



555-B West Center Street Ext. • Lexington, NC • 27295
211 West Colonial Drive • Thomasville, NC • 27360
Tel: 336.242.2290 • Fax: 336.236.7515

Thessia Everhart-Roberts, B.S., M.A.
Director of Senior Services

COMMUNITY RESOURCE DIRECTORY FOR OLDER ADULTS

Davidson County Department of Senior Services
Effective March 2023

555-B West Center Street Extension, Lexington, NC 27295
211 West Colonial Drive, Thomasville, NC 27360
336.242.2290

www.co.davidson.nc.us/seniorservices

Email: seniorservices@davidsoncountync.gov • Web: www.co.davidson.nc.us/seniorservices



NOTES

TABLE OF CONTENTS

Emergency Numbers	4	LGBTQ Resources	45
Personal Numbers.....	4	Medicaid Information	46
Abuse and Neglect	5	Medical Alert Systems	46
Adult Day Care / Day Health...	5	Medical Centers	46
Advocacy.....	6	Medical Services.....	47
Animal Resources	7	Medical Complaints.....	50
Bereavement & Grief Services	8	Medical Equipment & Loan Closets	50
Blind & Visually Impaired	9	Medicare Information.....	52
Cancer Services.....	10	Mental Health & Substance Abuse Services	53
Communication Services.....	11	Nursing Homes, Retirement Homes, Assisted Living Facilities	56
Computer Training	12	Nutrition	56
Consumer Protection.....	12	Pastoral Care.....	58
Counseling	13	Prescription Assistance	59
Deaf & Hard of Hearing	15	Recreation & Self-Enrichment	60
Dementia & Alzheimer's.....	16	Respite Care	61
Dental Services	17	Senior Enrichment.....	62
Disability-Related Services	18	Social Security Benefits	62
Education	22	Support/Caregiver Groups	63
Emergency Assistance	24	Taxes.....	66
Employment & Training	27	Telephone Reassurance.....	67
End-of-Life Planning	28	Transportation.....	67
Financial Management	28	Utility Assistance	68
Food Assistance	30	Veterans' Services	71
Fraud & Scam	36	Victim Assistance Services	74
Holiday Services.....	36	Volunteer Opportunities/ Assistance	75
Home Care Services	37	Weatherization	76
Home Modification & Repairs..	37		
Housing (Senior)	39		
Housing (Temporary).....	40		
I.D. Cards, Licenses, Records..	41		
Information & Referral	41		
Insurance Information.....	44		
Legal Services	44		

EMERGENCY NUMBERS

Ambulance	911
Animal Control	336.249.0131
Community Health & Human Service Resources...	211
Directory Assistance	411
Fire.....	911
North Carolina Road Conditions.....	511
Police.....	911
Poison Control	800.222.1222
Suicide & Crisis Lifeline.....	988

PERSONAL NUMBERS

Hospital: _____

Doctor: _____

Pharmacy: _____

Power Company: _____

Water Company: _____

Relative: _____

Neighbor: _____

ABUSE AND NEGLECT

Davidson County Adult Protective Services

Accepts reports of abuse, neglect and exploitation of vulnerable/disabled adults age 18 and over

Location: 918 Greensboro Street, Lexington, NC 27292

Phone: 336.242.2839

Hours: Monday – Friday, 8:00am – 5:00pm

After Hours, Weekends, Holidays: 336.249.0131 - ask for on-call social worker

Website: <https://www.co.davidson.nc.us/407/Adult-Protective-Services>

Family Services of Davidson County

Provides counseling, advocacy, shelter and safety planning for individuals and families experiencing abuse, neglect, domestic violence, human trafficking and sexual violence. Services are provided through insurance, sliding scale fees, grant programs and Employee Assistance Programs.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday, 8:30am - 3:00pm

Counseling available 5:00 - 7:00pm by appointment only.

Hattie Lee Burgess Shelter: Open 24 hours

24/7 Domestic Violence/Crisis/Shelter Line: 336.243.1934

Website: www.fsdco.org

<https://www.facebook.com/FamilyServicesDavidson/>

ADULT DAY CARE / ADULT DAY HEALTH

Carolina Senior Care / PACE Program

A Program of All-Inclusive care for the elderly

Location: 802 East Center Street, Lexington, NC 27292

Phone: 336.746.3500

Toll-Free: 833.223.4476 TTY: 800.735.2962

Email: Info@CarolinaSeniorCare.org

Hours: Monday – Friday, 8:00am – 5:00pm; Access to care is available 24 hours/day

Website: www.carolinaseniorcare.org

The Life Center of Davidson County

Provides quality day care and day health for older adults and impaired adults

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Email: Info@LifeCenterDavidson.com

Hours: Monday – Friday, 7:15am – 5:30pm

Website: www.lifecenterdavidson.com

ADVOCACY

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person; educates and advocates for seniors

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias

All offices not open for appointments - working remotely

Charlotte Office

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 8:30am – 5:00pm

Greensboro Office

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 8:00am – 5:00pm

24/7 Crisis Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Davidson County Transitional Services (DCTS)

Helps people reach individual success everyday through consulting, education and referral services by connecting them to a collaborative support network in times of transition

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: 336.472.0625

Hours: By Appointment

Website: <https://dctsinc.org/>

Disability Rights NC

Serves children and adults with disabilities living in NC; provides advocacy and legal services at no charge for people with disabilities living in North Carolina

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: 919.856.2195

Toll-Free: 877.235.4210

TTY: 888.268.5535

Email: Info@DisabilityRightsNC.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.disabilityrightsnc.org

Division of Health Service Regulation – Complaint Hotline

Oversees medical, mental health and adult care facilities, emergency medical services and local jails to ensure safe and appropriate care is being administered. Complaints may be shared with this unit via phone, fax or postal mail.

Location: Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699-2711

Phone: 800.624.3004

Hours: Monday – Friday, 9:00am – 12:00pm; 1:00 - 4:00pm

Fax: 919.715.7724

Website: <https://info.ncdhhs.gov/dhsr/ciu/filecomplaint.html>

NC Senior Tar Heel Legislature

Promotes citizen involvement and advocacy concerning aging issues before the NC General Assembly. There is one delegate to the Senior Tar Heel Legislature from each of the 100 counties in the state.

Davidson County belongs to Region G – Piedmont Triad Regional Council

1398 Carrollton Crossing, Kernersville, NC 27284

Phone: 336.904.0300

Website: www.ncseniortarheellegislature.org

Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program

An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of Nursing and Adult Care Home residents.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0300

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <https://www.ptrc.org/services/area-agency-on-aging/long-term-care>

Solutions for Independence

Advocacy and assistance for individuals with disabilities

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.sicilnc.org

ANIMAL RESOURCES

Animal Control

Animal Control Officers are responsible for protecting the public by enforcing state laws and local ordinances concerning domestic dogs running at large, stray animals, rabies control and the investigation of animal cruelty complaints.

Phone: 336.249.0131 Trap Requests: 336.242.2904

Hours: Monday – Friday, 8:00am – 10:00pm

Website: <https://www.co.davidson.nc.us/999/Animal-Control>

Davidson County Animal Alliance

Assists the pet's family with spay/neuter funds, vaccinations, food, medicine, pet housing, fenced enclosures to unchain dogs and assistance with rehoming pets

Mailing Address: PO Box 183, Thomasville, NC 27361-0183

Phone: 336.357.0805

Email: dcanimalalliance@gmail.com

Website: <https://dcanimalalliance.org>

Davidson County Animal Shelter

Protects, feeds and houses the stray, injured, abused or unwanted animals in the county. Provides rabies shots for \$10.00.

Location: 490 Glendale Road, Lexington, NC 27292

Phone: 336.357.0805

Hours: Monday – Friday, 11:00am – 5:00pm, Saturday, 11:00am – 3:00pm

Website: <https://www.co.davidson.nc.us/149/Animal-Shelter>

The Humane Society of Davidson County

Advocates for animals, provides spay & neuter assistance and transport, offers a sick & injured fund and a pet food pantry; investigates animal cruelty cases and hosts adoption fairs.

Pet food pantry is available the 1st Wednesday of each month from 11:00am - 1:00pm.

Location: 1120 Piedmont Drive, Lexington, NC 27292 – by appointment only

Mailing Address: P.O. Box 1791, Lexington, NC 27293

Phone: 336.248.2706 - Please leave message and volunteer will call back.

Spay/Neuter Line: 336.237.0131 - Please leave message and volunteer will call back.

(Thrifty Paws Thrift Store Hours: Friday, 2:00 - 6:00pm; Saturday, 10:00am - 2:00pm)

Email: DavidsonHumane@gmail.com

Website: www.humanesocietyofdavidsoncounty.org

Spay and Neuter Instead of Pregnancy (SNIP)

SNIP is a partnership of Davidson County Animal Alliance and Ruff Love Rescue. Our goal is to reduce the overpopulation of animals in Davidson County by offering low cost spay/neuter services to Davidson Co. residents.

Email: snip4dc@gmail.com

Website: www.co.davidson.nc.us/716/spay-and-neuter

Facebook: SNIPDC

BEREAVEMENT & GRIEF SERVICES

Family Services of Davidson County

Provides individual, couples, family and group outpatient counseling services to all ages. Grief counseling services are available to individuals, couples and families.

Location: 1303 Greensboro Street Ext, Lexington, NC 27295

Phone: 336.249.0237

Hours: Monday – Thursday, 8:30am – 5:00pm. 5:00 - 7:00pm by appointment only.

Friday, 8:30am - 3:00pm

Website: www.fsdco.org

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

Hospice of Davidson County

Grief is a normal response of emotions, thoughts, and behaviors that follow the loss of someone or something important to you. Hospice of Davidson County provides individual support for up to 13 months following the death of a loved one or we offer a support group the first Wednesday of every month, from 2:00 - 3:00pm.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: www.hospiceofdavidson.org/grief-programs

Trellis Supportive Care, Winston-Salem (formerly Hospice & Palliative CareCenter)

Provides individualized and group grief counseling services for 13 county service areas

101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Counseling Dept: Monday - Friday; 8:00am - 5:00pm

Website: <https://www.trellissupport.org/>

BLIND & VISUALLY IMPAIRED

En-Vision America

Provides ScriptAbility, which includes prescription labels in Braille, large print and talking. Ask your pharmacy if they could set up prescriptions with ScriptAbility labels. Initial setup may take one week, then later prescriptions can be filled quickly.

Walmart - 1585 Liberty Drive, Thomasville, NC 27360; Phone: 336.474.2264

Walmart - 3475 Parkway Village Court, Winston Salem, NC 27127; Phone: 336.771.1011

Website: www.envisionamerica.com

EyeCare America

If you are a U.S. citizen or legal resident age 65+, have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care, you may be eligible for free eye care services. If eligible, you can schedule an often free comprehensive eye exam with a participating ophthalmologist. The program does not cover the cost of eyeglasses, prescription drugs, hospital services or fees from other medical professionals.

Mailing Address: P.O. Box 7424, San Francisco, CA 94120-7424

Phone: 877.887.6327; Monday – Friday, 11:00am – 3:00pm Eastern Time

Website: www.eyecareamerica.org

Email: eyecareamerica@aao.org

NC Accessible Books and Library Services

Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual, physical or reading disability.

Location: 1841 Capital Blvd., Raleigh, NC 27635

Phone: 984.236.1100

Toll-Free: 888.388.2460

Email: ncabls@ncdcr.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Chat with a Reader Advisor Online: Monday – Friday, 8:30am – 4:30pm, except for state holidays

Website: <https://statelibrary.ncdcr.gov/lbph>

NC Lions Clubs (Help with Glasses)

Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens. Please call for specific eligibility requirements.

Location: 7062 Camp Dogwood Drive, Sherrills Ford, NC 28673

Mailing Address: P.O. Box 39, Sherrills Ford, NC 28673

Phone: 828.478.2135

Toll-Free: 800.662.7401

Website: www.nclionsinc.org

Services for the Blind, Davidson County

Provides a variety of services to persons who are blind or visually impaired for the entire spectrum of vision loss to help with medical eye care (MEC), maintaining independence in the home and community, as well as obtaining and maintaining competitive employment through training and accommodations. Disability awareness and sensitivity training available at no cost.

Location: 211 West Colonial Drive, Thomasville, NC 27360

Contact: Santana Boyd, Social Worker

Phone: Davidson County 336.474.2709

Email: Santana.boyd@dhhs.nc.gov

Website: <https://www.ncdhhs.gov/assistance/vision-loss>

Services for the Blind, Winston-Salem District Office

Location: 4265 Brownsboro Rd. Suite 100, Winston-Salem, NC 27106

Phone: .336.896.2227

Website: www.ncdhhs.gov/dsb/

CANCER SERVICES

American Cancer Society

Funds and conducts cancer research, shares expert information, supports patients and prevention efforts

24/7 Support Line: 800.227.2345

Email & live chat are available through website

Website: www.cancer.org

Cancer Services of Davidson County

Cancer Services provides emotional, physical and financial support to cancer patients in Davidson County.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

COMMUNICATION SERVICES

CapTel North Carolina

CapTel uses voice recognition technology to display verbatim captions of the conversation on the telephone's screen, allowing the person to hear and read all comments. Low income residents may qualify to receive a CapTel phone at no cost through the Equipment Distribution Service from the NC Division of Services for the Deaf and Hard of Hearing. People who cannot hear over the phone may also be eligible to receive an internet-based CapTel phone at no cost with a signed certification of hearing loss from their audiologist or doctor.

Phone: 800.233.9130

Hours: 24/7 access

Website: <https://www.captel.com/states/north-carolina/>

ClearCaptions

ClearCaptions provides phone captioning allowing the user to read the words spoken on a phone call. ClearCaptions products and services are free to qualified users as a relay cost through Title IV of the American with Disabilities Act.

