact your S.H.I.I.P. (Seniors Health Insurance Information Program) at Davidson Medical Ministries.

Phone: 336.243.3232 (Lexington)

NCSHIIP: 855.408.1212

Website: [www.ncshiip.com](http://www.ncshiip.com)

### **The SingleCare Prescription Savings Card**

The SingleCare Prescription Savings Card program is a free resource for immediate savings on prescription medications.

Phone: 844.234.3057

Website: [www.singlecare.com](http://www.singlecare.com)

## RECREATION & SELF-ENRICHMENT

### **Davidson County Recreation Department**

Location: 555-D West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

### **Davidson County Senior Centers**

**Lexington** Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville** Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

<https://www.co.davidson.nc.us/337/Senior-Services>

### **Lexington City Parks and Recreation**

Location: 28 West Center Street, Lexington, NC 27292

Phone: 336.248.3960

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.lexingtonnc.gov/city-services/parks-and-recreation>

### **Special Olympics Davidson County**

*Offers free year-round sports training and athletic competition for adults with intellectual disabilities. Giving them the opportunities to develop physical fitness, demonstrate courage, build self-esteem, experience joy and the sharing of skill and friendships with other athletes, their families, and the community.*

Location: Davidson County Parks & Recreation Department 555-D West Center Street Ext., Lexington, NC 27295

Phone: 336.242.2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/371/Special-Olympics>

### **Thomasville Parks & Recreation**

Location: One East Main Street, Thomasville, NC 27360

Phone: 336.475.4280

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [https://www.thomasville-nc.gov/departments/parks\\_and\\_recreation/index.php](https://www.thomasville-nc.gov/departments/parks_and_recreation/index.php)



## RESPITE CARE

### **Davidson County Senior Services**

*Respite relief can be provided for unpaid caregivers who provide 24/7 supervision to a registered client of the In-Home Aide Program. Please call for other eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

### **North Carolina Lifespan Respite Program**

*The North Carolina Lifespan Respite Program is an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$750 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available.*

Phone: 828.264.3592

Website: [www.highcountryaging.org](http://www.highcountryaging.org)

### **Project Care-Duke Dementia Family Support Program**

*Services offered: Dementia-specific outreach, education and care consultation.*

*Anyone with questions and concerns related to caring for someone with changes in memory and thinking is welcome to call. Short-term respite vouchers may be available to family members providing care for their loved one with dementia.*

*To be eligible for a voucher, your loved one must live at home, require 24/7 supervision, and not receive Medicaid in-home services.*

For more information call, Natalie Leary at 919.660.7542

Website: [www.ncdhhs.gov/assistance/adult-services/project-care](http://www.ncdhhs.gov/assistance/adult-services/project-care)

## SENIOR ENRICHMENT

### **Senior Compassion Foundation**

*The vision of Senior Compassion Foundation is to become the preeminent nonprofit service for seniors that can be counted on for life enrichment and compassionate interaction.*

Location: 355 Reedy Creek School Drive, Lexington, NC 27295

Phone: 336.482.1006

Email: [mur@seniorcompassionfoundation.org](mailto:mur@seniorcompassionfoundation.org)

<https://seniorcompassionfoundation.org/>

## SOCIAL SECURITY BENEFITS

### **Social Security Administration**

**Salisbury Location:** 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday – Friday, 9:00am – 4:00pm

**Winston-Salem Location:** 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

Hours: Monday-Friday, 9:00am – 4:00pm

### **National Office:**

Phone: 800.772.1213 available 24/7 for recorded information

Toll-Free TTY: 800.325.0778

Website: [www.ssa.gov](http://www.ssa.gov)

## SUPPORT/CAREGIVER GROUPS

### **Alzheimer/Dementia Support Group – Greensboro Chapter (for Davidson County)**

*In-person locations and virtually*

Phone: 336.285.5920

Hours: Monday – Friday, 8:00am – 5:00pm

24/7 Help Line: 800.272.3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [act.alz.org/NCmonthlyprograms](http://act.alz.org/NCmonthlyprograms)

### **American Stroke Association – Guilford County Support Group**

*Support group for patients and caregivers of stroke victims.*

Currently meeting on the second Thursday of each month from 4:00pm – 5:00 p.m.