Phone: 866.868.8695 – General Support

Hours: Monday – Friday, 8:00am – 10:00pm; Saturday/Sunday, 9:00am – 7:00pm

Website: <https://clearcaptions.com/>

Relay North Carolina

Statewide service that connects standard telephone users with people who are deaf, hard of hearing, or deaf-blind using TTYS

Hours: 24/7 access

Voice: 800.735.0341

TTY: 800.735.0533

Email: captioning@t-mobile.com

Website: www.relaync.com

SafeLink Wireless Lifeline Program

Provides free cell phone services to eligible households; provided by TracFone Wireless Inc. Eligibility and income requirements must be met and vary by state. Limited to one person per household

Correspondence: SafeLink Wireless PO Box 160490, Hialeah, FL 33016-9997

Phone: For Enrollment and Plan Changes Support: 800.SafeLink (723.3546)

Hours: Monday – Saturday, 8:00am – 10:00pm, Sunday 8:00am – 7:00pm

Website:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

Organization Links:

Division of Services for the Deaf & the Hard of Hearing – www.ncdhhs.gov/divisions/dsdhh
Eastern North Carolina School for the Deaf (Wilson) - www.encsd.net
Hearing Loss Association of North Carolina - www.nchearingloss.org
North Carolina American Sign Language Teachers Association- <https://www.ncaslta.org>
North Carolina Association of the Deaf - <http://www.ourncad.org/>
North Carolina Black Deaf Advocates (National Web Page) - www.ncbda.org
North Carolina Registry of Interpreters for the Deaf- <https://northcarolinairid.org/>
North Carolina School for the Deaf (Morganton) - www.ncsd.net
North Carolina Vocational Rehabilitation – <https://www.ncdhhs.gov/divisions/dvrs/>

COMPUTER TRAINING

Davidson-Davie Community College

Please call or go to website for schedule of computer courses offered

Location: 297 DCC Road, Thomasville, NC 27360

Phone: 336.249.8186

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.davidsondavie.edu>

Davidson County Senior Services

Technology classes are offered for Davidson County residents age 55 and over at the Lexington and Thomasville locations. Please call either Senior Center for a current schedule. Preregistration is required for class attendance.

Lexington Office:

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

Thomasville Office:

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

CONSUMER PROTECTION

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors. Can provide discounts on health insurance, automobile insurance, cell phones, dental, life insurance and possibly others.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 276076

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Better Business Bureau of Central and Northwest NC

Provides verified, unbiased information about businesses through the BBB ratings and reviews

Location: 1617 NC Hwy 66 S, Suite 201, Kernersville, NC 27284

Phone: 336.852.4240

Hours: Monday – Friday, 9:00am – 4:30pm

Website: <https://www.bbb.org/local-bbb/bbb-serving-central-and-northwest-north-carolina>

NC Attorney General

Protects NC citizens from crime and consumer fraud

Location: 9001 Mail Service Center, Raleigh, NC 27699

Phone: 919.716.6400

Website: <https://www.ncdoj.gov/>

NC Department of Insurance

Answers questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified diseases and other coverages

Location: 325 North Salisbury Street, Raleigh, NC 27603

Phone: 855.408.1212

Website: www.ncdoi.com

COUNSELING

CareNet Counseling – Atrium Health Wake Forest Baptist

Provides counseling specific to older adults for issues such as grief, depression, family conflicts, anxiety, health, spiritual growth and more

Location: 403 South Hawthorne Road, Winston-Salem, NC 27103

Phone: 336.716.0855

Website: www.carenetnc.org

Daymark Recovery Services

An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advanced access/emergency walk-in services during regular business hours.

Hours: Monday – Friday, 8:00am – 5:00pm

Location: 1104A South Main Street, Lexington, NC 27292

Phone: 336.242.2450

24-Hour Mobile Crisis: 866.275.9552 Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community.

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

Family Services of Davidson County

Provides individual, group, couples and family outpatient counseling services to all ages.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

24/7 Domestic Violence Crisis Line: 336.243.1934

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday, 8:30am - 3:00pm

Counseling available 5:00 - 7:00pm by appointment only.

Website: www.fsd.org

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

Friendship Line at Institute on Aging

The Friendship Line is both a crisis intervention center and a “warm” line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+and adults with disabilities.

24/7 Toll-Free: 800.971.0016

Website: www.ioaging.org/services/all-inclusive-health-care/friendship-line

Loneliness & Isolation Toolkit - Humana

Resources to help fight loneliness and social isolation.

Website: <https://populationhealth.humana.com/resources/social-isolation-loneliness-toolkit/>

Monarch

Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities

Location: 4140 N. Cherry St., Winston Salem, NC 27105

Phone: 866.272.7826

Hours: Monday-Friday 8:00am - 5:00pm

Website: <https://monarchnc.org/service-locations/davidson/>

National Suicide Prevention Lifeline

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the US

Phone: 988 or 800.273.8255, 24/7, free and confidential

TTY: dial 711 then 800.273.8255

Website: www.suicidepreventionlifeline.org

RHA Health Services

RHA provides comprehensive behavioral health supports including mental health support services and substance use services.

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Office Hours: 8:30am - 4:30pm

Walk-In Intakes: Tuesdays & Thursdays, 9:00am - 3:00pm

Closed daily for lunch from 12:30 - 1:00pm

Website: <https://rhahealthservices.org/>

Silver Linings for Seniors, Inc.

Senior counseling for mindful living; mental health counseling, group therapy and meditation and relaxation training; teletherapy only.

Location: 1250 SE Maynard Road, Suite 204, Cary, NC 27511

Phone: 919.948.7718

Website: www.silverliningsnc.com

DEAF & HARD OF HEARING

Free Guide to Financial Assistance for Hearing Aids through the Better Hearing Institute

Please contact Davidson County Senior Services to receive your free guide or download the guide from the website listed below.

Website: https://betterhearing.org/HIA/assets/File/public/HIA_Financial-Assistance-Guide.pdf

NC Division-Services for Deaf & HOH (get one free hearing aid every 6 years)

DSDHH can help advocate for the rights and needs of individuals who are Deaf, Hard of Hearing or DeafBlind and assist with communication needs (sign language interpreting, hearing aids, assistive technology, telecommunication needs, captioning services, video relay services); assist in accessing appropriate community resources (legal, financial, medical, employment, housing, education, etc.); provide information and support in achieving full participation in daily life; provide consultation and education to community agencies, organizations, employers and service providers in meeting the needs of people with hearing loss; and provide opportunities for borrowing books, CDs, DVDs, videos and other materials from their Regional libraries. DSDHH can also provide telephones and other related equipment to eligible NC residents with a hearing loss or speech impairment. A consumer may obtain one (1) hearing aid or one (1) amplified/accessible phone. Qualifications must be met and it is preferred that the individual go over the financial requirements with a representative in our office.

Greensboro Regional Center

Location: 415 North Edgeworth Street, Suite 175, Greensboro, NC 27401

Phone: 336.273.9692

Toll-Free Voice: 888.467.3413

Video Phone: 336.429.5644

TTY: 336.273.5842

Hours: Monday – Friday, 8:00am – 5:00pm; can also leave a voice message 24/7 to receive a return call

Website: www.ncdhhs.gov/dsdhh/trc/greensboro/greensboro.htm

Services for the Deaf & Hard of Hearing of Davidson County

Location: 8 Franklin Street, Lexington, NC 27292

Videophone: 336.899.7059

Phone (Voice) 336.236.1057

Email: info@sdhdc.org

Hours: Monday – Friday, 10:00am – 2:00pm

Website: www.sdhdc.org

Additional Resources

The following providers may assist persons having hearing or speech impairments:

Beltone Hearing Aid Center	www.beltone.com	336.249.2889
Communication Access Partners, Inc. (Interpretation Services)	www.communicationaccesspartners.com	336.993.4200
Relay NC (TTY)/24-hour availability	www.relaync.com	800.735.0533 or 711
Relay NC (voice)/24-hour availability	www.relaync.com	877.735.0341 or 711

DEMENTIA & ALZHEIMER'S

Alzheimer's Association

Leads the way to end Alzheimer's and all other dementia-by accelerating global research, driving risk reduction and early detection and maximizing quality care and support. Helping all those facing Alzheimer's Disease and other dementias by providing support groups and educational resources, while advancing crucial research and public policy initiatives.

Charlotte Office

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 980.498.7760

Hours: Monday – Friday, 8:30am – 5:00pm

Greensboro Office

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 8:30am – 5:00pm

24/7 Crisis Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Duke Dementia Family Support Program

A no-cost service for NC families caring for someone with a memory disorder or cognitive impairment.

- Personalized consultations to help families address questions, concerns, and decisions related to their loved one. Consultations are available by phone, email, Zoom, or in person.
- Assistance locating support groups and educational programs.
- NC Project C.A.R.E. – care consultation and respite services for caregivers
- with family members at home

Main Phone: 919.660.7510

Direct #: 919.660.7542 Natalie Leary

Website: www.dukefamilysupport.org

Email: Natalie.leary@duke.edu

Information or Support Groups

Alzheimer's Association www.alz.org/northcarolina

800.272.3900, 24-Hour Helpline

Atrium Health Wake Forest <https://www.wakehealth.edu/Condition/a/Alzheimers-Disease>

Dementia Alliance of NC <https://dementianc.org/> 919.832.3732

Caregiver Action Network www.caregiveraction.org 855.227.3640

DENTAL SERVICES

Affordable Dentures & Implants

Offers dentures, extractions and implants at affordable rates

Toll-free: 800.DENTURE (800.336.8873)

Colfax Location: 3911 Teamsters Place, Colfax, NC 27235

Phone: 336.996.5088

Hours: Monday – Friday, 7:00am – 4:00pm

Winston-Salem Location: 1027 Hanes Mall Blvd, Winston Salem, NC 27103

Phone: 336.794.2813

Hours: Monday – Friday, 8:00am – 5:00pm

Lexington Location: 29 Plaza Parkway, Lexington, NC 27292

Phone: 336.242.1118

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.affordabledentures.com

Kintegra Family Dentistry-Lexington

Copay is \$50 per service for uninsured patients (application required)

Lexington Location: 32 Kirkwood Ave. Lexington, NC 27292

Phone: 336.243.3201 (Dental clinic)

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday, 7:00am – 3:00 pm.

Closed Daily 12:00 – 1:00 pm

Website: <https://www.kintegra.org/kintegra-family-dentistry-lexington/>

Dental Lifeline Network

Donated dental services program provides free, comprehensive dental treatment to the country's most vulnerable people with disabilities or who are elderly or medically fragile

***lengthy wait list -not currently serving Davidson County due to long wait list.*

Contact: Carrie Hebert, DDS Coordinator

P.O. Box 1654, Cary, NC 27512

Phone: 919.677.9001

Website: www.dentallifeline.org/north-carolina/

ECU School of Dental Medicine

Community Service Learning Center – Davidson County

Faculty, student and resident providers offer comprehensive general dental services for adults, children, and special needs patients. Appointments required. Dental care is provided at a reduced cost. Medicaid and most dental insurance plans are accepted. Offers a reduced fee scale program by application only.

Location: 1235 Davidson Community College Road, Thomasville, NC 27360

Phone: 336.236.0165

Hours: Monday, Tuesday, Thursday, Friday, 8:00am – 5:00pm Wednesday, 10:00am - 5:00pm

Website: www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm

North Carolina Dental Society Foundation Missions of Mercy

Program offers portable free dental clinics conducted over a two-day period, each held in a NC host city. Clinic programs rotate throughout the state each year NCMOM dental services are provided to adults with income less than 200% of the Federal Poverty Level Guidelines.

Location: 1600 Evans Road, Cary, NC 27513

Phone: 919.234.4027

Hours: Monday – Thursday, 8:00am – 5:00pm; Friday, 8:00am – 12:00pm

Toll-Free Phone: 800.662.8754

Website: [https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-\(mom\)](https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-(mom))

DISABILITY-RELATED SERVICES

Alzheimer's Association

Provides education and support to those facing Alzheimer's and other dementias, including those living with the disease, caregivers, health care professionals and families

Charlotte Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 704.532.7390

Hours: Monday – Friday, 8:00am – 5:00pm

Greensboro Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: 800.228.8738

TDD: 866.403.3073

24/7 Crisis Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

The Arc of Davidson County, Inc.

An advocacy/direct supports organization for people of all ages with intellectual and developmental disabilities; Group homes, day program, respite, employment supports, other one to one services

Location: 1900 South Main Street Lexington, NC 27292

Phone: 336.248.2842

Fax: 336.224.2173

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.arcdavidson.org

Assistive Technology Device Financing

Self-Help Credit Union's Alternative Financing Program provides low-interest loans for assistive technology to increase independence and participation in home, work, school and community settings. AFP loans can be used to purchase hearing aids, adapted computers, vehicle or home modifications, vision aids and other devices depending upon each individual's disability, needs and goals.

Phone: 980.296.6793 (Tammy Pereboom)

Website: <https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

CAP/DA (Community Alternative Program for Disabled Adults)

Supportive Care Solutions serves Davidson County disabled adults age 18 and over, eligible for Medicaid, must meet other requirements. Alternative to nursing home placement; allowing eligible recipients to receive care at home rather than going into nursing home.

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: 336.859.5555

Email: LisaMatney@SCSolutions.org or MelissaSwink@SCSolutions.org

Website: www.scsolutions.org

Disability Rights of North Carolina

Disability Rights NC is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC.

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: 919.856.2195

Toll Free: 877.235.4210

TTY: 888.268.5535

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.disabilityrightsnc.org

Duke Energy – Medically Essential Program

Medical Alert is a Duke Energy program that recognizes customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medical Alert customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.

Phone: 800.943.6914

Website: <https://www.duke-energy.com/home/billing/special-assistance>

Easter Seals of North Carolina

Helps people with disabilities and mental health challenges as well as their families live, learn, work and play in their communities

Location: 620 West Innes St., Lexington, NC

Phone: 919.865.8606

Email: specialassistance@eastersealsupc.com

First in Families of North Carolina/Southern Piedmont

Supports people with developmental disabilities and traumatic brain injury and their families throughout NC

Location: 1653 Campus Park Drive. Monroe, NC 28112

Phone: 919.251.8368

Email: Cindy@thearcisthere.org

Website: www.fifnc.org

The Job Accommodation Network (JAN)

Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: 800.526.7234

TTY: 877.781.9403

Website: www.askjan.org

Monarch

Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities

Location: 4140 N. Cherry St., Winston Salem, NC 27105

Phone: 866.272.7826

Hours: Monday – Friday, 8:00am - 5:00pm

Website: www.monarchnc.org

NC Assistive Technology Program

Provides device demonstration, device trial, short-term device loans and reutilization of assistive technology; financing is available through the Self-Help Credit Union's 20 locations

Location: 131 Miller Street, Winston Salem, NC 27103

Phone: (Voice & TTY) 336.716.8030 (Paul Eklund)

Please call to schedule an appointment.

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program>

NC License Plate Agency

Handicap sign or license plate

Lexington Location: 27 Plaza Parkway, Lexington, NC 27292

Phone: 336.248.2720

Hours: Monday – Friday, 9:00am – 5:00pm

Thomasville Location: 1650 Liberty Drive, Suite 500, Thomasville, NC 27360

Phone: 336.476.5070

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://www.dmv.org/nc-north-carolina/disabled-drivers.php>

NC RAMMP (Access Makes Mobile People)

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP may be able to loan a portable metal ramp to people with mobility difficulties.

Phone: 336.716.8030; NC Assistive Technology Program- Paul Eklund

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

NC Vocational Rehabilitation Services

The Division of Vocational Rehabilitation Services (DVRS) is a statewide agency which helps people with disabilities ages 14 and older to achieve their goals for employment and independence.

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: 336.867.6180

Unit Manager: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncdhhs.gov/dvrs

Parkinson Association of the Carolinas

The goal for the Parkinson Association of the Carolinas (PAC) is to help support people with Parkinson's disease throughout North and South Carolina so that they can remain independent and stay active in the community until a cure is found.

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Phone: 980.245.2786

Toll-free: 866.903.7275

Website: <https://www.parkinsonassociation.org/>

Parkinson's Foundation

The Parkinson's Foundation launched the Aware in Care campaign in 2011 to help people with Parkinson's disease (PD) get the best care possible during a hospital stay. Research has found that three out of four people with Parkinson's do not receive medications on time when staying in the hospital, and that when this occurs two out of three will experience unnecessary complications. With more frequent hospital visits and a high sensitivity to the timing and dosing of PD medications, people with Parkinson's face great risks in the hospital.

Helpline: 800.473.4636

Website: <https://www.parkinson.org/resources-support/hospital-care-kits>

RHA Health Services: Passageways - Psychosocial Rehabilitation Program (PSR)

Offers a wide variety of mental health and substance use services and supports; home to Passageways, one of RHA's psychosocial rehabilitation (PSR) programs.

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Hours: 8:00am - 2:00pm (day program)

Website: <https://rhahealthservices.org/>

SeniorLink

Are you caring for a loved one at home? If so, you might be eligible for Coordinated Caregiving, a new caregiver coaching and support program available to Medicaid/CAP DA eligible older adults and people with disabilities in Davidson County. SeniorLink's Coordinated Caregiving program provides on-going support for you as you care for your loved one at home. Caregivers receive a financial stipend, ongoing support from a professional care coach and access to secure mobile app to connect you with your coach.

Phone: 704.605.8835

Website: www.seniorlink.com

Email: pkoch@seniorlink.com

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday – Friday, 9:00am – 4:00pm

National Office:

Phone: 800.772.1213 available 24/7 for recorded information

Toll-Free TTY: 800.325.0778

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

Hours: Monday-Friday, 9:00am – 4:00pm

Website: www.ssa.gov

Solutions for Independence

Advocacy and assistance for individuals with disabilities

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.sicilnc.org

Vocational Rehabilitation and Independent Living

Offers a variety of services including guidance, rehabilitation, home and vehicle modifications, skills training, certain equipment purchases, assistance with leisure activities, and personal assistance services among many others if eligible. Application process for services.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.784.2700 or 336.968.3230

Toll-Free: 877.699.7578

Video Phone 336.245.4103

TTY 336.784.2717

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

EDUCATION

A Place for Mom

Offers articles on dementia, caregiving, etc.

Phone: 866.333.2174

Website: <https://www.aplaceformom.com/blog/>

AARP

Provides educational information and classes on health and wellness, caregiving, employment, financial planning, computer training and more

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Alzheimer's Association.

Information and advice on care and support for those affected by Alzheimer's disease and other dementias

Charlotte Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: 704.532.7390

Hours: Monday – Friday, 8:00am – 5:00pm

Greensboro Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: 800.228.8738

TDD: 866.403.3073

24/7 Crisis Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Davidson Davie Community College

Location: 297 DCC Road, Thomasville, NC 27360

Phone: 336.249.8186

Business Office Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.davidsondavie.edu

Davidson County Senior Services

Provides educational programs for Davidson County residents 55 and older

Lexington Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: www.co.davidson.nc.us/SeniorServices

NC Cooperative Extension – Davidson County Office

Location: 301 East Center Street, Lexington, NC 27292

Phone: .336.242.2080

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://davidson.ces.ncsu.edu/>

Novant Health Thomasville Medical Center

Diabetes Education Program, Health Screenings

Location: 207 Old Lexington Road, Thomasville, NC 27360

Location (Diabetes Clinic): 903 Randolph Street, Suite 1, Thomasville, NC 27360

Phone: 336.472.2000

Hours: 24/7 – Emergency Department

Diabetes Education Classes: 336.474.8181

Website: www.novanthealth.org/thomasville-medical-center

Atrium Health Wake Forest Baptist – Lexington Medical Center

Community Health, Library, Diabetes Education, Health Screenings

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: 336.248.5161

Hours: 24/7 – Emergency Department

Diabetes Education Classes: 336.238.4408

Website: www.lexington.wakehealth.edu

EMERGENCY ASSISTANCE

American Red Cross – Piedmont Triad Chapter

The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.

Location: 1501 Yanceyville Street, Greensboro, NC 27415

Phone: 336.333.2111

National Hot Line Phone: 800.733.2767 1-800-REDCROSS

Emergency Communication Service: 877.272.7337

Hours: Monday – Friday, 8:30am – 5:00pm

Local Website: www.redcross.org/nc/greater-carolinas.html

National Website: www.redcross.org

Cooperative Community Ministry (CCM) in Thomasville

Financial assistance with rent, utilities, and help with deposits 1x per year per household.

Financial Assistance is by appointment only on Tuesdays and Thursdays.

Food pantry: Monday/Tuesday/Thursday/Friday, 8:30am - 12:30pm, Wednesday 11:30am - 3:30pm.

Meals served 3x per week on Tuesday/Thursday/Friday from 6:00 - 7:00pm. Call ahead for meal schedule.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: batkins@ccmtville.org

Website: www.ccmtville.org

Davidson County Community Action

Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. You must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: Monday-Friday, 7:30am – 5:30pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00pm - 4:00pm
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)

Serves the hungry and homeless with clothing, food and shelter

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter is open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Homeless Shelter Case Managers: Jenny Brinkle and Donna Phillips

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

Davidson County Social Services – Emergency Heaters

Phone: 336.242.2500

<https://www.co.davidson.nc.us/365/Social-Services>

Davidson County Firefighters-Free Smoke Detectors

Smoke Detectors – must be installed by fire department

Lexington City Fire Marshal 336.248.3933

Davidson County Fire Marshal 336.242.2270, press 2

Thomasville City Fire Marshal 336.475.5545

www.thomasville-nc.gov

Fairgrove Family Resource Center

Thomasville residents only; assists with past due utilities and rent/mortgage; by appointment only.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: www.fgfrfc.org

The Father's Storehouse

The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc. They also serve lunch.

Call 336.475.4357 to hear a detailed message and the dates of the program for that month.

Check in by 9:00am to be a part of that day's program. Also bring required information.

Mondays: 8:30 - 11:00am - free breakfast

Location: 609 National Hwy, Thomasville, NC 27360. (across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP(4357)

Email: TheFathersStore@aol.com

Hours: Call and listen to recorded message for that month's program dates.

Website: www.thefathersstorehouse.com

Open Door Ministries in High Point

Meets people in their moment of crisis to help them get back on the path to self-sufficiency. Programs include The Father's Table (meal services three times a day, six days a week and breakfast and dinner on Sunday to the homeless and less fortunate), emergency financial and food assistance, men's shelter, permanent supportive housing, veterans' shelter and a walk-in medical clinic.

Location: 400 North Centennial Street, High Point, NC 27262

Phone: 336.885.0191

Email: opendoor.highpoint@gmail.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.opendoorministrieshp.org/>

Salvation Army of Davidson County, Lexington (Serves all of Davidson County)

Provides emergency financial assistance when funds are available (can help with present or past due rent, mortgage, electricity and water). Must have ID, proof of income, proof of bills, and something that shows what your recent emergency was (shows why have fallen behind on bills). Also provides women's ministries, seasonal services, disaster services, Boys and Girls Club, soup kitchen and food assistance.

Location: 314 W. 9th Avenue, Lexington, NC 27292

Phone: 336.481.7324 ext. 2 (Erica Trail-Social Worker)

Email: Erica.Trail@USS.SalvationArmy.org

Lexington location: Monday, Tuesday, Wednesday & Friday, 8:00am - 12:00pm walk in.

1:00 - 4:00pm appointment only

Thomasville location: 309 Etta Ln, Thomasville, Thursdays 8:00am - 12:00pm

Denton location: 2nd Tuesday every month, 8:00am - 12:00pm

Website: www.salvationarmycarolinas.org/davidsoncounty

Salvation Army Boys and Girls Club, Thomasville

Provides Boys and Girls Club at Thomasville location.

Location: 309 Etta Lane, Thomasville, NC 27360

Phone: 336.472.7800 ext. 1

Executive Director – Brandon Lomax

Office Hours: Monday - Friday, 9:15am – 6:15pm

Child Care Hours: Monday - Friday, 2:00pm – 6:00pm

Summer Day Camp, 8 weeks, 7:30am - 5:30pm

Website: www.salvationarmycarolinas.org/davidsoncounty

South Davidson Family Resource Center in Denton

Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month. Call for more information.

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Email: SDFRC1@windstream.net

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Emergency Assistance for utilities and rent or deposits only for parts of northern Davidson County. Call first to find out if applicable to your residence location. Must complete an application and schedule an interview. Must bring eviction notice, foreclosure notice or disconnection notice to the interview.

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday - Friday; 9:00am - 11:00am

Monday - Thursday; 1:00 - 3:00pm

Website: <https://sunnysideministry.org/>

NC Vocational Rehabilitation Services

The Division of Vocational Rehabilitation Services (DVRS) is a Statewide Agency which helps people with disabilities ages 14 and older to achieve their goals for employment and independence.

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: 336.867.6180

Unit Manager: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncdhhs.gov/dvrs

EMPLOYMENT & TRAINING

Davidson Works/ NC Works/ Career Center

Age 16 years & older; job search and workshops available without income eligibility; training, internship, scholarship have income requirements; Veteran services; Partner with Urban League (age 55+ assistance)

Location: 220 E. First Avenue Extension, Suite 10, Lexington, NC 27292

Phone: 336.242.2065

Hours: Monday – Friday, 8:00am – 12:00pm; 1:00 – 5:00pm

Website: www.co.davidson.NC.US/172/davidsonworks

www.NCworks.gov

Goodwill Career Connections Center

Offers skills assessments, career coaching, resume and cover letter writing, assistance with applications, computers with high-speed internet access and interview simulators, Project Re-entry. There are no eligibility requirements & service is free of charge.

Location: 719 West Center Street, Lexington NC 27292

Phone: 336.236.8021

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.goodwillnwc.org/services/career-centers/>

Winston-Salem Urban League

The Senior Community Service Employment Program (SCSEP) is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed seniors.

Location: 201 West 5th Street, Winston-Salem, NC 27101

Phone: 336.717.1223

Hours: Monday – Friday, 9:00am – 5:00pm

END-OF-LIFE PLANNING

Begin the Conversation

An education initiative to help people talk about and document their advance care wishes

Phone: 877.473.4103

Website: www.begintheconversation.org

Got Plans?

Promotes advance care planning so that communities are educated and engaged in the process

Phone: 888.876.3663

Email: GotPlansNC@gmail.com

Website: www.gotplans123.org

Hospice of Davidson County

Guides patients and family members through the advance care process

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.hospiceofdavidson.org

Novant Health – Advance Directives - free

Resource for free Advance Directives (Healthcare POA & Living Will)

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.476.2499

FINANCIAL MANAGEMENT

AARP

Provides resources for creating a budget, managing debt, saving and investing, taxes, retirement planning and more

Location: 5511 Capital Center Drive, Suite 400 Raleigh, NC 27606

Phone: 866.389.5650

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Davidson County Community Action

Offers an economic self-sufficiency program that focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. You must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in the program for 30 days. All clients must attend orientation.

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: Monday - Friday, 7:30am – 5:30pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00 - 4:00pm
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Family Services of the Piedmont – Consumer Credit Counseling

Location: The Slane Center 1401 Long Street, Highpoint, NC 27262

(Counselor can come to Lexington upon request)

Phone: 336.889.6108 (High Point)

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.fspcares.org/cccs/>

Financial Pathways of the Piedmont - Senior Financial Care (SFC) Program

Senior money management program for 60+ years; most services are free or low fee based on ability to pay.

Location: 7820 North Point Boulevard, Suite 100, Winston-Salem, NC 27106

Phone: 336.896.1191 (Financial Pathways)

Email: Info@FinancialPaths.org

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.financialpaths.org

Greater Vision Outreach Ministry (Self-Sufficiency Program)

Greater Vision Outreach Ministry helps meet the essential physical and spiritual needs of working families, who are struggling financially, as they work to achieve self-sufficiency.

We assist them by providing direct service as well as referrals to other community resources. A financial class and budgeting class are offered.

Location: Baptist Children's Homes of NC, 11 Farmview Rd., Thomasville, NC 27360

Phone: 866.904.0060

Hours: Monday - Friday 8:30am - 5:00pm

Email: greatervisioninfo@bchfamily.org

Website: <https://www.bchfamily.org>

Home Solutions of Davidson County

Home Solutions offers workshops and one-on-one counseling sessions for Budgeting, Building Credit, Foreclosure Prevention, Down Payment Assistance, Scam & Fraud Prevention, Housing & Rental Counseling, Mortgage Loan Education, Renter & Landlord Rights & Responsibilities and more.

Location: 21 West Second Street, Lexington, NC 27292

Phone: 336.236.1675

Hours: Monday - Friday 9:00am – 5:00pm

Website: www.homesolutionsdcnc.org

FOOD ASSISTANCE

Abbotts Creek Missionary Baptist Church

Food Pantry – Labor of Love

Location: 2817 Abbotts Creek Church Road, High Point, NC 27265

Phone: 336.869.8410

Hours: 1st and 3rd Monday of each month - 6:30 - 7:30pm - pick up boxed food

Requires photo ID

Cooperative Community Ministry

Must reside in Davidson County. ID or proof of residence required.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: batkins@ccmtville.org

Client Hours: Monday/Tuesday/Thursday/Friday, 8:30am – 12:30pm, Wednesday, 11:30am – 3:30pm

Financial Assistance: Tuesday & Thursday, by appointment only

Meals Served: Tuesday/Thursday/Friday, 6:00 – 7:00pm. Call ahead for meal schedule.

Website: www.ccmtville.org

Davidson County First Hope Ministry

Serves the area's hungry and homeless with clothing, food and shelter

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter is open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Homeless Shelter Case Managers: Jenny Brinkle and Donna Phillips

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

Davidson County Community Action

Offers an economic self-sufficiency program that focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. You must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in the program for 30 days. All clients must attend orientation.