Location: Cone Health MedCenter Greensboro, 3518 Drawbridge Pkwy, Greensboro

Phone: 336.832.7493

Email: [gcstrokesupport@conehealth.com](mailto:gcstrokesupport@conehealth.com)

Website: <https://www.stroke.org/en/stroke-groups/guilford-co-stroke-support-group>

### **Brain Injury Association**

*Provides resources and training to persons living with brain injury, their families and caregivers.*

Location: 3733 National Drive, Suite 115, Raleigh, NC 27612

Phone: 919.833.9634

Brain Injury Information Line: 800.444.6443

Email: [bianc@bianc.net](mailto:bianc@bianc.net)

Website: [www.bianc.net](http://www.bianc.net)

For a list of local groups – <https://www.bianc.net/support-groups/>

### **Brookdale Lexington Assisted Living, Alzheimer's & Dementia Care**

Location: 161 Young Drive, Lexington, NC 27292

Phone: 336.238.1700

Hours: 3<sup>rd</sup> Tuesday at 3:00pm

Website: [www.brookdale.com](http://www.brookdale.com)

### **Cancer Services of Davidson County**

*Offers support group meetings; please call for dates and times.*

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday, 9:00am – 12:00pm

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

### **Caregivers of Davidson County**

*A website designed for caregivers in the Davidson County community. Website includes resources, calendar of caregiver activities and a caregiver message board where you can share insights on issues you face as a caregiver or offer advice, support and encouragement to other caregivers.*

Website: <https://caregiversofdc.com/>

### **Epilepsy of Davidson County**

*Meets Thursdays at 6:00 p.m. at Paul's Chapel Reformed Church, 2791 W. Center St. Ext. Lexington.*

Phone 336.300.4681

Email: [EpilepsyofDavidsonCounty@gmail.com](mailto:EpilepsyofDavidsonCounty@gmail.com)

Website: [www.EpilepsyAssociationofNC.org](http://www.EpilepsyAssociationofNC.org)

<https://www.facebook.com/groups/EpilepsyofDavidsonCountyNC/>

### **Family Services of Davidson County**

*Provides an 18+ Domestic Violence Support Group, Human Trafficking Support Group and Seeking Safety Group for teens that have experienced trauma and substance use.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27292

Phone: 336.249.0237

24/7 Domestic Violence/Crisis Line: 336.243.1934

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday: 8:30am – 3:00pm; Counseling available 5:00pm - 7:00pm by appointment only.

Group times vary, please call for time and location.

Website: [www.fsd.org](http://www.fsd.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **GriefShare**

*A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 13-week group, you'll discover what to expect in the days ahead and what's "normal" in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability—and gain solid support each step of the way. Free to around \$20.00 to cover the cost of the participant guide. Check website for a group in your area.*

Website: [www.griefshare.org](http://www.griefshare.org)

### **Hospice of Davidson County**

*Grief is a normal response of emotions, thoughts, and behaviors following the loss of someone or something important to you. Our monthly support group meets from 2:00pm-3:00pm the 1<sup>st</sup> Wednesday of every month and is open to everyone. We also provide individual support for up to 13 months following the death of a loved one.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: [www.hospiceofdavidson.org/grief-programs](http://www.hospiceofdavidson.org/grief-programs)

### **Hospice of the Piedmont**

Offers grief support services for their patients, their families and caregivers through their Grief Counseling Center. Through compassionate listening and proven techniques for healing, the Hospice professionals continue to walk side-by-side with you, demonstrating that you are not alone and better days will come. All grief counseling and supportive services offered free of charge. Check website or call for more information.

Location: 1801 Westchester Drive, High Point, NC 27262

Phone: 336.889.8446 (answered 24 hours a day)

Website: <https://www.hospiceofthepiedmont.org/programs/grief->

### **The Life Center of Davidson County**

*Our Mission at The Life Center of Davidson County, Inc. is to provide high quality day time care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel. We serve both participants and their families from all areas of Davidson County.*

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Hours: Monday – Friday, 7:15am – 5:00pm

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com) and [caregiversofdc.com](http://caregiversofdc.com)

### **Davidson Caregiver Academy**

*Hosted by Hospice of Davidson County, The Life Center, Atrium Wake Forest Baptist Health, Davidson County Senior Services*

Quarterly meetings, meeting locations vary.