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: Monday - Friday, 7:30am – 5:30pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00 - 4:00pm
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Fairgrove Family Resource Center

Eligible families must complete an application by going into the center. Clients may come every 30 days for a food box.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: www.fgfrfc.org

The Father's Storehouse

The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc. They also serve lunch.

Call 336.475.4357 to hear a detailed message and the dates of the program for that month.

Check in by 9:00am to be a part of that day's program. Also bring required information.

Mondays: 8:30 - 11:00am - free breakfast

Location: 609 National Hwy, Thomasville, NC 27360. (across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: 336.475.HELP(4357)

Email: TheFathersStore@aol.com

Hours: Call and listen to recorded message for that month's program dates.

Website: www.thefathersstorehouse.com

First Assembly of God Project Love Ministry

Food Bank by appointment; food distribution once a month

Hours: Every 3rd Saturday 9:30 - 11:30am

One-time application to complete for 2nd Harvest Food Bank

Location: 382 Walser Rd. Lexington, NC 27295

Phone: 336.249.0443

First Reformed UCC

Saturday lunch 12:30 - 1:30pm

Location: 104 East Center Street, Lexington, NC 27295

Website: www.frucc.org

Phone: 336.248.2617

Grace Episcopal Church – Grace Food Ministries

Sunday lunch 12:30 – 1:30pm

Location: 419 S. Main Street, Lexington, NC 27292

Phone: 336.249-.211

Website: www.gracelexingtonnc.org

Greater Things Outreach Center Food Pantry (Davidson County residents only)

A client choice pantry that provides food for meal preparation at home for Davidson County residents. New clients are welcome during distribution hours.

Park at the back of building and walk to the front door to check in. Must bring photo ID and proof of address for you and every person living in your home (utility bill, Medicaid card, government mail or bank information; cannot accept personal mail or driver's license as proof of residence.) For children living in your home under 18: Medicaid card, school record with current address or their birth certificate. Clients can choose to either shop themselves or receive a pre-packed box. Drive through services available also.

Location: 6282 Old Hwy 52, Lexington, NC 27295

Phone: (336) 619-0171

Email: gtocfood@gmail.com

Hours: Tuesday/Thursday, 6:00 - 7:30pm (no entry after 7:30pm)

Wednesday, 10:00 – 11:45am (no entry after 11:45am)

Website: www.gtocfood.org

High Rock Church – Hope 4 Humanity

Food pantry and clothing closet every 3rd Thursday or by appointment only

Location: 135 Lowes Boulevard, Lexington, NC 27292

Phone: 336.237.1126

Website: www.hrclex.life

West Davidson Food Pantry

Serving those living in zip codes, 27295 and 27299 only. Must bring a photo ID and current piece of mail with you.

Location: 4600 W. Old Highway 64, Lexington, NC 27295

Phone: 336.787.4357

Pantry Hours: Tuesday/Thursday, 4:00 - 6:00pm

Clothing Closet: Wednesday 3:00 - 6:00pm

Email: westdavidsonfoodpantry@gmail.com

Macedonia United Methodist Church-Friends Feeding Friends

Serves prepared meals 1st and 3rd Wednesday each month.

At this time-providing drive through to-go dinners between 4:00 - 5:30pm

Also serving bagged breakfasts Monday and Thursday of each week
8:00 - 9:30am.

Blessing box with various items also available.

Location: 10890 NC-8 Lexington, NC 27292

Phone: 336.798.4687

House of Provision Food Pantry

Drive-through Food Pantry. Short application to complete

Location: 403 National Highway, Thomasville, NC 27360

Phone: 336.870.9711

Hours: Every Monday 10:00am until boxes are gone

Email: freemanpat843@gmail.com

North Lexington Baptist Church

Food pantry

Location: 201 Mize Road, Lexington, NC 27295

Food pantry hours: Tuesday 3:00 - 5:00pm

Office Phone: 336.237.0397 serviced Monday, 8:00am – 1:00pm

Outreach Phone: 336.248.6285 serviced Tuesdays

Email: office@nlbcfaith.com

Eligibility: ID required

Website: www.nlbcfaith.org

Open Door Ministries (High Point)

Three meals are provided six days per week; two meals on Sunday (no Sunday lunch).

Hours: Monday – Friday, 8:30 – 9:30am (breakfast), 12:30 – 1:30pm (lunch), 6:00-7:00pm (dinner);
Saturday 11am – 1pm (brunch), 6:00 – 8:00pm (dinner); Sunday 9:00 – 10:00am (breakfast), 6:00-
7:00pm (dinner).

The Emergency Financial Assistance Program provides individuals and families with a generous supply of food including meat, fresh vegetables and nonperishable items. The food box contains five days' worth of food, and each family or individual can receive a box once per month.

Hours: Monday, Wednesday, Thursday, Friday 11:00am – 2:00pm; walk-ins welcome.

Location: 400 North Centennial Street, High Point, NC 27262

Phone: 336.885.0191

Email: opendoor.highpoint@gmail.com

Website: <https://www.opendoorministrieshp.org/>

Open Hands of North Carolina – Loaves & Fishes Ministry

Provides breakfast Monday, Wednesday and Friday at the 1st Street location. They also provide dinner on Monday nights across the street from their location at First Reformed UCC. Lunch is also served at First Reformed on Saturdays from 11:30am until 1pm.

Family Food Boxes are available at the 1st Street Location Monday-Thursdays (available once every thirty days), Street emergency food bags (once every two weeks), emotional support, devotions 9:15am Monday -Thursday, Bible Study Wednesdays at 2:30pm, diapers for children are available Monday - Thursday (one visit every 30 days), washer/dryer available once a week for those living on the street, hygiene products, computer access, assistance with IDs. They strive to serve the homeless and marginalized population.

Pick-up Office Location: 100 East 1st Street, Lexington, NC 27295

Mailing Address: P.O. Box 409, Lexington, NC 27293

Phone: 336.242.6142

Email: openhandsDC@gmail.com

Website: openhandsfnc.org

Loaves and Fishes Food Bank (part of Open Hands)

Canned/boxed foods, meats, produce, perishables.

Pick up location: Trinity UMC (rear entrance), 900 S. Main Street, Lexington, NC

Pick up time: Saturday, 10:00am – 12:00pm (can come twice a month)

Pastor's Pantry – Food Pantry

Location: 307 North State Street, Lexington, NC 27292

Mailing address: PO Box 2051 Lexington, NC 27293

Hours: Monday – Thursday, 11:00am – 3:00pm

Phone: 336.249.8824, Ext. 303

Email: pantry.coordinator@pastorspantry.org

Eligibility: Age 60+ unless the need is immediate for emergency food; income and expense guidelines in place as well as ID

Website: www.pastorspantry.org

Pleasant Grove United Methodist Church

Food Pantry

Location: 1393 Hasty School Road, Thomasville, NC 27360

Phone: 336.475.1124

Website: www.pleasantgroveumc.org

Last Wednesday of the month; 9:00am-12:00pm; drive up only

Show ID and receive a bag of food.

Salvation Army of Davidson County - Lexington

Provides emergency financial assistance when funds are available. Also provides women's ministries, seasonal services, disaster services, soup kitchen & food assistance.

Location: 314 W. Ninth Avenue, Lexington, NC 27292

Phone: 336.481.7324

Email: Erica.trail@uss.salvationarmy.org

Hours: Monday – Friday, 8:00am – 4:30pm

Offers free lunch: Monday-Friday, 11:30am – 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30 – 9:30am

Website: www.salvationarmycarolinas.org/davidsoncounty

South Davidson Family Resource Center (Denton)

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Email: SDFRC1@windstream.net

Eligibility: Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month

Hours: Monday – Wednesday, 8:30am – 12:00pm

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Food pantry program and clothing closet

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: 336.724.7558

Hours: Monday - Friday; 9:00 - 11:00am

Monday-Thursday; 1:00 - 3:00pm

Website: <https://sunnysideministry.org/>

Trinity United Methodist Church – Loaves & Fishes Food Pantry

Location: 902 South Main Street, Lexington, NC 27295

Phone: 336.248.4237

Food Pantry Hours: Saturday, 11:00am- 12:00pm

Website: www.trinityumchurchlexington.com

Tyro United Methodist Church – Feast 14

Free meal: Thursdays, 6:00pm

Location: 4484 S NC Highway 150, Lexington, NC 27295

Phone: 336.853.7459

Website: www.tyroumc.org

Transportation available from designated pickup sites

Upper Room Food Pantry

Pantry Location: 11219 Highway 8, Southmont, NC 27292

Phone: 336.798.3097 (Macedonia UMC)

Hours: Monday and Wednesday, 8:30am - 12:00pm

Call for documentation to bring.

West Davidson Food Pantry, Least of These Ministries, Inc.

Location: 4600 W Old US HWY 64, Lexington, NC 27295

Phone: 336.787.4357

Email: westdavidsonfoodpantry@gmail.com

Eligibility: Must live in zip code 27295 (or part of 27299); must have financial needs

Hours: Tuesday and Thursdays, 4:00 – 6:00pm

FRAUD & SCAM

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650 or 800.646.2283 (AARP Fraud Center)

Email: NCAARP@aarp.org

Website: <https://states.aarp.org/north-carolina/>

Better Business Bureau of Central NC and Northwest NC

Location: 1617 NC Highway 66, Kernersville, NC 27284

Phone: 336.852.4240

Hours: Monday – Friday, 9:00am – 3:30pm

Website: <https://www.bbb.org/us/nc/lexington>

Davidson County Sheriff's Office – Non-Emergency

Phone: 336.242.2100

Federal Trade Commission (FTC)

Polices internet/phone scams, identity scams, fake checks. To file complaint, go to website.

Website: <https://www.ftc.gov>

NC Department of Justice

Phone: 877.5.NO.SCAM (877.566.7226); 919.716.6400

Website: <https://ncdoj.gov/>

HOLIDAY SERVICES

South Davidson Family Resource Center

Takes applications for holiday gifts for seniors (The Giving Tree).

Location: 338 W. Salisbury Street, Denton, NC 27239

Phone: 336.859.5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

Thanksgiving Meal at the Journey Church of Lexington

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: 336.843.4053

Website: <http://thejourney.church/>

HOME CARE SERVICES

CAP/DA – Supportive Care Solutions

Special Medicaid program allowing those 18+ who face nursing home placement the possibility of staying in the home. Provides a package of services to meet individual needs.

Phone: 336.859.5555

Location: 56 West Salisbury Street, Denton, NC 27239

Website: www.scsolutions.org

Davidson County Senior Services In-Home Aid Program

Provides assistance to Davidson County adults age 60 and over needing support with daily activities like bathing, dressing, toileting, mobility, meal preparation, essential transportation and other routine tasks; also offers limited respite care to provide relief to primary caregivers of someone requiring 24-hour care. Please call for eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

Davidson County Social Services Adult Services

Adult Services programs include Adult Protective Services, Adult Placement Services, Adult Day Care/Day Health, Guardianship, In-Home Aide Services, Special Assistance-In Home, and Licensing and Monitoring of Adult Care Homes and Adult Day Care/Health, and Individual and Family Adjustment.

Location: 918 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: 336.242.2839

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/376/Adults>

****Call Davidson County Senior Services for list of local home care/home health care agencies
336.242.2290**

HOME MODIFICATION & REPAIRS

Habitat for Humanity Restore

Habitat for Humanity ReStores are non-profit home improvement stores and donation centers that sell new and gently used furniture, home accessories, building materials and appliances to the public at a fraction of the retail price.

Location: 221 S. Main Street, Lexington, NC 27295

Hours: Tuesday – Friday, 9:00am – 5:00pm; Saturday, 9:00am – 3:00pm

Phone: 336.249.4307

Website: <https://habitatoflexingtonnc.net/>

Helping Hands Community Outreach

Organization that helps seniors with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs.

Contact: Robert Barr

Phone: 336.301.5898

Independent Living for People with Disabilities - NC Independent Living Rehabilitation Program

Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases. Must be owner occupied home and qualify based on income. May be eligible if individual has significant disability which severely limits their ability to live independently. These services must be able to improve the ability to live independently.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: 336.968.3230

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Home Solutions of Davidson County

Offers an Urgent Repair Program for elderly, disabled and/or veterans who need home repairs or accessibility modifications (Includes but not limited to: grab bars, floor repair, HVAC, electrical, plumbing and roof repairs). Home Solutions also partners with volunteer groups to offer additional repairs and modifications.

Eligibility: Age 62+ or disabled (on disability) or veteran; must own home; income based

Email: jimmy@homesolutionsdcnc.org

Location: 21 West Second Street, Lexington, NC 27292

Phone: 336.236.1675

Hours: Monday-Friday 9:00am – 5:00pm

Website: www.homesolutionsdcnc.org

North Carolina Baptist Aging Ministry (NCBAM)

Connects adults 65+ with church volunteers for wheelchair ramps, grab bars, smoke alarm and/or light yard work. Agency requests individuals contact them directly or if a social worker refers, the individual requesting services must be with the social worker at the time of referral.

Address: 201-A Idol Street, Thomasville, NC 27360

Eligibility: 65+

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

NC RAMMP (Access Makes Mobile People)

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP may be able to loan a portable metal ramp to people with mobility difficulties.

Phone: 336.716.8030 NC Assistive Technology Program-Paul Eklund

Email: paul.eklund@dhhs.nc.gov

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

NC U.S. Department of Agriculture (USDA) Rural Development

Single Family Housing Repair Loans and Grants. This site is used to evaluate likelihood that potential applicants would be eligible for program assistance. To be eligible for many USDA loans, household income must meet certain guidelines. Also, the home to be repaired must be located in eligible rural area defined by USDA.

Location: 847 Curry Drive, Suite 104, Asheboro, NC 27205

Phone: 336.308.1667

Eligibility: Different by county; income, # in household, credit score & credit status may apply; age 62+ may be considered for grant based or loan based; age 61 and under is loan based

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.rd.usda.gov/nc>

Piedmont Triad Regional Council (PTRC) - Housing Rehabilitation Program

Assists eligible individuals in Alamance, Davidson, Guilford (outside city limits of Greensboro), Montgomery, Mecklenburg, Rockingham, Stokes, and Surry Counties. If your home needs serious repairs, you may qualify for home rehabilitation assistance through this program.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Eligibility: Must be 62 years + or disabled, or a family member of the homeowner, or a homeowner living in a home with lead base paint hazards with children under age 6.

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.ptrc.org

Website: www.ptrc.org/services/community-development

Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program

Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.ptrc.org/weatherization

HOUSING (SENIOR)

****List available from Davidson County Senior Services**

Phone: 336.242.2290

Email: seniorservices@davidsoncountync.gov

Website: <https://www.co.davidson.nc.us/1027/community-resources.com>

Lexington Housing Authority

Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers, project-based vouchers and homeownership vouchers.