Phone: 336.242.2945

<http://www.lifecenterdavidson.com/caregiver-academy/>

### **Family Caregiver Support Group**

3<sup>rd</sup> Wednesday of each month, 2:00pm – 3:00pm

Phone: 336.249.2155 to register

Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>

### **Grandparents Raising Grandchildren**

*Relative Caregiver Support Group*

4<sup>th</sup> Tuesday each month 1:00pm - 2:00pm

Phone: 336.249.2155 to register

Email: [astyers@lifecenterdavidson.com](mailto:astyers@lifecenterdavidson.com)

### **Parkinson's Support Group**

3<sup>rd</sup> Thursday of each month, 1:30pm – 2:30pm

Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>

Email: [nsmith@lifecenterdavidson.com](mailto:nsmith@lifecenterdavidson.com)

Phone: 336.249.2155

### **The Michael J. Fox Foundation for Parkinson's Research**

*The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.*

Phone: 212.509.0995

Website: <https://www.michaeljfox.org/>

### **NCCARE360 Family Caregiver Specialists**

*Provides referrals for unmet needs within the community.*

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Leslie Craver, [lcraver@lifecenterdavidson.com](mailto:lcraver@lifecenterdavidson.com)

Website: <https://caregiversofdc.com/nccare360-partnership/>

### **Parkinson Association of the Carolinas**

*The goal for the Parkinson Association of the Carolinas (PAC) is to help support people with Parkinson's disease throughout North and South Carolina so that they can remain independent and stay active in the community until a cure is found.*

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Mailing Address: P.O. Box 1465, Matthews, NC 28106

Phone: 980.245.2786

Toll-free: 866.903.7275

Email: [pac@parkinsonassociation.org](mailto:pac@parkinsonassociation.org)

Website: <https://www.parkinsonassociation.org/>

### **Parkinson's Foundation**

*The Parkinson's Foundation launched the Aware in Care campaign in 2011 to help people with Parkinson's disease (PD) get the best care possible during a hospital stay. Research has found that three out of four people with Parkinson's do not receive medications on time when staying in the hospital, and that when this occurs two out of three will experience unnecessary complications. With more frequent hospital visits and a high sensitivity to the timing and dosing of PD medications, people with Parkinson's face great risks in the hospital.*

Helpline: 800.473.4636 Hours: 9:00am – 7:00pm

Local Chapter: 336.817.4190

Email: [Helpline@parkinson.org](mailto:Helpline@parkinson.org)

Website: <https://www.parkinson.org/resources-support/hospital-safety-guide>

### **Sisters Of Hope**

Regardless of where you are on life's journey, you do not have to walk it alone. Sisters of Hope NC Inc. is a women's support group that offers Whole-life Recovery-Rediscovery Soul Care, Coaching, and Mentorship Small Groups for Support, Love, and Hope. They do outreach physical and spiritual food with all ladies including those who are transitioning on life's journey at the women's shelter, homeless and North Piedmont Correctional Center.

Location: 703 Lexington Avenue, Unit #3, Thomasville, NC 27360

Phone: 743.202.7284 / 336.472.HOPE(4673)

Email: [SISTERSOFHOPEINC01@gmail.com](mailto:SISTERSOFHOPEINC01@gmail.com)

Website: [www.sistersofhopeinc.com](http://www.sistersofhopeinc.com)

Facebook: [www.facebook.com/people/sisters-of-hope-NC](https://www.facebook.com/people/sisters-of-hope-NC)

Women's Support Group Meeting workshop first Saturday of each month, food and fellowship from 2:00pm – 4:00pm.

12-week Whole Life Recovery-Rediscovery Soul Care, Coaching and Mentorship Small Group once per week Wednesdays 10:00am -12:00pm and Fridays 6:00pm – 7:00pm

### **Trellis Supportive Care, Winston Salem and Salisbury**

**Winston-Salem Location:** 101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Monday - Friday; 8:00am - 5:00pm

**Salisbury Location:** 301 South Main St, Suite 105, Salisbury, NC 28144

Phone: 704.637.7645

Counseling Dept: Monday - Friday; 8:00am - 5:00pm

Website: <https://www.trellissupport.org/>

## TAXES

### **Davidson County Senior Services**

Volunteer AARP counselors trained in cooperation with the IRS provide counseling and income tax preparation February through April.

**Thomasville Location:** 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

### **Davidson County VITA Program**

Volunteer Income Tax Assistance (VITA) program is a community collaborative effort between DC Connect, Inc., the IRS and other community organizations. IRS certified volunteers prepare and E-file tax returns for low-income taxpayers for FREE. Federal and state tax returns prepared and e-filed January 25, 2024 – April 3, 2024.

Website: <https://dcconnectinc.org/vita/>

Phone: 336.726.5828

Tax preparation sites located in Lexington, Thomasville and Denton by appointment only.

### **Davidson County Tax Department**

Location: 913 Greensboro Street, Suite 303, Lexington, NC 27292  
Mailing Address: P.O. Box 1617, Lexington, NC 27293  
Phone: 336.242.2180  
Hours: Monday – Friday, 8:00am – 5:00pm  
Website: <https://www.co.davidson.nc.us/355/Tax-Assessor>

### **Internal Revenue Service (IRS)**

Address: 251 N. Main St., Suite 800, Winston-Salem, NC 27101  
Phone for Local Winston-Salem Office: 336.659.2740  
Appointments: 844.545.5640  
Local Winston-Salem Office available Monday – Friday, 8:30am – 4:30pm (closed for lunch 12:00 – 1:00 p.m.)  
Website: [www.irs.gov](http://www.irs.gov)

### **NC Department of Revenue**

*State tax information*  
Mailing Address: P.O. Box 25000, Raleigh, NC, 27640  
Hours: Monday – Friday, 8:00am – 5:00pm  
Phone: 877.252.3052  
Phone for Individual Income Tax Refund Inquiry: 877.252.4052  
Phone for Tax Fraud Hotline: 800.232.4939  
Regional office: 1500 Pinecroft Road, Suite 300, Greensboro, NC 27407  
Phone: 336.487.0200  
Hours: Walk-ins: Monday, Wednesday and Friday 9:00am -4:00pm  
Appointments Monday-Friday 9:00am – 4:00pm  
Website: [www.dornc.com](http://www.dornc.com)

## TELEPHONE REASSURANCE

### **AARP-Friendly Voice Call Center**

*Trained volunteers will give a call to say hello once a week (10-15 minute calls).*  
Phone: 888.281.0145  
Hours: Monday-Friday, 9:00am-5:00pm  
Website: [www.aarpcommunityconnections.org/friendly-voices/](http://www.aarpcommunityconnections.org/friendly-voices/)

### **Davidson County Sheriff's Office – Wellness Check**

*Provides well checks on the elderly (city and county residents) upon request; must live alone to qualify.*  
Phone: 336.242.2100

### **One Hope – NC Baptist Aging Ministry**

*Trained volunteers encourage callers with a friendly voice and compassionate ear.*  
Phone: 866.578.4673  
Hours: 9:00am – 5:00pm



## TRANSPORTATION

### **Community Link, Traveler's Aid – NC**

*Provides a one-way bus ticket for any stranded traveler who can't afford to buy one.*

Location: 601 East Fifth Street, Suite 500, Charlotte, NC 28202

Phone: 704.943.9490

Website: [www.communitylinknc.org](http://www.communitylinknc.org)

### **Davidson County Department of Transportation – DC Rides**

Location: 945 North Main Street, Suite B, Lexington, NC 27292

Phone: 336.242.2250, Office Hours 8:00am - 5:00pm

**Phone for seniors age 60+: 336.242.2947, Office Hours: 8:00am - 5:00pm**

Phone for Medicaid recipients: 336.236.3204 (for medical transportation through Medicaid)

Bus Route Hours: Monday – Friday, 6:00am – 6:00pm

Saturday, 10:00am – 4:00pm – Thomasville only

Website: <https://www.co.davidson.nc.us/258/Transportation>

DC Senior Transportation will transport veterans to the Salisbury and Kernersville Medical Centers.

Wednesdays-Salisbury Center

Thursdays-Kernersville Center

Appointment times between 8:00am - 1:00pm.