Location: 1 Jamaica Drive, Lexington, NC 27292

Phone: 336.249.8936

Website: <http://lha-nc.org/>

Thomasville Housing Authority

Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers, project-based vouchers and homeownership vouchers. Responsible for managing and maintaining two housing complexes with over 250 housing units that service low-income families, seniors and disabled members of the community.

Location: 201 James Avenue, Thomasville, NC 27360

Phone: 336.475.6137

Website: www.thomasville-nc.gov/government/boards-committees/thomasville-housing-authority

HOUSING (TEMPORARY)

Davidson County First Hope Ministry

Serves the hungry and homeless with clothing, food and shelter

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter is open 24 hours.

Call for more information regarding the family shelter (Genesis House).

Adult Homeless Shelter Case Managers: Jenny Brinkle and Donna Phillips

Family Case Manager: Jennifer Boden

Executive Director: Ashley Phillips

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336.248.6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

Open Door Ministries in High Point

Provides a Men's Shelter; Permanency Supportive Housing Program-places homeless in one-bedroom house or apartment if qualify; and Cassell House-transitional living facility for homeless veterans

Location: 400 North Centennial Street, High Point, NC 27262

Phone: 336.885.0191

Email: opendoor.highpoint@gmail.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.opendoorministrieshp.org>

I.D. CARDS, LICENSES & RECORDS

Driver's License Office

Appointments are recommended as walk-ins have long lines

Lexington Location: 2314 South Main Street, Lexington, 27292

Phone: 336.248.5179

Appointment Hours: Monday – Friday, 7:00am – 5:00pm

Thomasville Location: 1650 Liberty Drive, Suite 500, Thomasville, NC 27360

Phone: 336.472.7334

Hours: Monday – Friday, 8:00am – 5:00pm

Eligibility: I.D. or driver's license eligibility requirements plus fee; age 18+ regular driver's license or learner permit

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

North Carolina Real ID license and ID cards – Having a Real ID can make it more convenient if you frequently fly or visit military bases, federal prisons/courthouses or other federal facilities.

However, it is not required until May 7, 2025.

INFORMATION & REFERRAL

211

A statewide general information call line and community resource guide

Phone: 888.892.1162 or 919.834.5200

Hours: 24/7 by dialing 2-1-1

Website: <https://www.nc211.org/>

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: 866.389.5650

Email: www.local.aarp.org/NC/

Website: <https://states.aarp.org/north-carolina/>

AgingCare Website

Connecting families with elder care, senior housing and caregiver support

Website: <https://www.agingcare.com/>

Benefits CheckUp

Benefits CheckUp is a free service of the National Council on Aging (NCOA). Benefits CheckUp asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions from the website below, you will get a report created just for you that describes the programs you may get help from.

Website: www.benefitscheckup.org

Appointments can also be made at the Davidson County Senior Center in Lexington in order to complete a Benefits CheckUp with the Resource and Benefits Specialist.

Location: 555-B West Center St. Ext., Lexington, NC 27295

Phone: 336.242.2290

DC Connect

DC Connect is a community based centralized referral and mentor/peer support program. The mission is to serve as a gateway to community resources primarily for Davidson County residents who are experiencing homelessness, substance misuse, and/or post-incarceration. Call the DC Connect number if you need ANY community resources.

Phone: 336.243.3222

Website: <https://dcconnectinc.org/>

Davidson County Public Library System

Online information resources available on website. Assistive and adaptive technology available – large letter keyboards, track ball computer mice, wheelchair accessible tables, handheld pen readers.

Website: www.co.davidson.nc.us/library

Davidson County Public Libraries

Denton Library

Location: 310 West Salisbury Street, Denton, NC 27239-0578

Phone: 336.859.2215

Hours: Monday, 9:00am – 8:00pm
Tuesday/Wednesday, 9:00am – 6:00pm
Thursday, 9:00am – 8:00pm
Friday, 9:00am – 5:30pm
Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/282/Denton-Public-Library>

Lexington Library

The Genealogy/Local History Room at the Lexington Public Library assists the community with family and local history research.

Location: 602 S. Main Street, Lexington, NC 27292

Phone: 336.242.2040

Hours: Monday – Thursday, 9:00am – 8:00pm
Friday, 9:00am - 5:30pm
Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/284/Lexington-Public-Library>

North Davidson Library

Location: 559 Critcher Drive, Welcome, NC 27374

Phone: 336.242.2050

Hours: Monday, 9:00am – 8:00pm
Tuesday/Wednesday, 9:00am – 6:00pm
Thursday, 9:00am – 8:00pm
Friday, 9:00am – 5:30pm
Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/287/North-Davidson-Public-Library>

Thomasville Library

Location: 14 Randolph St., Thomasville, NC 27360

Phone: 336.474.2690

Hours: Monday – Thursday, 9:00am – 8:00pm
Friday, 9:00am – 5:30pm
Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/290/Thomasville-Public-Library>

West Davidson Library

Location: 246 Tyro School Road, Lexington, NC 27295

Phone: 336.853.4800

Hours: Monday, 9:00am – 8:00pm
Tuesday/Wednesday, 9:00am – 6:00pm
Thursday, 9:00am – 8:00pm
Friday, 9:00am – 5:30pm
Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/291/West-Davidson-Public-Library>

Davidson County Senior Services

DCSS helps senior adults find the resources they need to age in place

Location: 555-B West Center Street Ext., Lexington, NC 27295

Phone: 336.242.2290

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

The Job Accommodation Network (JAN)

Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: 800.526.7234

TTY: 877.781.9403

Hours: Monday – Friday, 9:00am – 6:00pm

Website: www.askjan.org

NC Baptist Aging Ministry Call Center

Information and referral for those 65 and over

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

NCCARE360 Family Caregiver Specialists

Provides referrals for unmet needs within the community

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Leslie Craver, lcraver@lifecenterdavidson.com

Jennifer Boyle, jboyle@lifecenterdavidson.com

Website: <https://caregiversofdc.com/nccare360-partnership/>

Solutions for Independence

Advocacy and assistance for individuals with disabilities

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: 336.767.7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: www.sicilnc.org

INSURANCE INFORMATION

Affordable Care Act

Phone: 800.318.2596

TTY: 855.889.4325

Hours: 24/7

Website: www.healthcare.gov

Senior Health Insurance Information Program (SHIIP)

Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance

Location: 420 N. Salisbury Street Ext., Lexington, NC 27292 (Davidson Medical Ministries)

Phone: 336.243.3232 (ask for SHIIP help)

Website: <https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip>

LEGAL SERVICES

Legal Aid of NC, Inc.

Legal assistance can be provided in the following situations:

- Wills and powers of attorney
- Public benefits: Medicaid, Food Stamps, Supplemental Security Income Program, Social Security Disability Insurance and more
- Abuse and neglect
- Unemployment compensation
- Housing: foreclosure, eviction, subsidized housing, repairs, utilities, etc.
- Consumer issues-includes frauds and scams
- Wrongful repossession
- Veteran's benefits

Initial Appointments: 877.579.7562

Hours: Monday-Friday, 9:00 - 11:00am; 1:00 - 3:00pm

Eligibility: 60+; must call for appointment; based on income.

Appointments take place at Davidson County Senior Services, Lexington the first Wednesday every other month and at Davidson County Senior Services, Thomasville once a quarter.

Website: www.legalaidnc.org

NC Department of Labor

Enforces various acts set forth by the NC General Assembly

Location: 4 West Edenton Street, Raleigh, NC 27601

Mailing Address: 1101 Mail Service Center, Raleigh, NC 27699

Phone: 800.NCLABOR (625.2267)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.nclabor.com

NC Lawyer Referral Service

The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation.

Location: NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

Phone: 800.662.7660 or 919.677.8574

Eligibility: Attorneys participating in the LRS agree to charge no more than \$50 for the first 30 minutes of the initial consultation. After the first 30 minutes, they may charge their regular fee.

Website: <https://www.ncbar.org/public-resources/find-an-nc-lawyer/>

LGBTQ RESOURCES

Alternative Resources of the Triad (ART)

ART is a charitable organization whose mission is to be actively involved with the LGBTQIA2+ community in Greensboro by promoting inclusivity and building resources, safe spaces and social events.

Mailing Address: P.O. Box 29177, Greensboro, NC 27429

Website: <https://www.guidestar.org/profile/58-1797037>

Gay/Lesbian/Bisexual/Transgender Support Groups

Provides information and resources for transgender people, significant others, and friends of transgender people

Website:

<https://durham.nc.networkofcare.org/mh/services/subcategory.aspx?cid=9276&k=Gay/Lesbian/Bisexual/Transgender%20Support%20Groups&tax=PN-8100.4500-240>

Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Lexington, NC

PFLAG is a non-profit organization serving Davidson County. PFLAG supports, educates and advocates as parents and friends of lesbian and gay members of the community. Group meeting every third Thursday of the month, 6:30 – 7:30pm at First Reformed UCC (104 E. Center Street, Lexington)

Email: info@pflaglexingtonnc.org

Website: <https://sites.google.com/view/pflaglexingtonnc/home>

MEDICAID INFORMATION

Davidson County Department of Social Services

Social Services determines eligibility for several Medical Assistance Programs based on a variety of guidelines, primarily in the areas of income, financial resources, living arrangements and in some cases medical conditions

Location: 913 Greensboro St., Lexington, NC 27292

Phone: 336.242.2500

How to Apply: You can apply online, but it is recommended that you come to Social Services to apply as this will be your eligibility date.

Website: <https://www.co.davidson.nc.us/424/Medical-Assistance-Medicaid>

Medicaid Customer Service Center

Provider and beneficiary information on Medicaid and NC Health Choice policies and procedures

Phone: 888.245.0179

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.medicaid.ncdhhs.gov/contacts>

MEDICAL ALERT SYSTEMS

****List available from Davidson County Senior Services**

Phone: 336.242.2290

Email: seniorservices@davidsoncountync.gov

MEDICAL CENTERS

Atrium Health Wake Forest Baptist High Point Medical Center

Location: 601 North Elm Street, High Point, NC 27262

Phone: 336.878.6000

24/7 Emergency Number: 336.878.6009

Hours: 24/7

Website: <https://www.wakehealth.edu/Locations/Hospitals/High-Point-Medical-Center>

Atrium Health Wake Forest Baptist Lexington Medical Center

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: 336.248.5161

Hours: 24/7

Website: <https://lexington.wakehealth.edu/>

Atrium Health Wake Forest Baptist Medical Center – Winston-Salem

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: 336.716.2255

Hours: 24/7

Website: www.wakehealth.edu

Mediq Urgent Care

Location: 12201 NC 150, Winston-Salem, NC 27127

Phone: 336.842.1142

Hours: Monday - Friday; 8:00am – 8:00pm

Saturday - Sunday: 8:00am - 4:00pm

Website: <https://mediqurgentcare.com/locations/winston-salem-urgent-care/>

Novant Health Urgent Care

Lexington Location: 1977 Cotton Grove Road, Lexington, NC 27292

Phone: 336.443.6041

Hours: Monday – Friday, 8:00am – 8:00pm, Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

Thomasville Location: 1122 Randolph Street, Thomasville, NC 27360

Phone: 336.474.3433

Hours: Monday – Friday, 8:00am – 8:00pm, Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

Novant Health Forsyth Medical Center

Location: 3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: 336.718.5000

Hours: 24/7

Website: www.novanthealth.org/forsyth-medical-center.aspx

Novant Health Rowan Regional Medical Center

Location: 612 Mocksville Avenue, Salisbury, NC 28144

Phone: 704.210.5000

Hours: 24/7

Website: www.novanthealth.org/rowan-medical-center.aspx

Novant Health Thomasville Medical Center

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.472.2000

Hours: 24/7

Website: www.novanthealth.org/thomasville-medical-center.aspx

MEDICAL SERVICES

Atrium Health Wake Forest Baptist - J. Paul Sticht Center – Geriatric Assessment

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: 336.713.8250

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.wakehealth.edu/Locations/Facilities/Sticht-Center-on-Aging-and-Rehabilitation>

Davidson Medical Ministries-Kintegra Family Medicine-Lexington

Ministers to the needs of those in our community who lack the resources to access quality health care. Before services can be provided, ALL clients must provide necessary paperwork to determine their eligibility; must be a resident of Davidson County. Documentation must be presented to prove residency. To be seen on the Charitable Clinic side of Davidson Medical Ministries Clinic, a patient must have NO insurance. Those who have Medicaid, Medicare or private insurance can still be seen at DMMC. All patients must provide some form of picture ID. Proof of household income and expenses must be provided.

Location: 420 N. Salisbury Street, Lexington, NC 27292

Phone: 336.243.3232

Hours: Monday/Wednesday/Thursday, 8:00am – 5:00pm, Tuesday, 8:00am - 8:00pm, Friday, 8:00am – 1:00 pm

Closed 1:00 – 2:00 pm for lunch

Website: www.davidsonmedicalministries.org

Copay minimum \$20 per visit (sliding scale based on household income)

No one will be turned away.

Davidson Medical Ministries-Kintegra Family Medicine-Thomasville

Thomasville Location: 611 Randolph Street, Thomasville, NC 27360

Phone: 336.474.4585

Hours: Monday/Tuesday/Wednesday, 8:00am - 5:00pm, Thursday, 8:00am - 8:00pm, Friday, 8:00am - 1:00pm

Closed 1:00 - 2:00pm for lunch

Website: www.davidsonmedicalministries.org

Copay minimum \$20 per visit (sliding scale based on household income)

No one will be turned away.

Davidson County Health Department

The health department has the most up-to-date information on Covid-19 testing and vaccinations. Their website also contains a community resources link on their homepage.