Phone: 336.242.2947

### **Piedmont Authority for Regional Transportation (PART)**

*The Piedmont Authority for Regional Transportation (PART) is a unit of local government created in 1997 to enhance all forms of transportation in the Piedmont Triad Region. Our work is part of a larger statewide effort to improve transportation systems in North Carolina. Working with our partners, we strive to enhance mobility, address congestion, and reduce transportation related impacts on our air quality.*

Administrative Office: 107 Arrow Road, Greensboro, NC 27409

Phone: 336.883.7278

Hours: Monday – Friday: 6:30am – 8:00pm, Saturday 7:00am – 8:00pm

Email: [contactus@partnc.org](mailto:contactus@partnc.org)

For Routes and Schedules: <https://www.partnc.org/27/Routes-Schedules>

## UTILITY ASSISTANCE

### **Cooperative Community Ministry**

*Provides utility assistance for eligible applicants when funds are available.*

*Applicant must reside in Davidson County, and must provide Photo ID, piece of current mail, proof of household income, receipts for major expenses for last 30 days and bill that needs payment.*

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: [batkins@ccmtville.org](mailto:batkins@ccmtville.org)

Hours: Monday/Tuesday/Thursday, by appointment only.

Website: [www.ccmtville.org](http://www.ccmtville.org)

### **Davidson County Community Action**

*Helping People. Changing Lives. Their mission is to help low-income families move out of poverty by connecting people to community resources, coaching people to help themselves, and calling attention to inequality in Davidson County.*

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: September – May: Monday – Thursday 7:30am – 5:30pm, Friday 7:30am – 11:30am

May – September: Monday – Thursday 7:00am – 6:00pm, Friday closed

Applications for program assistance are available online and accepted in person during the hours of Monday – Thursday 9:00am – 12:00pm and 2:00pm – 4:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Website: <http://www.davidsoncommunityaction.com/>

### **Davidson County Social Services, Emergency Assistance**

*Provides utility assistance to eligible applicants as long as funds are available.*

*Must have a past due bill. Please call for eligibility requirements-must meet income and other guidelines. Can apply online at [epass.nc.gov](http://epass.nc.gov).*

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: 336.242.2500 - ask for utility assistance

Thomasville: 336.474.2760 - ask for utility assistance

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/422/Emergency-Assistance>

### **Davidson County Department of Social Services-Low Income Energy Assistance Program (LIEAP)**

*LIEAP gives families a one-time vendor payment to help pay for heating-related costs. Program runs from December through March. Applications are available through Davidson County Department of Social Services. Can also apply online at [epass.nc.gov](http://epass.nc.gov).*

Phone: 336.242.2500

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/423/Low-Income-Energy-Assistance>

### **Duke Energy**

*May be able to assist by providing installment plans (available for past due balances, move-in deposits and final bills if approved), due date extensions (available twice a year, can make the due date five to ten days later if approved) or disconnect extensions (choose between five-day or ten-day disconnect date extension if approved).*

*See website for qualification details or call number below.*

Phone: 800.943.6914

Hours: 7:00am - 7:00pm

<https://www.duke-energy.com/home/billing/special-assistance>

### **Duke Energy-Medically Essential Program**

*Medical Alert is a Duke Energy program that recognizes our customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medical Alert customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.*

Phone: 800.943.6914

Hours: 7:00am – 7:00pm

<https://www.duke-energy.com/home/billing/special-assistance>

### **Energy United Heating Assistance Program**

*Energy United Foundation money is available to assist those needing help with their Energy United electric bill due to high heating costs. The individual must be experiencing financial hardships from unemployment or family crisis, be ill, elderly (age 65 or over) or disabled. Individuals must complete an application found on the Energy United website. Upon completion, mail to the address listed below. Maximum amount that can be granted to each applicant is \$400 for the period Dec 1, 2023 – April 28, 2024. Only one application will be accepted per household. Assistance will pay for the Energy United electric bill only (not propane bills) and will be credited to the member's Energy United electric account.*

Local Office: 1900 Odell Owen Road, Lexington, NC 27295

Phone: 800.522.3793

Website: <https://www.energyunited.com/giving-back/>

### **Fairgrove Family Resource Center**

*Thomasville residents only. They can provide assistance with past due utilities and rent/mortgage; by appointment only*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

### **Midway Methodist Church**

Midway Methodist church provides essential support services for individuals and families in need within the local community. Their offerings are tailored to address immediate necessities such as food insecurity and financial difficulties to housing and utilities.

**Food Pantry:** Access to essential groceries for families facing food insecurity.

**Financial Support:** Case-by-case support with rent and power bills for residents living within 5 minutes of the church. This assistance is limited to once a year per family.