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: 336.242.2300

Hours: Monday - Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/200/health

Elohim House Call Doctors

Healthcare provider group that seeks to bring healthcare in the comfort and convenience of your home; mission is to provide high quality, prompt and effective preventive and urgent medical care that seeks to reduce emergency room visits and hospitalizations; goal is to keep you healthy and, especially for homebound patients and seniors, provide a way out of the difficulty and discomfort of having to go through various challenges like arranging transport just to make an office appointment. At Elohim HouseCall Doctors, we are committed to providing high quality, personalized and confidential medical care to homebound seniors in assisted living, independent living, retirement communities, senior apartments, and private homes so they can recover and rehabilitate in the comfort of their familiar environment

Location: 1320 Hamilton Place, Suite 105, High Point, NC 27262

Phone: 336.905.7174

Email: elohimhousecalldoctors@gmail.com

Eventus Whole Health (Formerly Doctors Making House Calls)

North Carolina provider of home-based primary care; \$105 fee plus services; ask about insurance filing

Location: 6330 Quadrangle Dr. Chapel Hill, NC 27517

Phone: 844.932.5700

Hours: 7:30am - 6:00pm

Website: <https://www.doctorsmakinghousecalls.com/>

Email: info@eventuswh.com

Hospice of Davidson County

Since 1985, Hospice of Davidson County has been providing a team approach to expert medical care, pain management, and emotional and spiritual support following a terminal diagnosis from illness or injury. They do this in the comfort of their patients' homes, at long term care facilities, and the Hinkle Hospice House inpatient unit.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: www.hospiceofdavidson.org

Lexington Internal Medical Clinic – House Calls

Dr. Terry Arnold

901 East Center Street, Lexington, NC 27292

Phone: 336.249.7051

Website: <https://doctor.webmd.com/doctor/terry-arnold-e60ac813-7b40-440c-84e6-707e978d44e2-appointments>

Town Center Podiatry

Dr. Jah provides podiatric home services

Location: 140 Baker Road, Archdale, NC 27263

Phone: 336.875.5917

Website: www.towncenter-podiatry.com

MEDICAL COMPLAINTS

Medical Review of North Carolina

The N.C. Division of Motor Vehicle's Medical Review Unit Program evaluates drivers when there are concerns that certain medical conditions might have an impact on their ability to safely operate a vehicle. A staff of licensed medical professionals conducts thorough reviews of medical records and statements in conjunction with driving records and decides what, if any, restrictions should be placed on a driver license.

Phone: 800.722.0468

Website: <https://www.ncdot.gov/dmv/license-id/license-suspension/medical-review-program/Pages/default.aspx>

North Carolina Medical Board

For doctor complaints

Address: 1203 Smoketree Court, Raleigh, NC 27604

Mailing Address: P.O. Box 20007, Raleigh, NC 27619-0007

Phone: 800.253.9653

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncmedboard.org/resources-information/consumer-resources/complaint-process>

MEDICAL EQUIPMENT & LOAN CLOSETS

Cancer Services of Davidson County

Provides a variety of equipment (on loan) and supplies to their patients

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

Cancer Services, Inc.

Location: 3175 Maplewood Avenue, Winston-Salem, NC 27103

Phone: 336.760.9983

Hours: Monday – Thursday, 9:00am – 4:00pm; Friday, 9:00am - 2:00pm

Website: www.cancerservicesonline.org

Discount Medical Supplies

Phone: 888.444.6741

Website: <http://www.discountmedicalsupplies.com/>

Family Medical Supply (Adapt Health)

Location: 218 Anna Lewis Drive, Lexington, NC 27292

Phone: 336.248.3700

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://adapthealth.com>

Greensboro Medical Supplies

Location: 2310 Battleground Ave., Greensboro, NC 27408

Phone: 336.420.3943

Hours: Monday – Friday, 9:00am - 5:30pm, Saturday, 11:00am - 2:00pm

Website: www.greensboromedicalsupplies.com

Guy's Family Pharmacy

Offers a wide variety of Durable Medical Equipment (DME). For your convenience, we bill Medicaid, Medicare, and some Private Insurance for these products. We offer free training on every item we sell and free delivery on larger items.

Location: 817 Randolph Street, Thomasville, NC 27360

Phone: 336.476.5632

Hours: Monday - Friday, 8:30am - 8:00pm, Saturday, 8:30am – 6:00pm, Sunday, 1:00 – 6:00pm

Website: <https://guysfamilypharmacy.com/durable-medical-equipment/>

Helping Hands Community Outreach

Organization that helps seniors in Davidson County with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs. Can also check on seniors during power outages.

Contact: Robert Barr

Phone: 336.301.5898

North Carolina Baptist Aging Ministry (NC BAM)

Provides durable medical equipment that has been donated to them. These items are available to clients 65+ free of charge. Please call to see if equipment is available. Items must be picked up at the Thomasville location.

Location: 201A Idol Drive Thomasville, NC 27360

Phone: 877.506.2226

Hours: Monday - Friday, 9:00am - 4:00pm

North Carolina Assistive Technology Project/Exchange Post

North Carolina Assistive Technology Program may be able to provide a short-term loan of a wide variety of adaptive equipment for people with disabilities to use at home, work or leisure to make everyday living easier; equipment is on loan for 2 weeks, followed by help in locating possible funding sources for purchasing equipment. Additionally, offers hands-on demonstrations of assisted-technology devices for work and play, and everyday living. For those without Internet access, printed copies are available.

Location: 131 Miller Street, Winston Salem, NC 27103

Phone: (Voice & TTY) 336.716.8030

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Email: atintake@dhhs.nc.gov

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/what>

NC RAMMP (Access Makes Mobile People)

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP may be able to loan a temporary, portable ramp to people with mobility difficulties.

Phone: 336.716.8030 NC Assistive Technology Program-Paul Eklund

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

NH Med Services

Supplies a full line of medical supplies.

Location: 17563 NC Highway 109, Denton, NC 27239

Phone: 877.343.5305

Hours: Monday – Friday, 8:00am – 5:00pm; Closed Weekends but 24 Hour On-Call Available

Website: www.nhmedservices.com

Tyro United Methodist Church

Hospital loan closet which can provide items for loan such as walkers, rollators, shower chairs, bedside chairs - free of charge

Location: 4484 S NC HWY 150, Lexington NC 27295

Phone: 336.853.7459

Email: Tyro@tyroumc.org

Hours: Monday – Friday, 9:00am – 12:00pm

Website: www.tyroumc.org

MEDICARE INFORMATION

Senior Health Insurance Information Program (SHIIP)

Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance

North Carolina Department of Insurance

Website: <https://www.ncdoi.com/shiip/Default.aspx>

Phone: 855.408.1212

Location: 325 N. Salisbury Street, Raleigh, NC 27603

Local SHIIP Contact : Davidson Medical Ministries 336.243.3232

Location: 420 N. Salisbury St., Lexington, NC 27292

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877.405.3157

TTY: 704.636.4394

Hours: Monday – Friday, 9:00am - 4:00pm

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

TTY: 336.722.8411

Hours: Monday - Friday, 9:00am – 4:00pm

National Office:

Phone: 800.772.1213 between 8:00am and 7:00pm Monday - Friday

Toll-Free TTY: 800.325.0778

Website: www.ssa.gov

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

AARP Community Connections

Trained volunteers will give a call to say hello

Phone: 888.281.0145

Website: www.aarpcommunityconnections.org/friendly-voices/

Davidson County Transitional Services

Human services and consulting Agency. Provides transitional and consulting services.

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: 336.472.0625

Hours: By Appointment

Email: dctransitionalservices@dctsinc.org

Website: <https://dctsinc.org/>

Daymark Recovery Services

An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advanced access/emergency walk-in services during regular business hours.

Hours: Monday – Friday, 8:00am – 5:00pm

Location: 1104A South Main Street, Lexington, NC 27292

Phone: 336.242.2450

24-Hour Mobile Crisis: 866.275.9552 Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community.

273-TALK Suicide Hotline: 800.273.8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

Daymark Recovery Services Facility Based Crisis

This is an adult, 16 bed, 24/7 crisis residential facility that provides inpatient care for people who are experiencing a mental health or substance abuse crisis or may need detox services.

1104-B South Main Street, Lexington, NC 27292

Phone: 336.300.8826

Website: <https://www.daymarkrecovery.org/locations/fbc-davidson>

Family Services of Davidson County

Provides individual, group, couples, and family outpatient counseling services to all ages.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

24/7 Domestic Violence/Crisis Line: 336.243.1934

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday, 8:30am – 3:00pm

Counseling available 5:00 - 7:00pm by appointment only.

Website: www.fsdco.org

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

Hope4NC Helpline

Connects you to mental health support 24/7.

Phone: 855.587.3463

Website: <https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Hope4Healers Helpline

Support for healthcare workers, childcare workers and first responders. Available 24/7.

Phone: 919.226.2002

Website: www.ncbam.org/ministry-outreaches.html

Monarch

Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities

Location: 4140 N. Cherry St., Winston Salem, NC 27105

Phone: 336.224.6071

Hours: Monday-Friday 8:00am - 5:00pm

Website: <https://monarchnc.org/service-locations/davidson/>

National Disaster Distress Helpline

24/7 crisis counseling

Phone: 800.985.5990

National Suicide Prevention Hotline

Offers free and confidential support for people in distress, prevention and crisis resources.

Phone: 988

Website: <https://988lifeline.org/>

National Domestic Violence Hotline

24/7 confidential support

Phone: 800.799.7233

NC4Vets

Network of public, private and non-profit organizations working to serve veterans and their families

Phone: 844.624.8387

Website: <https://nc4vets.org/>

North Carolina Alcohol and Drug Council

Support for alcohol or drug addiction

Phone: 800.688.4232

North Carolina Department of Health and Human Services

Offers addiction and substance abuse services, mental health services and information about treatment centers

Phone: 800.662.7030

Website: <https://www.ncdhhs.gov/assistance/mental-health-and-substance-abuse>

North Carolina Poison Control Center

Resource for poisoning information, 24/7

Phone: 800.222.1222

Website: <https://www.ncpoisoncontrol.org/>

Novant Health Thomasville Medical Center Behavioral Health

In patient treatment; only admits adults 55+, specializes in geriatric psychiatry

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: 336.474.3465

Website: <https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

RHA Health Services

RHA provides comprehensive behavioral health supports including mental health support services and substance use services.

Location: 310 N. Main St. Lexington, NC 27292

Phone: 336.422.1100

Office Hours: 8:30am - 4:30pm

Walk-In Intakes: Tuesdays & Thursdays, 9:00am - 3:00pm

Closed daily for lunch from 12:30 - 1:00pm

Website: <https://rhahealthservices.org/>

Partners in Prevention (formally DCSPAN)

Partners in Prevention is a coalition of community members and stakeholders whose purpose is to raise awareness and education about the dangers of substance abuse, to aid in the proper disposal of unused medications, and to develop strategies to build a better community, save lives, and reduce misuse of substances and overdoses.

Email: DCSPAN@DavidsonCountyNC.gov

Website: www.dcspan.com

Path of Hope, Inc.

Treatment center for substance abuse

Location: 1675 East Center Street Ext., Lexington, NC 27292

Mailing Address: P.O. Box 1824, Lexington, NC 27293

Phone: 336.248.8914

Email: apathofhope@apathofhope.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://apathofhope.homestead.com/index.html>

NURSING HOMES, RETIREMENT HOMES, ASSISTED LIVING FACILITIES

****List available from Senior Services**

Phone: 336.242.2290

Email: seniorservices@davidsoncountync.gov

Website: <https://www.co.davidson.nc.us/1027/community-resources>

****List available from Davidson County Social Services – Adult Services Unit**

Lexington Phone: 336.242.2500

A Place for Mom

Helps seniors and their families understand senior care and living options based on individual needs including assisted living, memory or Alzheimer's care, independent living or senior apartments. It does not assist with placement for rehabilitation or skilled nursing. Refers and provides guidance including scheduling appointments and tours, if needed. Serves as a support system while you consider your options.

This is a free service as they are paid by their partner communities if you decide that their referral is a good fit and decide to move in.

Phone: 913.298.4102 Kellie Bivens - Senior Living Advisor

NC Division of Health Service Regulation

The Division of Health Service Regulation oversees medical, mental health and adult care facilities, emergency medical services, and local jails. NCDHHS checks to see that people receiving care in these facilities are safe and receive appropriate care.

Phone: 919.855.4520 (Nursing Home Licensure and Certification)

Website: <https://info.ncdhhs.gov/dhsr/>

NUTRITION

Congregate Meals through Davidson County Senior Services

The Congregate Nutrition Program (Cafes) is open to all Davidson County residents 60 and older. We provide a hot nutritious catered lunch Monday through Friday. The sites are open from 9:00am to 1:00pm with lunch being served at approximately 11:00am. Various daily activities are also offered such as informative speeches, health promotions, games, exercise, and entertainment. Meals must be reserved in advance. Transportation may be provided. There is no set charge for the meal however donations are accepted and go toward the cost of the meal. No one is ever refused due to inability to contribute.

Eligibility: Age 60+

Hours: Monday – Friday, 9:00am – 1:00pm with lunch being served at approximately 11:00am

Website: <https://www.co.davidson.nc.us/361/Nutrition-Programs>

Denton:

Denton Civic Center

Location: 459 Salisbury Street, Denton, NC 27239

Phone: 336.859.2542

Lexington:

Davidson County Senior Center, Lexington

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.236.3118

Southmont:

Community Center

Location: 184 Owens Road, Lexington, NC 27292

Phone: 336.798.2933

Thomasville:

Davidson County Senior Center, Thomasville

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.474.2667

Welcome:

First Baptist Church

Location: 404 Welcome-Arcadia Road, Lexington, NC 27295

Phone: 336.731.8434

Davidson County Cooperative Extension Office

Provides nutrition education

Location: 301 East Center Street, Lexington, NC 27292

Phone: 336.242.2080

Website: <https://davidson.ces.ncsu.edu/categories/health-nutrition/>

Davidson County Social Services, FNS – SNAP (formally food stamps)

Benefits may be used to purchase most foods at participating stores

Location: 913 Greensboro St., Lexington, NC 27292

Phone (Lexington): 336.242.2500

Phone (Thomasville): 336.474.2760

After Hours Phone: 336.780.2372

Hours: Monday – Friday, 8:00am - 5:00pm

Website: <https://www.co.davidson.nc.us/417/Food-Nutrition>

Meals on Wheels for Davidson County

Meals on Wheels for Davidson County residents 60+. Frozen meals are offered to clients that live in non-serving areas or if a route is full. Frozen meals will need to be picked up by the recipient.

Eligibility: Age 60+ who are homebound and cannot prepare a nutritious meal for themselves.

Lexington Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Hours: Monday – Friday: 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Meals on Wheels for Lexington City

Phone: 336.248.4934

Meals on Wheels for Thomasville City

Phone: 336.324.6402

Mobile Meals of High Point

Mailing Address: P.O. Box 6666, High Point, NC 27262

Phone: 336.882.7676

Mom's Meals

Serves clients who are covered under Medicare Advantage plans, Medicaid plans, Long-Term Services and Supports (LTSS) programs or the Older Americans Act, and by individuals or their caregivers who are looking for a self-pay program. Will need a caseworker to apply; contact Davidson County DSS for assistance if you do not have an existing caseworker.

Mom's Meals offers a self-pay program for those without an eligible health plan, but who still want the convenience of home-delivered meals for themselves or a loved one. This program offers nine health-condition menus with a variety of meal options. You choose every meal, every delivery.