**Residency Requirement:** Assistance with bills is available exclusively to those residing within a five-mile radius of the church location to ensure local community support.

**Contact for Support:** Individuals are encouraged to contact the church directly to discuss their situation and determine eligibility.

Location: 9795 Old US 52, Lexington, NC 27295

Phone: for inquiries and assistance, please call 336.764.0990

Website: visit [midwaymethodist.org](http://midwaymethodist.org) for more detailed about our services and programs.

Office Hours: Open from Monday to Thursday, 8am – 4pm, and Friday from 8am – 2pm

### **Salvation Army, Lexington**

*Provides financial assistance for utilities when funds are available. Must bring ID, proof of income, proof of bills, and something that shows what the recent emergency is and why you have fallen behind on the bills.*

Location: 314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292

Phone: 336.481.7324 ext. 2, Erica Trail-Social Worker

Email: [Erica.Trail@USS.SalvationArmy.org](mailto:Erica.Trail@USS.SalvationArmy.org)

Hours: Monday – Friday, 8:00am-12:00pm walk in; 1:00pm -4:00pm by appointment only

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

### **Salvation Army, Thomasville**

*Provides financial assistance for utilities when funds are available. Must bring ID, proof of income, proof of bills, and something that shows what the recent emergency is and why you have fallen behind on the bills.*

Location: 309 Etta Lane, Thomasville, NC 27360

Phone: 336.481.7324, ext. 2

Office Hours: By appointment only

Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

### **South Davidson Family Resource Center**

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

## VETERANS' SERVICES

### **Caregiver Support Line**

Phone: 855.260.3274

Hours: Monday - Friday, 8:00am - 10:00pm, Saturday, 8:00am - 5:00pm

### **Community Link, Traveler's Aid – NC**

*Targets low-income veterans and their families who are homeless or on the verge of homelessness. Provides a one-way bus ticket for someone fleeing domestic violence, someone with rare disease/medical emergency. Compensation for those with claims against military.*

Location: 601 East Fifth Street, Suite 500, Charlotte, NC 28202

Phone: 704.943.9490 or 800.977.1969

### **Davidson County Veterans' Services**

*Local office for information on veterans' services and benefits. Provides information for veterans residing in Davidson County. Appointments are encouraged.*

Location: 913 Greensboro Street, Suite 101, Lexington NC 27292

Phone: 336.242.2037

Hours: Monday – Friday, 8:00am – 4:00pm

Website: <https://www.co.davidson.nc.us/242/Veterans>

### **Goodwill Veterans Services**

*Goodwill will work to equip veterans and their families with the tools they need to succeed in the workplace and at home.*

Location: 719 West Center Street, Lexington, NC 27292

Phone: 336.236.8021

Website: <https://www.goodwill.org/jobs-training/veterans-military-families/>

### **Holly Hill Memorial Park**

*All honorably discharged veterans – no matter where, when, or how they served – are eligible for a free plot at our cemetery if one is not already owned.*

Location: 401 West Holly Hill Road, Thomasville, NC 27360

Phone: 336.472.7455

Hours: Monday – Friday, 9:00am - 5:00pm, Saturday, 10:00am - 1:00pm

Website: <https://hollyhillcemetery.com/veterans/>

### **Kernersville VA Clinic**

*Provides medical care (in-patient, out-patient, medication) for veterans.*

*Please call 704.638.9000 or 800.469.8262, ext. 4 to speak to someone about eligibility requirements.*

Location: Kernersville Health Care Center at 1695 Kernersville Medical Parkway, Kernersville, NC 27284

Phone: 336.515.5000      Mental Health Care: extension 28500

Hours: Monday through Friday 8:00am – 4:30pm, Saturdays 8:00am -12:00pm

Automated Information: 800.469.8262

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

### **MY VA Main Information Line**

Phone: 800.698.2411

Hours: 24/7

### **North Carolina Serves/NCCARE360.**

*A network of public, private and nonprofit organizations serving veterans, service members and their families utilizing a common technology platform to create accountability and formalize communication, coordination and transparency in order to efficiently and effectively guide veterans, service members and their families to the most appropriate services and resources available to achieve their unique goals.*