Phone: 877.508.6667

Website: www.momsmeals.com

Salvation Army of Davidson County

Provides meals & food assistance

Location: 314 West 9th Avenue, Lexington, NC 27292

Phone: 336.481.7324

Email: Erica.Trail@USS.SalvationArmy.org

Hours: Monday, Tuesday, Wednesday, & Friday, 8:00am - 12:00pm walk in, 1:00-4:00pm

appointment only, Thursdays Thomasville Location (309 Etta Ln, Thomasville) 8:00am - 12:00pm

Denton Location 2nd Tuesday every month 8:00am - 12:00pm

Offers free lunch: Monday - Friday, 11:30am - 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30am - 9:30am

Website: www.salvationarmycarolinas.org/davidsoncounty

PASTORAL CARE

FaithHealth – Davidson County

FaithHealth is a movement that links local churches with Atrium Health Wake Forest Baptist – Lexington Medical Center and local human services agencies in a shared mission of health, healing and hope.

Location: 250 Hospital Drive, Lexington, NC 27295

Phone: 336.238.4560

Contact: Reverend Dianne Horton

Phone 336.238.4560

Email: dhorton@wakehealth.edu

Website: www.faithhealth.nc.org

PRESCRIPTION ASSISTANCE

Coast2CoastRx

Save on dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – for more information, please contact the number listed below

Phone: 800.931.8872

Website: www.coast2coastrx.com

The SingleCare Prescription Savings Card

The SingleCare Prescription Savings Card program is a free resource for immediate savings on prescription medications.

Phone: 844.234.3057

Website: www.singlecare.com

NeedyMeds.org

National non-profit that connects people to programs that will help them afford their medications and other healthcare costs.

Phone: 800.503.6897

Website: www.needyMeds.org/newuser

Medication Drop Box (Partners in Prevention)

Medicine drops are a convenient and safe way for you to dispose of your unused or expired prescription over-the-counter medications.

Phone: 336.242.2500

Medicine Assistance Tool (Partnership for Prescription Assistance (PPA))

Pharmaceutical Research and Manufacturers of America (PhRMA) created the Medicine Assistance Tool (MAT) to provide a dedicated search engine that allows users to search for financial assistance resources available to them, their loved ones or patients in their lives through the various biopharmaceutical industry programs available for patients who are eligible. Building upon the Partnership for Prescription Assistance (PPA), MAT gives patients, loved ones and health care providers a single point of access to hundreds of public and private assistance programs, as well as connecting them with more transparent information about the cost of medicine.

Website: <https://medicineassistancetool.org/Who-We-Are>

North Carolina Baptist Aging Ministry (NCBAM) – Red Bag

NCBAM sells Red Bags to store medicine for \$3 each.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://bchfamily.givingfuel.com/red-bag-sales>

NC Med Assist

The Free Pharmacy Program is a pharmacy resource for adults 65 and over. If Medicare Part D prescription benefits run out during the year, seniors can utilize the program to learn about other prescription medicine options. Free consultation services regardless of income levels. Also provides a mobile free pharmacy for individuals who are low-income and in need with free over the counter medicine. Check website for schedule.

Location: 4428 Taggart Creek Rd., Suite 101, Charlotte, NC 28208

Phone: 866.331.1348 or 704.943.9639

Email: info@medassist.org

Website: <https://medassist.org>

Part D Extra Help through Social Security

Contact your S.H.I.I.P. (Seniors Health Insurance Information Program) at Davidson Medical Ministries

Phone: 336.243.3232 (Lexington)

NCSHIP: 855.408.1212

RECREATION & SELF-ENRICHMENT

Davidson County Recreation Department

Location: 555-D West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

Davidson County Senior Centers

Lexington Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

<https://www.co.davidson.nc.us/337/Senior-Services>

Lexington City Parks and Recreation

Location: 28 West Center Street, Lexington, NC 27292

Phone: 336.248.3960

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.lexingtonnc.gov/city-services/parks-and-recreation>

Special Olympics Davidson County

Offers free year-round sports training and athletic competition for adults with intellectual disabilities. Giving them the opportunities to develop physical fitness, demonstrate courage, build self-esteem, experience joy and the sharing of skill and friendships with other athletes, their families, and the community.

Location: Davidson County Parks & Recreation Department 555-D West Center Street Ext.,
Lexington, NC 27295

Phone: 336.242.2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/371/Special-Olympics>

Thomasville Parks & Recreation

Location: One East Main Street, Thomasville, NC 27360

Phone: 336.475.4280

Hours: Monday – Friday, 8:00am – 5:00pm

Website: https://www.thomasville-nc.gov/departments/parks_and_recreation/index.php

RESPITE CARE

Carolina SeniorCare / PACE Program

PACE is a program of all-inclusive care for the elderly age 55 and over. Please call office for information on other eligibility requirements.

Location: 802 E Center St, Lexington, NC 27292

Phone: 336.746.3500

Toll-Free: 833.223.4476 TTY: 800.735.2962

Email: Info@CarolinaSeniorCare.org

Hours: Monday – Friday, 8:00am – 5:00pm

Access to care is available 24 hours/day

Website: www.carolinaseniorcare.org

Davidson County Senior Services

Respite relief can be provided for unpaid caregivers who provide 24/7 supervision to an adult 60+. Please call for other eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

The Life Center of Davidson County

Quality day health and day care for older adults and impaired adults. Please call office for more information.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Email: Info@LifeCenterDavidson.com

Hours: Monday – Friday, 7:15am – 5:30pm

Website: www.lifecenterdavidson.com

North Carolina Lifespan Respite Program

The North Carolina Lifespan Respite Program is an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available.

Phone: 828.264.3592

Website: www.highcountryaging.org

Project Care-Duke Dementia Family Support Program

Services offered: Dementia-specific outreach, education and care consultation.

Anyone with questions and concerns related to caring for someone with changes in memory and thinking is welcome to call. Short-term respite vouchers may be available to family members providing care for their loved one with dementia. To be eligible for a voucher, your loved one must live at home, require 24/7 supervision, and not receive Medicaid in-home services.

For more information call, Natalie Leary at 919.660.7542

Website: www.ncdhhs.gov/assistance/adult-services/project-care

SENIOR ENRICHMENT

Senior Compassion Foundation

The vision of Senior Compassion Foundation is to become the preeminent nonprofit service for seniors that can be counted on for life enrichment and compassionate interaction.

Location: 355 Reedy Creek School Drive, Lexington, NC 27295

Phone: 336.482.1006

Email: mur@seniorcompassionfoundation.org

<https://seniorcompassionfoundation.org/>

SOCIAL SECURITY BENEFITS

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 877405.3157

TTY: 704.636.4394

Hours: Monday – Friday, 9:00am – 4:00pm

National Office:

Phone: 800.772.1213 available 24/7 for recorded information

Toll-Free TTY: 800.325.0778

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: 877.402.0828

Hours: Monday-Friday, 9:00am – 4:00pm

Website: www.ssa.gov

SUPPORT/CAREGIVER GROUPS

American Stroke Association – Guilford County Support Group

Support group for patients and caregivers of stroke victims

Location: Cone Health MedCenter Greensboro, 3518 Drawbridge Pkwy, Greensboro

Phone: 336.852.7493

Email: gcstrokesupport@conehealth.com

Website: <https://www.stroke.org/en/stroke-groups/guilford-co-stroke-support-group>

Currently meeting on the second Thursday of each month from 4:00 – 5:00 p.m.

Autism Society of North Carolina

The Davidson County Chapter provides a place for individuals with autism and their families to meet, share, and learn about autism. For details about meetings, join the Facebook group or email them for details. The group meets on the third Saturday of each month at the Lexington Library.

Email: davidsonchapter@autismsociety-nc.org

Facebook: www.facebook.com/groups/asnc.davidson

Website: <https://www.autismsociety-nc.org/events/davidson-county-chapter-meeting/>

Brain Injury Association

Provides resources and training to persons living with brain injury, their families and caregivers.

Location: 3733 National Drive, Suite 115, Raleigh, NC 27612

Phone: 919.833.9634 or 800.377.1464

Email: bianc@bianc.net

Website: www.bianc.net

For a list of local groups – <https://www.bianc.net/support-groups/>

Cancer Services of Davidson County

Offers support group meetings; please call for dates and times.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: 336.249.7265

Hours: Monday – Thursday, 9:00am – 5:00pm, Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

Caregiver Support Groups

Alzheimer/Dementia Support Group – Greensboro Chapter (for Davidson County)

Greensboro Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: 336.285.5920

Hours: Monday – Friday, 8:00am – 5:00pm

24/7 Crisis Line: 800.272.3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Brookdale Lexington Assisted Living, Alzheimer's & Dementia Care

Location: 161 Young Drive, Lexington, NC 27292

Phone: 336.238.1700

Hours: 3rd Tuesday, 3:00pm

Website: www.brookdale.com

Epilepsy of Davidson County

Meets Thursdays at 6:00 p.m. at Paul's Chapel Reformed Church, 2791 W. Center St. Ext. Lexington

Phone 336.300.4681

Email: EpilepsyofDavidsonCounty@gmail.com

<https://www.facebook.com/groups/EpilepsyofDavidsonCountyNC/>

Family Services of Davidson County

Provides an 18+ Domestic Violence Support Group, Human Trafficking Support Group and Seeking Safety Group for teens that have experienced trauma and substance use.

Location: 1303 Greensboro Street Extension, Lexington, NC 27292

Phone: 336.249.0237

24/7 Domestic Violence/Crisis Line: 336.243.1934

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday: 8:30am – 3:00pm; Counseling available 5:00 - 7:00pm by appointment only

Group times vary, please call for time and location

Website: www.fsdcc.org

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

Hospice of Davidson County

Grief is a normal response of emotions, thoughts, and behaviors that follow the loss of someone or something important to you. Hospice of Davidson County provides individual support for up to 13 months following the death of a loved one or we offer a support group the first Wednesday of every month, from 2:00 - 3:00pm.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Website: www.hospiceofdavidson.org/grief-programs

Life Center of Davidson County

Our Mission at The Life Center of Davidson County, Inc. is to provide high quality day time care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel. We serve both participants and their families from all areas of Davidson County.

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Email: Info@LifeCenterDavidson.com

Website: www.lifecenterdavidson.com

Caregiver Academy (hosted by Hospice of Davidson County, The Life Center, Atrium Wake Forest Baptist Health, Davidson County Senior Services)

Quarterly meetings, location varies

Meeting locations vary

Phone: 336.242.2945

<http://www.lifecenterdavidson.com/caregiver-academy/>

Family Caregiver Support Group

3rd Wednesday of each month, 2:00 – 3:00pm

Phone: 336.249.2155 to register

Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>

Grandparents Raising Grandchildren

Relative Caregiver Support Group

4th Tuesday each month 1:00 - 2:00pm

Phone: 336.249.2155 to register

Email: astyers@lifecenterdavidson.com

Parkinson's Support Group

3rd Thursday of each month, 1:30 – 2:30pm

Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>

Email: nsmith@lifecenterdavidson.com

Phone: 336.249.2155

Caregivers of Davidson County

A website designed for caregivers in the Davidson County community. Website includes resources, calendar of caregiver activities and a caregiver message board where you can share insights on issues you face as a caregiver or offer advice, support and encouragement to other caregivers.

Website: <https://caregiversofdc.com/>

The Michael J. Fox Foundation for Parkinson's Research

The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.

Phone: 212.509.0995

Website: <https://www.michaeljfox.org/>

NCCARE360 Family Caregiver Specialists

Provides referrals for unmet needs within the community

Location: 601 West Center Street, Lexington, NC 27292

Phone: 336.249.2155

Leslie Craver, lcraver@lifecenterdavidson.com

Jennifer Boyle, jboyle@lifecenterdavidson.com

Website: <https://caregiversofdc.com/nccare360-partnership/>

Parkinson's Foundation Hospital Care Kit

The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure.

Website: <https://www.parkinson.org/resources-support/hospital-care-kits>

Therapeutic Alternatives

Therapeutic Alternatives, Inc. provides Geriatric Adult Mental Health Specialty Team services (GAST) in 45 counties in North Carolina through contracts with four Managed Care Organizations (MCOs).

Phone: 336.495.2747

Website: <https://www.mygastteam.com/>

Trellis Supportive Care (formerly Hospice & Palliative CareCenter)

Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: 336.768.3972

Monday - Friday; 8:00am - 5:00pm

Website: <https://www.trellissupport.org/>

TAXES

Davidson County Senior Services

Volunteer AARP counselors trained in cooperation with the IRS provide counseling and income tax preparation February through April.

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Davidson County VITA Program

Volunteer Income Tax Assistance (VITA) program is a community collaborative effort with the IRS. IRS certified volunteers prepare and E-file tax returns for low-income taxpayers for FREE. Federal and state tax returns prepared and e-filed January 23 – April 15, 2023.

Website: <https://dcconnectinc.org/vita/>

Phone: 336.243.3222

Tax preparation sites located in Lexington, Thomasville and Denton by appointment only.

Davidson County Tax Department

Location: 913 Greensboro Street, Lexington, NC 27292

Phone: 336.242.2180

Hours: Monday – Friday, 7:30am – 5:30pm

Website: <https://www.co.davidson.nc.us/355/Tax-Assessor>

Internal Revenue Service (IRS)

Address: 251 N. Main St., Suite 800, Winston-Salem, NC 2710

Phone for Local Winston-Salem Office: 336.659.2740

Appointments: 844.545.5640

Local Winston-Salem Office available Monday – Friday, 8:30am – 4:30pm (closed for lunch 12:00 – 1:00 p.m.)

Website: www.irs.gov

NC Department of Revenue

State tax information

Mailing Address: P.O. Box 25000, Raleigh, NC, 27640

Phone: 877.252.3052

Phone for Individual Income Tax Refund Inquiry: 877.252.4052

Phone for Tax Fraud Hotline: 800.232.4939

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.dornc.com

TELEPHONE REASSURANCE

AARP Community Connections-Friendly Voices Call Center

Trained volunteers will give a call to say hello once a week (15 - 20 minute calls).

Phone: 888.281.0145

Website: www.aarpcommunityconnections.org/friendly-voices/

Davidson County Sheriff's Office – Wellness Check

Provides well checks on the elderly (city and county residents) upon request; must live alone to qualify. Call Davidson County Senior Services for more information.

Phone: 336.242.2290

Friendship Line California

Free crisis intervention hotline and a warmline for non-emergency emotional support calls

24/7 Toll-Free: 800.670.1360

Website: www.ioaging.org/services/all-inclusive-health-care/friendship-line

One Hope – NC Baptist Aging Ministry

Trained volunteers encourage callers with a friendly voice and compassionate ear.

Phone: 866.578.4673

Hours: 9:00am – 5:00pm

TRANSPORTATION

Community Link, Traveler's Aid – NC

Provides a one-way bus ticket for any stranded traveler who can't afford to buy one.

Location: 601 East Fifth Street, Suite 500, Charlotte, NC 28202

Phone: 704.943.9490

Davidson County Department of Transportation – DC Rides

Location: 945 North Main Street, Suite B, Lexington, NC 27292

Phone: 336.242.2250, Office Hours 8:00am - 5:00pm

Phone for seniors age 60+: 336.242.2947, Office Hours: 8:00am - 5:00pm

Phone for Medicaid recipients: 336.236.3204 (for medical transportation through Medicaid)

Bus Route Hours: Monday – Friday, 6:00am – 6:00pm

Saturday, 6:00am – 6:00pm – Thomasville only

Website: <https://www.co.davidson.nc.us/258/Transportation>

DC Senior Transportation will transport veterans to the Salisbury and Kernersville Medical Centers.

Wednesdays-Salisbury Center

Thursdays-Kernersville Center

Appointment times between 8:00am - 1:00pm.

Phone: 336.242.2947

Piedmont Authority for Regional Transportation (PART)

The Piedmont Authority for Regional Transportation (PART) is a unit of local government created in 1997 to enhance all forms of transportation in the Piedmont Triad Region. Our work is part of a larger statewide effort to improve transportation systems in North Carolina. Working with our partners, we strive to enhance mobility, address congestion, and reduce transportation related impacts on our air quality.

Administrative Office: 107 Arrow Road, Greensboro, NC 27409

Phone: 336.883.7278

For Routes and Schedules: <https://www.partnc.org/27/Routes-Schedules>

UTILITY ASSISTANCE

Cooperative Community Ministry

Provides utility assistance for eligible applicants when funds are available.

Applicant must reside in Davidson County, and must provide ID or proof of residence.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: 336.476.1842

Email: batkins@ccmtville.org

Hours: Monday/Tuesday/Thursday, by appointment only.

Website: www.ccmtville.org

Davidson County Community Action

Offers an economic self-sufficiency program that focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. You must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in the program for 30 days. All clients must attend orientation.

Lexington Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: 336.249.0234

Hours: Monday-Friday, 7:30am – 5:30pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00 - 4:00pm
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Davidson County Social Services, Emergency Assistance

Provides utility assistance to eligible applicants as long as funds are available.

Must have a cut-off notice. Please call for eligibility requirements-must meet income and other guidelines.

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: 336.242.2500 - ask for utility assistance

Thomasville: 336.474.2760 - ask for utility assistance

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/422/Emergency-Assistance>

Davidson County Department of Social Services-Low Income Energy Assistance Program (LIEAP)

LIEAP gives families a one-time vendor payment to help pay for heating-related costs. Program runs from December through March. Applications are available through Davidson County Department of Social Services

Phone: 336.242.2500

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/423/Low-Income-Energy-Assistance>

Duke Energy

May be able to assist by providing installment plans, due date extensions or disconnect extensions. See website for qualification details or call number below.

Phone: 800.943.6914

<https://www.duke-energy.com/home/billing/special-assistance>

Duke Energy-Medically Essential Program

Medical Alert is a Duke Energy program that recognizes our customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medical Alert customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.

Phone: 800.943.6914

<https://www.duke-energy.com/home/billing/special-assistance>

Energy United Operation Round-Up

Operation Round-Up is a powerful way for EnergyUnited members to help others in their community by rounding up their monthly bills. The EnergyUnited Foundation is funded entirely by the generosity of these members who give through our Round-Up program. To become a recipient of the Round-Up program, individuals must complete an application found on their website. Upon completion, mail to the address listed below. Maximum amount that can be granted to each applicant is \$400 for the period Dec 1, 2022 – April 28, 2023. Only one application will be accepted per household.

Local Office: 1900 Odell Owen Road, Lexington, NC 27295

Phone: 800.522.3793

Website: <https://www.energyunited.com/giving-back/>

Fairgrove Family Resource Center

Thomasville residents only: They can provide assistance with past due utilities and rent/mortgage; by appointment only

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: 336.472.7217

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: www.fgfrfc.org

Salvation Army, Lexington

Provides financial assistance for utilities when funds are available. Call for eligibility requirements.

Location: 314 W. 9th Avenue, Lexington, NC 27292

Mailing Address: P.O. Box 770, Lexington, NC 27292

Phone: 336.481.7324 ext. 2, Erica Trail-Social Worker

Email: Erica.Trail@USS.SalvationArmy.org

Hours: Monday – Friday, 8:00am – 4:30pm

Website: www.salvationarmycarolinas.org/davidsoncounty

Salvation Army, Thomasville

Provides financial assistance for utilities when funds are available. Call for eligibility requirements with Duke Energy Special Assistance.

Location: 309 Etta Lane, Thomasville, NC 27360

Phone: 336.481.7324

Office Hours: Appointment only

Website: www.salvationarmyusa.org

South Davidson Family Resource Center

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: 336.859.5399

Email: SDFRC1@windstream.net

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: www.southdavidsonfrc.com

VETERANS' SERVICES

Caregiver Support Line

Phone: 855.260.3274

Hours: Monday - Friday, 8:00am - 10:00pm, Saturday, 8:00am - 5:00pm

Community Link, Traveler's Aid – NC

Targets low-income veterans and their families who are homeless or on the verge of homelessness. Provides a one-way bus ticket for someone fleeing domestic violence, someone with rare disease/medical emergency. Compensation for those with claims against military.

Location: 601 East Fifth Street, Suite 500, Charlotte, NC 28202

Phone: 704.943.9490

Davidson County Veterans' Services

Local office for information on veterans' services and benefits. Provides information for veterans residing in Davidson County. Appointments are encouraged.

Location: 913 Greensboro Street, Suite 101, Lexington NC 27292

Phone: 336.242.2037

Hours: Monday – Friday, 8:00am – 4:00pm

Website: <https://www.co.davidson.nc.us/242/Veterans>

Goodwill Veterans Services

Goodwill will work to equip veterans and their families with the tools they need to succeed in the workplace and at home.

Location: 719 West Center Street, Lexington, NC 27292

Phone: 336.236.8021

Website: <https://www.goodwill.org/jobs-training/veterans-military-families/>

Holly Hill Memorial Park

All honorably discharged veterans – no matter where, when, or how they served – are eligible for a free plot at our cemetery if one is not already owned.

Location: 401 West Holly Hill Road, Thomasville, NC 27360

Phone: 336.472.7455

Hours: Monday – Friday, 9:00am - 5:00pm, Saturday, 10:00am - 1:00pm

Website: <https://hollyhillcemetery.com/veterans/>

MY VA Main Information Line

Phone: 800.698.2411

Hours: 24/7

North Carolina Serves

A network of public, private and nonprofit organizations serving veterans, service members and their families utilizing a common technology platform to create accountability and formalize communication, coordination and transparency in order to efficiently and effectively guide veterans, service members and their families to the most appropriate services and resources available to achieve their unique goals.

Phone: 855.425.8838

Website: <https://nccare360.org/ncserves/>

NC4VETS – Department of Military and Veterans Affairs

Provides information for veterans

Location: 413 North Salisbury Street, Raleigh, NC 27603

Mailing Address: 4001 Mail Service Center, Raleigh, NC 27699-4001

Phone: 844.624.8387

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.milvets.nc.gov/>

Salisbury National Cemetery

Burial in a national cemetery is open to all members of the armed forces who have met a minimum active duty service requirement and were discharged under conditions other than dishonorable. A Veteran's spouse, widow or widower, minor dependent children, and under certain conditions, unmarried adult children with disabilities may also be eligible for burial. Eligible spouses and children may be buried even if they predecease the Veteran. Members of the reserve components of the armed forces who die while on active duty or who die while on training duty, or were eligible for retired pay, may also be eligible for burial

Location: 501 Statesville Boulevard, Salisbury, NC 28144

Phone: 704.636.2661

Hours: Monday – Friday, 7:30am – 4:00pm

Website: <https://www.cem.va.gov/cems/nchp/salisbury.asp>

Skilled Nursing Care – NC State Veterans Home in Salisbury

99-bed home for Veterans

Location: W. G. (Bill) Hefner VA Medical Center

1601 Brenner Avenue, Building #10

Salisbury, NC 28144

Phone: 704.638.4200

Website: <https://www.salisbury.va.gov/>

COVID-19 vaccines are now available for ALL eligible Veterans-regardless of age-at all three health care facilities. Walk-in appointments are available only at the Salisbury facility. Please call (800)706-9126 to schedule your Covid-19 vaccination appointment today.

All who enter Salisbury VA HCS property will be screened for the Covid-19 virus and must wear a mask. Please allow extra time to ensure that you arrive at your appointment on time.

Veterans Administration (VA) Benefits

U.S. Department of Veterans Affairs; Provides information on veteran's benefits

Location: 810 Vermont Avenue, NW Washington DC 20420

National Call Center: 800.827.1000

Hours: 8:00am - 9:00pm

Veterans Crisis Line: 988, select 1. 24/7

Website: www.benefits.va.gov/

Confidential Crisis Chat at Veteranscrisisline.net or text 838255

VA Health Care Benefits

U.S. Department of Veterans Affairs; Information on veterans' health care and benefits. Please call for information.

Phone: 877.222.8387 / TDD: 800.829.4833

Hours: Monday - Friday, 8:00am - 8:00pm

Website: www.publichealth.va.gov/exposures/benefits/health-care.asp

Kernersville VA Clinic

Provides medical care (in-patient, out-patient, medication) for veterans.

Please call 704.638.9000 or 800.469.8262, ext. 4 to speak to someone about eligibility requirements.

Location: Kernersville Health Care Center at 1695 Kernersville Medical Parkway, Kernersville, NC 27284

Phone: 336.515.5000

Automated Information: 800.469.8262

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

Telecommunications Relay Services (Using TTY)

711

Hours: 24/7

W.G. Bill Hefner Salisbury Department of Veteran's Affairs Medical Center

Provides medical care (in-patient, out-patient, medication) for veterans.

Please call 704.638.9000 or 800.469.8262, ext. 4 to speak to someone about eligibility requirements.

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: 704.638.9000, 800.469.8262

Automated Information: 800.469.8262

Website: www.salisbury.va.gov

VA Medical Foster Home Program

An alternative to nursing home or assisted living care for Veterans provided by the W.G. (Bill) Hefner VA Medical Center in Salisbury. Private pay option.

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: 704.638.9000 ext. 16641

Website: https://www.va.gov/GERIATRICS/pages/Medical_Foster_Homes.asp

Veterans Crisis Line

Voluntary, Confidential, Free and Professionally Staffed

Crisis Phone Number: 988, ext. 1

Phone: 800.273.8255, Press 1

Text: 838255

Website: <https://www.veteranscrisisline.net/get-help/chat>

Veterans – Homebound

Home based primary care. Provided services include; dietician, nurse practitioner, social worker, occupational therapist and physical therapist. Contact your doctor to order.

W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice Care

The VA Hospice Care Program is open to veterans who have an illness for which life-saving treatment is no longer practical. Each veteran must be enrolled in the VA Healthcare System.

Phone: 704.638.9000, ext. 14150

Website: https://www.va.gov/geriatrics/pages/Hospice_Care.asp

Warrior Bridge

Connects veterans with disabilities to resources and support as they seek employment, self-sufficiency and improved quality of life

Phone: 910.826.4699

Website: www.warriorbridge.org

Warrior Bridge North Carolina

Location: 600 Ames Street, Fayetteville, NC 28301

Website: <https://www.servicesource.org/service/warrior-bridge-veterans-services/#NorthCarolinaEmploymentAssistanceSupport>

VICTIM ASSISTANCE SERVICES

Family Services of Davidson County

Domestic violence elder abuse, human trafficking and sexual assault support, safety planning, shelter and counseling.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: 336.249.0237

Hours: Monday – Thursday, 8:30am – 5:00pm, Friday 8:30am - 3:00pm. Counseling available 5:00 - 7:00pm by appointment only.

Hattie Lee Burgess Home is a safe, temporary home of individuals/families actively fleeing domestic and sexual violence, human trafficking and stalking. Open 24/7.

24/7 Domestic Violence/Crisis/Shelter Line: 336.243.1934

Website: www.fsdco.org

Facebook: <https://www.facebook.com/FamilyServicesDavidson/>

VOLUNTEER OPPORTUNITIES

Davidson County Senior Services

Volunteer opportunities available for delivering meals, office assistance, and more. Please call and ask for the Volunteer Coordinator for more information on opportunities and eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: 336.242.2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/387/Volunteers>

FaithHealth NC

FaithHealth staff, as well as volunteers from congregations and the community, offer health care ministries to anyone in the community in need. They provide support before, during, and after hospitalization. They help coordinate transportation, home visitation, food and medication assistance, and provision of emotional and spiritual support.

Contact: Reverend Dianne Horton

Phone: 336.238.4560

Email: dhorton@wakehealth.edu

Website: www.faithhealth.nc.org

Guardian ad Litem

Volunteer opportunities available for advocating as Guardian ad Litem (GAL) appointed by the court to advocate for the best interests of an abused or neglected child. The GAL serves as an important voice for the child in court.

Phone: 336.242.6719

Email: gal.district22b@nccourts.org

Website: <https://volunteerforgal.org/>

Hospice of Davidson County

Volunteer opportunities available. Call or go to website for more information.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: 336.475.5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.hospiceofdavidson.org/volunteer/>

North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 877.506.2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

Pastors Pantry of Lexington

Volunteer opportunities available on a regular basis, when you have time, or as needed. Call or visit the website below for more information.

Location: 307 N State St, Lexington, NC 27292

Phone: 336.249.8824 Ext. 303

Hours: Monday – Thursday, 8:00am – 4:00pm

Email: pantry.coordinator@pastorspantry.org

Website: <https://pastorspantry.org/how-help/volunteer/>

United Way of Davidson County

Volunteer information and opportunities available. Please call or go to website for more information.

Location: 11 Court Square, Suite 100, Lexington, NC 27292

Mailing Address: P.O. Box 492, Lexington, NC 27293

Phone: 336.249.2532

Hours: Monday – Thursday, 8:30am – 5:00pm

Website: <https://www.uwdavidson.org/>

WEATHERIZATION

Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program

Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: 336.904.0338

Hours: Monday – Friday, 8:00am – 4:30pm

Website: www.ptrc.org/weatherization