Phone: 855.425.8838

Website: <https://nccare360.org/ncserves/>

### **NC4VETS – Department of Military and Veterans Affairs**

*Provides information for veterans.*

Location: 413 North Salisbury Street, Raleigh, NC 27603

Mailing Address: 4001 Mail Service Center, Raleigh, NC 27699-4001

Phone: 844.624.8387

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.milvets.nc.gov/>

### **Salisbury National Cemetery**

*Burial in a national cemetery is open to all members of the armed forces who have met a minimum active-duty service requirement and were discharged under conditions other than dishonorable. A Veteran's spouse, widow or widower, minor dependent children, and under certain conditions, unmarried adult children with disabilities may also be eligible for burial. Members of the reserve components of the armed forces who die while on active duty or who die while on training duty, or were eligible for retired pay, may also be eligible for burial.*

Location: 501 Statesville Boulevard, Salisbury, NC 28144

Phone: 704.636.2661

Hours: Monday – Friday, 7:30am – 4:00pm

Website: <https://www.cem.va.gov/cems/nchp/salisbury.asp>

### **Skilled Nursing Care – NC State Veterans Home in Salisbury-Pruitt Health**

*99-bed home for Veterans.*

Location: W. G. (Bill) Hefner VA Medical Center

1601 Brenner Avenue, Building #10

Salisbury, NC 28144

Phone: 704.638.4200

Website: <https://www.salisbury.va.gov/>

COVID-19 vaccines are now available for ALL eligible Veterans-regardless of age-at all three health care facilities. Walk-in appointments are available only at the Salisbury facility. Please call (800)706-9126 to schedule your Covid-19 vaccination appointment today.

All who enter Salisbury VA HCS property will be screened for the Covid-19 virus and must wear a mask. Please allow extra time to ensure that you arrive at your appointment on time.

### **Telecommunications Relay Services (Using TTY)**

711

Hours: 24/7

### **Veterans Administration (VA) Benefits**

*U.S. Department of Veterans Affairs; Provides information on veteran's benefits*

Location: 810 Vermont Avenue, NW Washington DC 20420

National Call Center: 800.827.1000

Hours: 8:00am - 9:00pm

Regional office: 215 North Main Street, Winston Salem, NC 27155 (located in the Hiram Ward Federal Building)

Hours: Monday through Friday: 8:00am – 4:00pm

Veterans Crisis Line: 988, select 1. 24/7

Website: [www.benefits.va.gov/](http://www.benefits.va.gov/)

Confidential Crisis Chat at [Veteranscrisisline.net](http://Veteranscrisisline.net) or text 838255

### **VA Health Care Benefits**

*U.S. Department of Veterans Affairs; Information on veterans' health care and benefits. Please call for information.*

Phone: 877.222.8387 / TDD: 800.829.4833

Hours: Monday - Friday, 8:00am - 8:00pm

Website: [www.publichealth.va.gov/exposures/benefits/health-care.asp](http://www.publichealth.va.gov/exposures/benefits/health-care.asp)



### **VA Medical Foster Home Program**

*An alternative to nursing home or assisted living care for Veterans provided by the W.G. (Bill) Hefner VA Medical Center in Salisbury. Private pay option.*

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: 704.638.9000 ext. 16641

Website: [https://www.va.gov/GERIATRICS/pages/Medical\\_Foster\\_Homes.asp](https://www.va.gov/GERIATRICS/pages/Medical_Foster_Homes.asp)

### **Veterans Crisis Line**

*Voluntary, Confidential, Free and Professionally Staffed*

Crisis Phone Number: 988, ext. 1

Phone: 800.273.8255, Press 1

Text: 838255

Website: <https://www.veteranscrisisline.net/get-help/chat>

### **Veterans – Homebound**

*Home based primary care. Provided services include; dietician, nurse practitioner, social worker, occupational therapist and physical therapist. Contact your doctor to order.*

### **W.G. Bill Hefner Salisbury Department of Veteran's Affairs Medical Center**

*Provides medical care (in-patient, out-patient, medication) for veterans.*

*Please call 704.638.9000 or 800.469.8262, ext. 4 to speak to someone about eligibility requirements.*

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: 704.638.9000 Mental Health Care: extension 13450

Automated Information: 800.469.8262

Website: [www.salisbury.va.gov](http://www.salisbury.va.gov)

### **W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice Care**

*The VA Hospice Care Program is open to veterans who have an illness for which life-saving treatment is no longer practical. Each veteran must be enrolled in the VA Healthcare System.*

Phone: 704.638.9000, ext. 14150

Website: [https://www.va.gov/geriatrics/pages/Hospice\\_Care.asp](https://www.va.gov/geriatrics/pages/Hospice_Care.asp)

### **Warrior Bridge**

*Connects veterans with disabilities to resources and support as they seek employment, self-sufficiency and improved quality of life*

Phone: 910.826.4699

Website: [www.warriorbridge.org](http://www.warriorbridge.org)

Warrior Bridge North Carolina

Location: 600 Ames Street, Fayetteville, NC 28301

Website: <https://www.servicesource.org/service/warrior-bridge-veterans-services/#NorthCarolinaEmploymentAssistanceSupport>



## VICTIM ASSISTANCE SERVICES

### **Family Services of Davidson County**

*Domestic violence elder abuse, human trafficking and sexual assault support, safety planning, shelter and counseling.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday 8:30am - 3:00pm.

Counseling available 5:00 - 7:00pm by appointment only.

Hattie Lee Burgess Home is a safe, temporary home of individuals/families actively fleeing domestic and sexual violence, human trafficking and stalking. Open 24/7.

24/7 Domestic Violence/Crisis/Shelter Line: 336.243.1934

Website: [www.fsd.org](http://www.fsd.org)

Facebook: <https://www.facebook.com/FamilyServicesDavidson/>

## VOLUNTEER OPPORTUNITIES

### **Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)**

*Serves the hungry and homeless with clothing, food and shelter.*

*Volunteer opportunities are available in the food pantry and in the clothing closet for Monday through Friday 8:00am – 5:00pm.*

*Volunteer opportunities are available for the Adult Shelter overnight.*

Call Executive Director: Ashley Phillips for more information regarding volunteer opportunities.

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

### **Davidson County Senior Services**

*Volunteer opportunities available for delivering meals, office assistance, and more. Please call and ask for the Volunteer Coordinator for more information on opportunities and eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/387/Volunteers>

### **FaithHealth NC**

*FaithHealth staff, as well as volunteers from congregations and the community, offer health care ministries to anyone in the community in need. They provide support before, during, and after hospitalization. They help coordinate home visitation, food and provision of emotional and spiritual support.*

Contact: Reverend Dianne Horton

Phone: 336.238.4560

Email: [dhorton@wakehealth.edu](mailto:dhorton@wakehealth.edu)

Website: [www.faithhealth.org](http://www.faithhealth.org)

### **Guardian ad Litem**

*Volunteer opportunities available for advocating as Guardian ad Litem (GAL) appointed by the court to advocate for the best interests of an abused or neglected child. The GAL serves as an important voice for the child in court.*

Phone: 336.242.6719

Email: [gal.district22b@nccourts.org](mailto:gal.district22b@nccourts.org)

Website: <https://volunteerforgal.org/>

### **Hospice of Davidson County**

*We were founded almost 30 years ago by a small group of volunteers and we continue to rely on our volunteers today! Opportunities for volunteers include administrative tasks, direct patient care, bereavement support, and community engagement. Training and continuing education are provided.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.hospiceofdavidson.org/volunteer/>

### **North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)**

*NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services.*

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [www.ncbam.org](http://www.ncbam.org)

### **Pastors Pantry of Lexington**

*Volunteer opportunities available on a regular basis, when you have time, or as needed. Call or visit the website below for more information.*

Location: 307 N State St, Lexington, NC 27292

Phone: 336.249.8824 Ext. 303

Hours: Monday – Thursday, 8:00am – 4:00pm

Email: [pantry.coordinator@pastorspantry.org](mailto:pantry.coordinator@pastorspantry.org)

Website: <https://pastorspantry.org/how-help/volunteer/>

### **United Way of Davidson County**

*Volunteer information and opportunities available. Please call or go to website for more information.*

Location: 11 Court Square, Suite 100, Lexington, NC 27292

Mailing Address: P.O. Box 492, Lexington, NC 27293

Phone: 336.249.2532

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <https://www.uwdavidson.org/>

## WEATHERIZATION

### **Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program**

*Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.ptrc.org/weatherization](http://www.ptrc.org/weatherization)

